

# Memory Disorders Caregiver Support Group



## Neuroscience Supportive Care Program

Are you caring for a loved one with a diagnosis of Mild Cognitive Impairment, Alzheimer's disease, or a related dementia? You are not alone. Join our support group to connect with others experiencing similar challenges. The group offers a safe space for peer support and to share information and learn about available resources. The Memory Disorders Caregiver Support Group is facilitated by the Stanford Health Neuroscience Supportive Care Program.

**Walk-ins welcome.**

If your loved one has a diagnosis of Mild Cognitive Impairment, he or she may wish to participate in the *Dance to Remember* offering located at the Wellness Room 1511 while you attend this support group.

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- Dates:** 4<sup>th</sup> Friday of the month  
8/23, 9/27, 10/25, 11/22  
*No class: 7/26*
- Time:** 3:00pm–4:30pm
- Location:** Stanford Neuroscience Health Center  
213 Quarry Road, Basement Floor, Room 0511  
Palo Alto, CA 94304
- Questions:** Call 650.721.8500
- Websites:** [www.stanfordhealthcare.org/nscp](http://www.stanfordhealthcare.org/nscp)

*The Stanford Supportive Care Program provides free classes, workshops, fitness classes, services, and support to all neuroscience patients regardless of where they receive their care.*



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