

Advanced Heart Failure Referral Guide

WHEN TO REFER A PATIENT TO STANFORD HEALTH CARE

Timely care is essential for patients with worsening heart failure. Our team advises a referral for a heart failure evaluation as soon as patients experience:



Ejection fraction less than or equal to 35%



Class III* or IV heart failure**



1+ hospitalization for heart failure in past 6 months

*Symptoms of class III heart failure include: short of breath after walking a block or up a flight of stairs.

**Symptoms of class IV heart failure include: short of breath at rest or with minimal activity, such as taking a shower or changing clothes.

How to Refer a Patient to Stanford Health Care's Advanced Heart Failure Clinics

We strive to make it easy to refer and track your patients. Providers can:

- Call the MD Helpline at **866-742-4811**.
- Call the Advanced Heart Failure Program **650-724-4942**.
- Quickly and seamlessly refer cardiac and vascular patients through the Stanford CVH Flare app. For more information, go to **stanford.flarehealth.app** or call **877-606-3566**.

Your Resource for Patients with Advanced Heart Failure

We offer comprehensive evaluations for people experiencing symptoms of advanced heart failure. We work closely with you to assess your patients and provide recommendations for the next steps in their care.

Learn more at stanfordhealthcare.org/ahfclinic



“Do not be concerned about referring patients to us too early. We would rather see 10 patients too early than one patient too late.”

—Jeffery Teuteberg, MD
Section Chief of Heart Failure and Consulting Physician

Locations

Pleasanton

5565 W. Las Positas Blvd, Ste 150
Pleasanton, CA 94588

San Jose

2585 Samaritan Dr, Floor 2
San Jose, CA 95124

Stanford

300 Pasteur Dr
Stanford, CA 94305



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