



THE FUNCTIONAL MEDICINE APPROACH TO CREATING HEALTH

Curious what's missing from your health care? Learn science-backed strategies to create a healing environment in your body. We will explore topic-specific, non-pharmaceutical strategies like nutrition, lifestyle, supplements, and complementary therapies that optimize the body at the cellular level. More importantly, we will discuss how to safely and reliably put these functional medicine tools into practice for long-term health and healing.

To register, please call the Stanford Center for Integrative Medicine

 (650) 498-5566

 Offered as group medical visits via Zoom video

Susan Payrovi, MD is a triple board-certified physician, specializing in Anesthesiology, Hospice & Palliative Medicine, and Integrative Medicine.

Dr. Payrovi is also certified in Functional Medicine, Mind Body Medicine, and Medical Acupuncture.



2024 Functional Medicine Topics

Each topic below is offered as a 4-part series of group medical visits via Zoom.

Thyroid & Hormone Balance

Wednesdays, 08/14 – 08/28 from 12 PM – 1 PM
Wednesdays, 12/04 – 12/18 from 12 PM – 1 PM

Anxiety & Depression

Tuesdays, 12/03 – 12/17 from 12 PM – 1 PM

Holistic Cancer Care

Wednesdays, 08/14 – 08/28 from 11 AM – 12 PM
Tuesdays, 12/03 – 12/17 from 11 AM – 12 PM

Autoimmunity & Inflammation

Tuesdays, 08/13 – 08/27 from 11 AM – 12 PM
Tuesdays, 10/29 – 11/19 from 12:30 PM – 1:30 PM

Heart Health, Hypertension, & Diabetes

Tuesdays, 08/13 – 08/27 from 12 PM – 1 PM
Wednesdays, 12/04 – 12/18 from 11 AM – 12 PM

Fatigue & Fibromyalgia

Thursdays, 08/15 – 10/03 from 12 PM – 1 PM

Each session is billed to our insurance as a group medical visit with a Stanford physician specialist.



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HEALTH CARE

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