

Sponsored by Stanford Diabetes Care Program and the Stanford University Discovery lab

Diabetes Wellness Group

Join our monthly adult support group for people with diabetes and their families. Meet others with diabetes to share ideas and gain information about living with diabetes.

- **Date:** Second Thursday of Every Month
- **Time:** 6:00 – 7:00 PM
- **Cost:** Free
- **New Location:** 1070 Arastadero Road Room 202
Palo Alto CA 94304
- **Information:** diabetesstudy@Stanford.edu

This monthly program is also available online! Here's how to participate:

- Join from MAC, LINUX, IOS or Android:

<https://stanford.zoom.us/j/932215478>

Meeting ID: 932 215 478

- Join from Telephone or iphone one-tap:

1-833-302-1536 (US, Canada, Caribbean Toll Free) OR

1-650-724-9799 (US, Canada. Caribbean Toll)

Meeting ID: 932 215 478#

- International Number available: <https://zoom.us/j/abS04axSkb>