THE FUNCTIONAL MEDICINE APPROACH TO CREATING HEALTH

Curious what’s missing from your health care? Learn science-backed strategies to create a healing environment in your body. We will explore topic-specific, non-pharmaceutical strategies like nutrition, lifestyle, supplements, and complementary therapies that optimize the body at the cellular level. More importantly, we will discuss how to safely and reliably put these functional medicine tools into practice for long-term health and healing.

Susan Payrovi, MD is a triple board-certified physician, specializing in Anesthesiology, Hospice & Palliative Medicine, and Integrative Medicine. Dr. Payrovi is also certified in Functional Medicine, Mind Body Medicine, and Medical Acupuncture.

2024 Functional Medicine Topics
Each topic below is offered as a 4-part series of group medical visits via Zoom.

**Thyroid & Hormone Balance**
Tuesdays, 01/09 – 01/30 from 12:30pm – 1:30pm

**Autoimmunity & Inflammation**
Thursdays, 04/11 – 05/09 from 12pm - 1pm.
No session on 04/17.

**Anxiety & Depression**
Tuesdays, 02/06 – 03/05 from 12:30pm – 1:30pm
No session on 02/20.

**Heart Health, Hypertension, & Diabetes**
Wednesdays, 05/15-06/05 from 11am -12pm.

**Holistic Cancer Care**
Wednesdays, 04/10 – 05/08 from 11am - 12pm.
No session on 04/17.

**Fatigue & Fibromyalgia**
Thursdays, 05/16 –06/06 from 12pm -1pm

Each session is billed to our insurance as a group medical visit with a Stanford physician specialist.

To register, please call the Stanford Center for Integrative Medicine
(650) 498-5566
Offered as group medical visits via Zoom video