Procedure Room Pre-Operative Instructions

**Before the Procedure**

- You will be prescribed an antibiotic ointment and possibly a pain medication. Please pick these up at your pharmacy before the procedure.
- You may eat/drink before your procedure, however please do not eat a large meal immediately before the procedure. Your procedure will be done under a local anesthetic, so fasting is not required.
- **Do not take Aspirin, Aspirin containing products, fish oil, vitamin E or other blood thinning medications OR supplements for 2 weeks prior to your surgery.** The exceptions are Warfarin/Coumadin, Plavix, or Pradaxa, please discuss these medications specifically with your nurse or doctor. If you forget to stop taking a supplement or medication, we would be happy to reschedule your surgery to a date when it is safer for you.
- Please consult with your Primary Care Physician or Cardiologist on discontinuation of blood thinning medications prior to surgery if you have been advised to take them for medical reasons.
- All blood thinners should be held for 1 week after surgery, unless otherwise stated.
- Please refer to the blood thinner handout given to you if you have any questions on what medications contain blood thinning capabilities.

**Day of Procedure**

- Report to the second floor reception desk at the Byers Eye Institute 20 minutes before your schedule procedure time. The restrooms are located in front of the elevators to use if needed before the procedure.
- Wear comfortable clothing with a loose fit.
- Arrive with a washed clean face and do not wear any makeup.
- Contacts should not be worn to the procedure. If needed, please arrive wearing glasses.
- We recommend you have somebody drive you home after surgery. If you are prescribed a sedative on the day of your surgery you are required to have a driver to take you home.

**Useful Phone Numbers**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Byers Eye Institute</td>
<td>650-723-6995</td>
</tr>
<tr>
<td>Dolores, Surgery Coordinator</td>
<td>650-725-1537</td>
</tr>
<tr>
<td>Oculoplastics Nurse</td>
<td>650-497-7724</td>
</tr>
<tr>
<td>EMERGENCY ONLY after 5PM</td>
<td>650-723-6661</td>
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*Ask for the eye resident on and state that you are having eye surgery*