



EMG Neurodiagnostics Labs |
Stanford Neurosciences Health Center
213 Quarry Rd | Palo Alto, CA 94304 | 650-723-7181

EP INSTRUCTIONS
PLEASE READ CAREFULLY

An appointment has been made for you to have an **evoked potential test**. Specifically, you will be receiving:

- Visual Evoked Response (VER)
- Brainstem Auditory Evoked Response (BAER)
- Somatosensory Evoked Response (SER)

Evoked potential studies are performed by placing recording electrodes on the surface of the scalp with washable electrode paste. The tests themselves use various stimulating techniques. The VER and BAER take approximately one hour each, and the SER takes two hours.

PREPARATIONS:

1. Wash and dry your scalp thoroughly. Your scalp should be clean and free of oils, conditioners, hair spray, etc.
2. Eat normally and if you are taking medications, continue to do so.
3. If you are having an SER, do not wear restrictive clothing on the legs as an electrode is placed on the ankle and leg. Please do not wear pantyhose. Please do not put oils or lotions on your legs. Additionally, recording electrodes will be placed on the neck and low back, so you should wear clothing, which makes these areas easily accessible.
4. If you have any questions, please feel free to contact us.

Appointments/ Cancellation

We ask that you **please check-in at our reception area located on the 1st floor 30** minutes prior to your appointment. If you are running late to your scheduled appointment, it may be necessary to reschedule your Evoked Potential. If you need to reschedule your appointment, please call the clinic **48** hours in advance at **650-723-7181** so that we may do our best to accommodate other patients. You will also be contacted via an automated system to confirm your appointment, please listen to the entire message as its contents has valuable information including the ability to respond yes or no to confirm or cancel your appointment.

Continued on reverse >



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Driving Directions:

From Bayshore US Highway 101 North or South

- *Take the Embarcadero Road/West exit.*
- *Follow Embarcadero Road for about two miles.*
- *Turn right on El Camino Real and left on Quarry Road.*
- *Turn left on Palo Road and right into the parking lot of Hoover Pavilion.*
- *The Hoover Pavilion is located at 213 Quarry Road.*

From Highway 280 North or South

- *Take the Sand Hill Road exit and head east.*
- *Turn right on Arboretum Road and left on Quarry Road.*
- *Turn right on Palo Road and right into the parking lot of Hoover Pavilion.*
- *The Hoover Pavilion is located at 213 Quarry Road.*

El Camino Real North or South

- *Turn on Quarry Road.*
- *Turn onto Palo Road and then into the parking lot of Hoover Pavilion.*
- *The Hoover Pavilion is located at 213 Quarry Road.*