

Chair Reiki



Neuroscience Supportive Care Program

Chair Reiki sessions help you relax, reduce stress or discomfort, and decrease pain. In this technique, while sitting in a chair, the Reiki practitioner either gently puts his/her hands on your shoulders, head and upper parts of the body, or holds their hands slightly above your body in various positions to help your energy flow more easily. Reiki is very relaxing and often promotes a sense of peace and well-being.

Walk-ins welcome. For more information, call 650.721.8500.

Dates & Times: Every Monday and Tuesday | 10:00am–12:00pm
Every Thursday | 1:00pm–3:00pm
No session: 7/1, 7/2, 7/4, 9/2, 9/3, 9/5, 11/25, 11/26, 11/28, 12/23, 12/24, 12/26, 12/30, 12/31, 1/2/20

Location: Stanford Neuroscience Health Center
213 Quarry Road
3rd Floor, Patient lobby area & Infusion Center
Palo Alto, CA 94304

Website: www.stanfordhealthcare.org/nscp

The Stanford Supportive Care Program provides free classes, workshops, fitness classes, services, and support to all neuroscience patients regardless of where they receive their care.



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