SHC offers Continuing Education courses for nurses, leadership and computer courses for all employees, and American Heart Association (AHA) life support training courses for health care professionals.

SHC and LPCH eligible employees are able to use Education Funds, aka Transfer of Funds (TOF) via our online registration if you login and check out as a ‘Returning Customer.’
Message from the Director of Practice & Education

Great communication helps establish great relationships. My belief is that we should continue self-reflection regularly and never stop looking for better ways to communicate, provide safer patient care, or improve processes that already work great. I appreciate that you continue attending courses with us at both the Center for Education & Professional Development (CEPD) and in our Life Support Training Center (LSTC). I am excited to announce the many changes you might notice when you visit us. As nurses we are critical links in maintaining cutting edge health care and linking ourselves to national initiatives. Recently, we mentored a cohort of American Heart Association (AHA) instructors in our LSTC, added fresh CEPD communication courses, continue to update our clinical courses with each new catalog, and we even hired a CEPD Nurse Manager after over a year long search for the right person.

I would like to take this opportunity to proudly introduce you to Susan Eller, MSN, RN, CHSE, CEPD Nurse Manager. Susan brings a wealth of education and leadership to us, including specialty in experiential learning. Recently, we launched our Stanford Nursing Needs Assessment which helps us determine which classes are our biggest priorities to develop immediately. In addition to the Learning Needs Assessment, Susan is open to your class planning ideas and will continue to work closely with you through course development. Please reach out to Susan either while she is attending leadership meetings on campus, or while you are attending courses at the CEPD.

Lastly, I would like to wish all of you a Happy Nurses Week this May and hope to see you at the Nurse Week celebrations during the week of May 4, 2015.

Carole Kulik
Carole Kulik, DNP(c) RN ACNP
Director of Practice and Education
Patient Care Services

CEPD CANCELLATION POLICY

Cancellation by CEPD:
• If a course is cancelled by CEPD, the enrollee will be notified 2 weeks prior to the course and a full refund will be given.

Cancellation by the enrollee:
• Must be done online by the enrollee
• Two weeks or more prior to the day of the course - Full Refund, less the cost of course materials received
• Less than 2 weeks prior to the day of the course - Refund, less a $35 processing fee and cost of course materials received
• Less than 48 hours prior to the start time of the course - No Refund

*COURSE MATERIAL FEES:
• TNCC course material $167.00
• ACLS course material $70.00**
• ACLS Initial course material $85.00**
• BLS course materials $20.00**
• BLS online key $22.00
• ACLS online key $120.00

**UNOPENED course material may be returned for a refund

TECHNICAL ASSISTANCE
If you experience any technical or registration issues, please let us know by emailing helpdesk3-3333@stanfordhealthcare.org or call 650-723-3333 (3-3333 internally).

TO REACH THE MAIN DESK OF CEPD
Due to high call volume, voicemail messages will be answered within 2 business days if you leave a message on 650-723-6366. For a faster response, please email cecenter@stanfordhealthcare.org. Emails are frequently checked throughout the business day.

THE CENTER FOR EDUCATION AND PROFESSIONAL DEVELOPMENT (CEPD) IS GREEN!
Look for the 🌿 symbol in the course description for classes with an online syllabus.

Registered participants will receive an email notification with viewing instructions prior to the course. Course content will be available on the website for 3 months after the date of the course.

QUESTIONS, COMMENTS, OR RECOMMENDATIONS
E-mail us at: cecenter@stanfordhealthcare.org
COURSES

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Board of Behavioral Sciences Continuing Education Credits

**BBS will no longer be offered after June 30, 2015**

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VIEW THE CATALOG FROM ANYWHERE...

WE’RE ONLINE!

All of the programs found in our printed catalog can be found online at our website: www.cecenter.stanfordhospital.com

FOLLOW THESE SIMPLE STEPS FOR ONLINE REGISTRATION

- View our current catalog at www.cecenter.stanfordhospital.com
- Click the CEPD online registration link
- For first time Login
  - SHC/LPCH employees should login as Returning Customer even if this is your first time
  - All others should choose New Customer to create or locate your profile
- Search for the courses you would like to attend
- Add courses to your shopping cart
- Confirm your method of payment, which completes your registration*
- A confirmation email reply will be generated after registration is complete

*SHC and LPCH eligible employees are able to use Education Funds, aka Transfer of Funds (TOF) via our online registration if you login as a ‘Returning Customer.’
Adult Critical Care Series: Cardiac Dysfunction

DATE: TUESDAY, MAY 12, 2015
TIME: 8:30 AM – 4:00 PM (PLEASE NOTE START TIME IS 8:30 AM FOR THIS COURSE)
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN TBD CE HOURS
ANCC TBD CONTACT HOURS

Course content addresses care of the cardiac patient across the continuum. Prevention strategies and risks for later heart failure will be addressed in the inherited cardiovascular disease and adult congenital heart disease populations. Acute cardiac disease such as myocardial infarction and acute coronary syndrome is discussed as well as heart failure. Current pharmacologic management and interventional techniques will be detailed.

See page 11 for a description of the complete Adult Critical Care Series.

COURSE COORDINATOR FROM STANFORD HEALTH CARE:
JULIE A. SHINN, MA, RN, CNS, CCRN, FAHA, FAAN, Cardiovascular Clinical Nurse Specialist

Trauma Nursing Core Course (TNCC)

DATES: THURSDAY, MAY 14 & FRIDAY, MAY 15, 2015
FUTURE DATES: SEPT. 17 & 18, 2015
TIME: DAY 1: 8:00 AM - 5:45 PM
DAY 2: 8:00 AM - 4:45 PM
FEE: $350.00 (INCLUDES BOTH DAYS AND LUNCH FOR BOTH DAYS)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN AND ANCC: PROVIDED BY NATIONAL EMERGENCY NURSES ASSOCIATION (ENA)

THE EMERGENCY NURSES ASSOCIATION IS APPROVED BY THE CALIFORNIA BOARD OF REGISTERED NURSES, PROVIDER NUMBER CEP 2322 FOR 21.18 CONTACT HOURS.

THE EMERGENCY NURSES ASSOCIATION IS ACCREDITED AS A PROVIDER OF CONTINUING NURSING EDUCATION BY THE AMERICAN NURSES CREDENTIALING CENTER’S COMMITTEE ON ACCREDITATION.

14.74 CLINICAL CONTACT HOURS
14.99 TRAUMA CONTACT HOURS
0.50 PEDIATRIC CONTACT HOURS

The Emergency Nurses Association’s TRAUMA NURSING CORE COURSE 7th Edition is a two day course that is designed to provide core level trauma knowledge and psychomotor skills associated with the delivery of professional nursing care to the trauma patient.

Content is presented through online modules, lectures and skills stations. Upon successful completion of the course (including written and skills exams) each participant will be provided a verification card. The verification is valid for a period of four years.

MANDATORY ONLINE PRE-SESSION
- Special Populations: Bariatric trauma Patient
- Special Populations: Interpersonal Violence Patient
- Special Populations: Older Adult Trauma Patient
- Special Populations: Pregnant Trauma Patient
- Biomechanics, Kinematics and Mechanisms of Injury

TOPICS
- Trauma Nursing Core Course and Trauma Nursing
- Initial Assessment
- Airway & Ventilation
- Shock
- Brain & Cranial & Maxillofacial Trauma
- Ocular Trauma
- Thoracic & Neck Trauma
- Abdominal & Pelvic Trauma
- Spinal Cord and Vertebral Column Trauma
- Musculoskeletal Trauma
- Surface & Burn Trauma
- Special Populations: Pediatric
- Pain
- Disaster Management
- Psychosocial Aspects of Trauma
- Transition of Care for the Trauma Patient & Post-Resuscitation Care

SKILLS STATIONS
- Trauma Nursing Process
- Airway & Ventilation
- Trauma Interventions

FACULTY FROM STANFORD HEALTH CARE
DENISE GRECI ROBINSON, MS, RN, Trauma Nurse Coordinator
JO ANN SCHUMAKER-WATT, BSN, RN, CCRN, Trauma Nurse Coordinator
ADDITIONAL TNCC CERTIFIED INSTRUCTORS FROM STANFORD HEALTH CARE

COURSE DIRECTOR FROM STANFORD HEALTH CARE
MICHELLE (SHELLY) WOODFALL, MS, RN, CEN, CCRN
Essentials of Caring for Blood & Marrow Transplant (BMT) Recipients from Transplant Through Recovery

**Program Objectives**
- Explain the rational for an autologous and allogeneic BMT
- State 3 pre-transplant eligibility criteria
- State 3 acute complications of BMT
- Describe outcomes for both autologous and allogeneic BMT
- List 3 signs and symptoms of acute graft versus host disease
- State 3 medications used to treat graft versus host disease and list their side effects
- Describe chronic graft versus host disease
- List 3 common infections and their treatments
- Describe 3 rules to lessen the risk of infection and/or bleeding in the blood and marrow transplant recipient
- Describe 2 long term complications

**FACULTY & COORDINATORS FROM STANFORD HEALTH CARE**
- THERESA M LATCHFORD, MS, RN, CNS, BMTCN®, AOCN®, Oncology Clinical Nurse Specialist, Blood and Marrow Transplant Program
- D. KATHRYN TIERNEY, PHD, RN, BMTCN®, Oncology Clinical Nurse Specialist, Blood and Marrow Transplant Program

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Nurse Mentorship Workshop

**Program Objectives**
- To identify the differences between the roles of a preceptor and a mentor
- To describe the Learner Centered Mentoring Model
- To identify the essentials steps in the mentoring process
- To describe the SMART way to set goals
- To identify essentials of professional development
- To identify principles of relationship etiquette

**Faculty from Stanford Health Care**
- SONIA FENG, MSN, RN, Nursing Professional Development Specialist
- GRISDEL HERNÁNDEZ, MPH, BSN, RN, HNB-BC, Nursing Professional Development Specialist
- GINGER SELL, MS, RN, CNS, PNPD, Nursing Professional Development Specialist

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Advanced Communication Skills for Nurses

**Program Objectives**
- Learn how to handle objections in meetings
- Develop competence in constructive conflict
- Practice giving and receiving feedback
- Use the power of pull – many, many micro-conversations
- Practice ‘Listening as Leadership’
- Understand and use the effects of environment, structures and language
- Participants will leave the course with skills that can be used immediately

**Faculty from Stanford Health Care**
- NINA DAVIS, M.A., Program Manager, has over twenty years’ experience as a communications expert, multi-cultural trainer, and organizational change consultant. Her expertise in communication has been developed in health care, education, Hi-Tech, and International Business. She trains, and coaches clinical professionals in a variety of settings, and teaches the skill of transforming communication breakdowns into positive nursing/patient outcomes. Her research interests focus on resilience in nursing teams and positive work environments which create a safe space for meaningful change.
Cultivating a Coach Mindset: A Skillset for Leaders

DATE:    TUESDAY, JUNE 2, 2015
TIME:    8:00 AM – 3:30 PM
FEE:     $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS:  CA BRN 6.25 CE HOURS
          ANCC 6.25 CONTACT HOURS
          BBS 6.25 CE HOURS

This course is designed for all healthcare professionals interested in learning more about coaching others, being a role model, and becoming a mentor to people in one’s daily work environment and in one’s overall professional career. How does the leadership coaching role link to your daily work and responsibilities? What are the communication skills coaches use in their interactions to help others grow and develop? This course will provide strategies, skills, and offer support to those interested in building their leadership capacity and help others grow to their fullest potential.

PROGRAM OBJECTIVES
• Describe coaching...what it is and how it relates to other professional ‘stances’ in your everyday workplace interactions
• Explain what the research says about building trust and how to create safe spaces for others to learn and grow in coaching interactions
• Compare effective non-verbal body language to increase trust in others
• Prepare to listen more skillfully so others truly feel heard
• Identify questions that open other people’s thinking so they want to respond
• Differentiate between coaching ‘maps’ and which maps to use in supporting others
• Discuss filters of perception, such as gender, race, and generation and how they might affect the coaching relationship

FACULTY
JENNIFER ABRAMS, MA, is a communications consultant who trains, coaches and supports educators, administrators, hospital employees, nurses and managers in schools, hospitals and companies world-wide. She is currently working across sectors, including the health care field, in the areas of supervision and evaluation, having hard conversations, being generationally savvy, and leadership development.

Adult Critical Care Series: Metabolic Dysfunction

DATE:    THURSDAY, JUNE 4, 2015
TIME:    8:00 AM – 3:30 PM
FEE:     $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS:  CA BRN TBD CE HOURS
          ANCC TBD CONTACT HOURS

Course content will cover the interconnected endothelial and hormonal pathways that exist in endocrine disorders, shock states, infectious disease and acute abdominal organ dysfunction. Case studies are used to explore the impact on specific organ systems and discuss related treatment options.

See page 11 for a description of the complete Adult Critical Care Series.

COURSE COORDINATOR FROM STANFORD HEALTH CARE:
MARY E. LOUGH, PHD, RN, CNS, CCRN, CNRN, CCNS, Critical Care Clinical Nurse Specialist, Medical/Surgical Trauma ICU

PROGRAM OBJECTIVES
• Identify components and function of the conduction system
• Correlate cardiac functions and structures
• Identify electrode placement for three and five lead systems
• Articulate the salient characteristics that distinguish essential arrhythmias
• Discuss appropriate pharmacologic interventions

FACULTY
JOAN MERSCH, MS, RN, has over 40 years of experience as a nurse educator in the area of cardiovascular medicine. She was the Patient Care Manager for Stanford Hospital & Clinic’s Coronary Care Unit/Cardiac Surveillance Unit for 35 years. She has authored chapters in textbooks, such as, Critical Care Nursing and Advances in Cardiovascular Nursing. One of her publications includes Review: Improving Your Skills in 12-Lead ECG Interpretation Progress in Cardiovascular Nursing. Joan currently works as adjunct faculty for the University of San Francisco, School of Nursing & Healthcare Professions, mentoring and developing nurses of the future.

REGISTER ONLINE
www.cecenter.stanfordhospital.com
Being Generationally Savvy: Learning and Leading Across Generations

DATE: TUESDAY, JUNE 9, 2015
TIME: 8:00 AM – 4:00 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 6.75 CE HOURS

This program is designed for all healthcare professionals interested in working more effectively across the generations. Have you noticed your younger colleagues feel and look and act differently than senior colleagues you know? Are you hearing of communication challenges between colleagues of different ages? Are you becoming aware more employees want a life-work balance vs. a work-life balance? Generational factors might be coming into play.

In this interactive, insightful and often humorous one-day course, participants will learn:
• Who are these four generations in our hospitals and clinics?
• What are each generation’s strengths and desires?
• What structures and communication protocols should we design to work well with all generations?
• What knowledge do we need to help motivate and retain employees and help every generation thrive?

PROGRAM OBJECTIVES
• Describe the tools, resources, and information needed to become generationally savvy.
• Formulate a better understanding of each generation’s motivations and needs in the workplace
• Prepare tools and structures that will translate into better more effective collaboration for generationally diverse teams
• Prepare to become more skilled at creating a climate of inclusion for all generations
• Compose your language skills to communicate effectively with different generations
• Describe generationally savvy
• Compare generationally savvy in today’s work environment

FACULTY
JENNIFER ABRAMS, MA, has been a high school teacher and a professional developer. As a communications consultant, she trains, coaches and supports hospital employees, educators, and managers in a variety of fields across the country and internationally, working with them on effective presentation skills, supportive learning environments, supervision and evaluation, having hard conversations, being generationally savvy and leadership development. She is also a published author on the topic of the multigenerational workplace.

Skilled Communication in the Healthcare Workplace

DATE: THURSDAY, JUNE 11, 2015
TIME: 8:00 AM – 3:15 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: NONE

This course teaches powerful new communication tools developed specifically for all who work in a healthcare setting. Designed for all non-clinical personnel; participants will learn new communication tools to support all areas that interface within a hospital, clinic or other outpatient area. Administration, Food Service, Housekeeping, Payroll, Human Resources, IT, Service Excellence, Staffing and other areas are key contributors to the delivery of patient care. In class we identify breakdowns in communication and apply tools to quickly “CLEAR” misunderstandings, stress, and concerns in this fast paced environment. These new models of communication have been designed and implemented in close collaboration with clinicians in both inpatient and outpatient settings. The tools and practices are designed to improve self-care, decrease burnout, and encourage powerful inter-relationships through effective communication. Communication methods will primarily focus on the peer to peer relationship and the skills transfer into all areas of work and home life. The skills learned in this class have been used to generate healthy relationships between individuals, teams, groups, units, both inside and outside health care organizations.

PROGRAM OBJECTIVES
• Identify breakdowns in communication with a common language
• Describe ways to ‘CLEAR’ yourself and your peers
• Develop competence with new communication tools
• Appraise communication tools to decrease stressful situations
• Apply learned tools to quickly create applicable solutions
• Explain effective communication methods during challenging discussions
• Participants will leave the course highly trained to communicate quickly and effectively

FACULTY
JENNIFER ABRAMS, MA, has been a high school teacher and a professional developer. As a communications consultant, she trains, coaches and supports hospital employees, educators, and managers in a variety of fields across the country and internationally, working with them on effective presentation skills, supportive learning environments, supervision and evaluation, having hard conversations, being generationally savvy and leadership development. She is also a published author on the topic of the multigenerational workplace.

Leveraging Talent Across Diversity: Best Practices for Engagement

DATE: FRIDAY, JUNE 12, 2015
TIME: 8:00 AM – 3:45 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 6.5 CE HOURS

This course focuses on understanding values and patterns of communication and behaviors that are present and pose individual and organizational challenges to leveraging diverse talent in healthcare. Understanding the visible and invisible components of culture and how they affect engagement is core to generating best practices in a diverse workforce. This course will teach you the tools essential for inclusion and engagement for leveraging these talents in the healthcare work environment.

PROGRAM OBJECTIVES
• Describe best practices for engagement through inclusion.
• Discuss the four layers of diversity and the importance to leverage talent.
• Identify and describe how programming impacts our perceptions and how they drive assumptions.
• Explain engagement through values.
• Apply engaging behaviors in flexing communication styles.

FACULTY
SANTALYNDA MARRERO, EDD, is a dynamic executive coach, organizational consultant, facilitator, trainer, and thought leader. Dr. Santalynda Marrero draws on her expertise as a counseling psychologist and 30 years of experience in helping individuals, teams and organizations propel to the next level of success. Dr. Marrero believes in “data with a soul” that both engages mutual regard and leverages talent, which led her to co-author the book, The Diversity Calling: Building Community One Story at a Time and also was the Human Resource Manager of Staff Education and Development at Stanford during 1988-2000.
Skilled Communication for Nurses

DATE: TUESDAY, JULY 7, 2015  
TIME: 8:00 AM – 3:15 PM  
FEE: $159.00 (LUNCH INCLUDED)  
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303  
CREDITS: CA BRN 6 CE HOURS

This course teaches powerful new communication tools developed specifically for nurses in the workplace. Participants will learn new communication models to identify breakdowns in communication and apply tools to quickly “CLEAR” misunderstandings, stress, and concerns in the patient care environment. These new models of communication have been designed and implemented in close collaboration with nurses in both inpatient and outpatient settings. The tools and practices are designed to improve self-care, decrease burnout, and encourage powerful interrelationships through effective communication. Communication methods will primarily focus on the peer to peer relationship and the skills transfer into all areas of work and home life. The skills learned in this class have been used to generate healthy relationships between teams, groups, units, and outside health care organizations.

PROGRAM OBJECTIVES
- Identify breakdowns in communication with a common language
- Describe ways to ‘CLEAR’ yourself and your peers
- Develop competence with new communication tools
- Appraise communication tools to decrease burnout
- Apply learned tools to quickly create applicable solutions
- Explain effective communication methods during challenging discussions
- Participants will leave the course highly trained to communicate quickly and effectively

FACULTY FROM STANFORD HEALTH CARE
NINA DAVIS, MA, Program Manager, has over twenty years’ experience as a communications expert, multi-cultural trainer, and organizational change consultant. Her expertise in communication has been developed in health care, education, Hi-Tech, and International Business. She trains, and coaches clinical professionals in a variety of settings, and teaches the skill of transforming communication breakdowns into positive nursing/patient outcomes. Her research interests focus on resilience in nursing teams and positive work environments which create a safe space for meaningful change.

PICC/VAD Nursing Management

DATE: WEDNESDAY, JULY 8, 2015  
TIME: 8:00 AM – 4:00 PM  
FEE: $159.00 (LUNCH INCLUDED)  
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303  
CREDITS: CA BRN 6 CE HOURS

Peripheral inserted central catheters (PICCs) and other vascular access devices (VADs) are being placed for all types of short term, intermediate length and long-term intravenous (IV) therapy. The successful delivery of IV therapy depends on the nurse’s understanding of how to use and care for them, as well as how to prevent or problem solve catheter-related complications.

PROGRAM OBJECTIVES
- Identify different types of central venous catheters (CVCs)
- Identify limitations and advantages
- Discuss IV therapy considerations
- Identify damage to peripheral veins
- Discuss the 4 sources of central line blood stream infections.
- Explain VAD dressing management
- Describe how to safely remove a PICC line and how to safely remove a CVC
- Assess and manage catheter complications
- Understand troubleshooting tips for catheter obstruction
- Identify de-clotting techniques and successful use of t-PA
- Describe the purposes of blood cultures, and the differences between standard blood cultures and Time-to-Positivity Blood Cultures

FACULTY FROM STANFORD HEALTH CARE
NADINE NAKAZAWA, BS, RN, OCN, VA-BC, Vascular Access Clinician, member of the Vascular Access Service Team at Stanford, is a past President of the Association for Vascular Access (2008-2009), and is active in many areas of vascular access. She lectures at local, regional, national and international conferences on topics related to the care, maintenance, and complication management of vascular access devices & PICC insertion using ultrasound.

Understanding Benner’s Domains of Practice & Reviewing Exemplars

DATE: THURSDAY, JULY 9, 2015  
TIME: 8:00 AM – 12:00 PM  
FEE: $10.00 CE CERTIFICATE  
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303  
CREDITS: CA BRN 3.75 CE HOURS

Become well-versed in Benner’s Seven Major Domains of Practice, including Therapeutic Relationships, Patient Teaching, and Therapeutic Intervention. Learn about Stages of Skills Acquisition by reviewing levels of competencies that distinguish a competent, proficient, and expert nurse. Hear more about Benner’s From Novice to Expert, a model that describes the development and acquisition of knowledge and skills as a nurse progresses through various stages of experience. This class will also clarify your understanding of exemplars, which are detailed accounts or stories of powerful experiences—ones that may stand out because the situation may have changed a nurse’s practice or their perception. Examples of nursing exemplars will be read, reviewed, and discussed in the context of the Benner model.

PROGRAM OBJECTIVES
- Describe Benner’s various levels of skills acquisition for health care professionals
- Compare the expectations for nursing practice as outlined in the California Nursing Practice Act
- Identify Benner’s Domains of Practice in an exemplar
- Explain the application of Benner’s model to the professional growth and development of nurses
- Choose the appropriate forms required for promotion
- Apply Benner’s domains of practice and model in your nursing practice

FACULTY FROM STANFORD HEALTH CARE
GINGER SELL, MS, RN, CNS, PNDP Nursing Professional Development Specialist

STANFORD & PACKARD NURSES
Anatomy of an Exemplar

Nurses have a number of memorable stories about a situation and experiences that influenced their perception or transformed their nursing practice. The storyline may revolve around a compassionate and caring nurse whose therapeutic intervention improved patient outcomes or saved a life. This course will help you understand how to transform your domains of expert practice into a well written exemplar. Come to class with a few ideas of your most memorable nursing moments. Along with your peers, we’ll work together to storyboard your ideas. Express your creative talent; for some of you, this may be the beginning of a new hobby.

PROGRAM OBJECTIVES
• Deliberately create a friendly supportive atmosphere to be able to write about your work
• Identify the depth and value of your work
• Construct and revise exemplars
• Identify situations that make for a great exemplar
• Compose an exemplar in class, or at minimum, an outline of one so you can begin the same steps for writing your next stories
• Identify the Benner principles in your exemplars

FACULTY & INSTRUCTORS FROM STANFORD HEALTH CARE
MARIKA O’BARE-KARK, MFA, MS, BSN, RN, RN-BC, Staff Nurse Psychiatric Inpatient Unit
GINGER SELL, MS, RN, CNS, PNDP Nursing Professional Development Specialist

Medical-Surgical Registered Nurse Certification Review

This certification review course is intended for clinical nurses practicing in adult medical/surgical units. The course will cover all body systems, physiology, pathophysiology, assessment strategies, and treatment options for common medical and surgical care patients. Pharmacological management will be included within each system reviewed. The course will benefit nurses with medical/surgical experience who need or want a clinical update and review of the latest best practice. It can also serve as a review for nurses preparing to take the ANCC® or AMSNA® certification exam. The sessions are recommended for nurses with at least one year of clinical experience.

PROGRAM OBJECTIVES
• Outline the medical/surgical certification test plans
• Describe systems approach to care of the hospitalized adult
• Identify current guidelines for common adult medical/surgical emergencies
• Identify test-taking tips and examination insights
• Describe the professional practice role aspects of medical/surgical nursing

FACULTY
CAROL A. RAUEN, MS, RN, CCNS, CCRN, PCCN, RN-BC, has more than 30 years of experience in nursing. She was the clinical nurse specialist and nurse manager for the cardiac surgery ICU at Georgetown University and taught at the Georgetown School of Nursing and Health Studies. A nationally recognized speaker, she has authored seven book chapters and multiple journal articles, serves on the editorial board of AACN Advanced Critical Care Nurse, and is a contributing editor for Critical Care Nurse. She currently is an independent clinical nurse specialist and education consultant, and works in the Emergency Department of Outer Banks Hospital in Nags Head, N.C.

Cardiac Emergencies: The Beat Must Go On

Chest pain in the adult patient population typically is an indication of an ischemic event related to coronary arterial disease (CAD). However, not all chest pain is related to Acute Cardiac Syndrome (ACS). There are many other conditions that can cause chest pain. Using a case study approach, signs, symptoms, and typical/atypical patient presentations of chest pain will be reviewed, including how to prevent, identify, and treat adverse outcomes. Cardiac emergency areas, such as acute pulmonary edema, hypertensive emergencies, cardiac tamponade, acute aortic dissection, and chest trauma will be outlined. Emphasis will be placed on pathophysiology, assessment, pharmacology, and treatment options. This session will benefit all nurses working with the adult patient population.

PROGRAM OBJECTIVES
• Demonstrate a cardiac assessment on an adult
• List three modifiable and three non-modifiable cardiac risk factors
• Describe the American Heart Association (AHA) guidelines for the treatment for ACS
• Differentiate between stable and unstable angina
• Compare two causes for each cardiac pathology
• Describe two symptoms for each cardiac pathology
• Explain two treatment options for each cardiac pathology

FACULTY
CAROL A. RAUEN, MS, RN, CCNS, CCRN, PCCN, CEN, has over thirty years of experience in nursing and is a nationally recognized speaker. Her knowledge and expertise has been developed at the bedside in cardiac surgery and trauma ICUs. Carol has been a Clinical Nurse Specialist for twenty years, teaching nurses of all levels. She has authored seven book chapters and multiple journal articles. She serves on the editorial board of AACN Advanced Critical Care Nurse and is a contributing editor for Critical Care Nurse. Carol currently is an independent Clinical Nurse Specialist and Education Consultant. Prior to this role she was at Georgetown University Medical Center and School of Nursing for twelve years. She works in the Emergency Department at Outer Banks Hospital in North Carolina.
How Healthy Is Your Nursing Practice? Legal Issues in Health Care©

DATE: FRIDAY, JULY 31, 2015
TIME: 8:00 AM – 4:30 PM
FEE: $159 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRNN 7.25 CE HOURS ANCC 7.25 CONTACT HOURS

A timely topic for any nurse, this program will guide you through a review of government and the law, the nurse and the judicial system, professional negligence, and professional practice issues. In the busy practice environment, laws that guide and define practice are forgotten but a working knowledge of the law is imperative to professional practice and supports a credible defense of that practice. This program will review the overall civil litigation process, and identify strategies to protect the nurse in today’s practice environment. Although laws and rules are set down by various government bodies and exist to protect the health and safety of society by their very nature they intertwine with nursing practice.

Reviewing the legal system, legal terminology, negligence and practice issues will help expand your awareness of maintaining a working knowledge of the legal system and how this protects and impacts a nurse’s professional practice.

PROGRAM OBJECTIVES
• Discuss the nurse and the legal system
• Describe the overall civil litigation process
• Define elements of nursing negligence
• Differentiate general nursing issues and factors that contribute to litigation
• Identify specific nursing negligence issues
• Identify strategies to assist the registered nurse in prevention of professional negligence

FACULTY
VIRGINIA “GINNY” WILSON, MSN, RN, PhD, NEA-BC, NE-BC, has been in practice for 40 years as a RN with experiences at multiple levels of nursing leadership in healthcare organizations and leadership roles including: educator, consultant, and care provider with a focus in emergency nursing. She is an experienced national speaker for nursing leadership programs and a featured speaker for ANCC for the past eight years. She has been published in peer reviewed journals and texts and has developed and been faculty for continuing education modules in nursing leadership in multiple presentation venues. Her research interests include leadership development and succession planning in healthcare organizations.

Making the Most of Your Community Service: Foundations for Community Engagement

DATE: TUESDAY, AUGUST 4, 2015
TIME: 8:00 AM – 3:15 PM
FEE: $20.00 CE CERTIFICATE (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: BRN 6 CE HOURS

SUPPORTED BY A GRANT FROM SHC COMMUNITY PARTNERSHIP PROGRAM

Research increasingly points to economic, social and environmental influences on poor health. These factors disproportionately affect ethnic minority and other underserved communities, resulting in health disparities in our local communities. This training provides the background, knowledge and skills necessary to engage effectively and ethically with communities, and offers participants options and resources for pursuing meaningful community engagement.

PROGRAM OBJECTIVES
• Identify the medically underserved
• Describe social and economic factors which impact health
• Define how each of us contributes to improving the health of local communities

FACULTY AND STAFF FROM THE OFFICE OF COMMUNITY HEALTH, STANFORD UNIVERSITY SCHOOL OF MEDICINE
JILL EVANS, MPH, Research Program Director
RHONDA MCCLINTON-BROWN, MPH, Executive Director

COURSE COORDINATOR FROM STANFORD HEALTH CARE
SHARON KEATING-BEAUREGARD, MS, Executive Director, Community Partnerships

Computer Courses: Microsoft Office 2010

Word: Level 1
DATE: TUESDAY, JUNE 9, 2015
TIME: 9:00 AM – 4:30 PM
FEE: $250.00

Excel: Level 1
DATE: THURSDAY, JUNE 11, 2015
TIME: 9:00 AM – 4:30 PM
FEE: $250.00

Word: Level 2
DATE: TUESDAY, JULY 7, 2015
TIME: 9:00 AM – 4:30 PM
FEE: $250.00
Manage lists. Customize tables and charts. Format documents using styles and themes. Modify pictures. Create customized graphic elements. Insert content quickly using Quick Parts. Control text flow. Use templates to create documents easily. Use the mail merge function. Create a simple macro to automate a task.

Excel: Level 2
DATE: THURSDAY, JULY 9, 2015
TIME: 9:00 AM – 4:30 PM
FEE: $250.00

Excel: Level 1 Review/Lab
DATE: TUESDAY, AUGUST 11, 2015
TIME: 9:00 AM – 4:30 PM
FEE: $250.00
Excel Level 1 Review/Lab (aka Hybrid) class is for students that have already taken Excel Level 1 and still feel additional training is needed. The first half of the class will be a fast paced review of Excel Level 1. The second half will be a hands-on workshop where you can apply these concepts to your own Excel files. Practice modifying worksheets, using formulas, and creating graphs.

PowerPoint: Level 2
DATE: THURSDAY, AUGUST 13, 2015
TIME: 9:00 AM – 4:30 PM
FEE: $250.00
Customize the PowerPoint environment. Customize a design template. Add SmartArt graphics to a presentation. Add special effects to a presentation. Customize a slide show. Distribute a presentation.

LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
(ALL COMPUTER COURSES INCLUDE LUNCH AND TEXTBOOK)
ADULT CRITICAL CARE SERIES

Put Your Career in Gear with the Stanford Critical Care Certificate Program!

ADULT CRITICAL CARE CERTIFICATE PROGRAM
The Stanford Center for Education & Professional Development is proud to offer a Certificate of Completion in Adult Critical Care Nursing. The certificate shows that the student has undertaken a comprehensive range of classes related to care of the adult critical care patient. It is intended to support the nurses’ professional commitment to professional advancement in this field. This certificate offers advanced study in both cardiovascular and critical care nursing. You can list the completed courses on your resume or curriculum vitae.

The Adult Critical Care series, presented by renowned physicians and nurses from Stanford Health Care, provides a unique opportunity for healthcare providers to receive a broad range of advanced critical care theory and the most up-to-date patient care practices.

The requirement for the certificate of completion is attending the six classes in the adult critical care series listed below. You may take up to two years to complete the certificate program. Submit copies of your CE certificates to the Center for Education & Professional Development and a Stanford Critical Care Certificate of Completion will be mailed to you.

TARGET AUDIENCE: NURSES AT ALL LEVELS OF PRACTICE

COURSES
- Neurologic Dysfunction
- Trauma Critical Care Nurse Essentials
- Cardiothoracic Surgical Interventions
- Cardiac Dysfunction
- Metabolic Dysfunction
- Pulmonary Dysfunction

TIME: VARIES. SEE COURSE DESCRIPTIONS
FEE: $159.00/ COURSE (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN TBD CE HOURS/ COURSE
ANCC TBD CONTACT HOURS/ COURSE

COURSE COORDINATORS FROM STANFORD HEALTH CARE
MARY E. LOUGH, PhD, RN, CNS, CCRN, CNRN, CCNS,
Critical Care Clinical Nurse Specialist, Medical/Surgical Trauma ICU
JULIE A. SHINN, MA, RN, CNS, CCRN, FAHA, FAAN,
Cardiovascular Clinical Nurse Specialist

ADULT CRITICAL CARE SERIES

COURSE DESCRIPTIONS

Cardiac Dysfunction
Date: Tuesday, May 12, 2015, 8:30 am- 4:00 pm
Course content addresses care of the cardiac patient across the continuum. Acute cardiac disease such as myocardial infarction is discussed as are the long term consequences of dysrhythmias, heart failure and cardiogenic shock. Current pharmacologic management, interventional techniques as well as the role for implanted left ventricular assist devices will be detailed.

Metabolic Dysfunction
Date: Thursday, June 4, 2015, 8:00 am- 3:30 pm
Course content will cover the interconnected endothelial and hormonal pathways that exist in endocrine disorders, shock states, infectious disease and acute abdominal organ dysfunction. Case studies are used to explore the impact on specific organ systems and discuss related treatment options.

Pulmonary Dysfunction
Date: Tuesday, September 22, 2015, TBD
This course addresses the complex pathophysiology behind adult respiratory distress syndrome and its treatment. New modes of ventilator therapy and treatment strategies are outlined for the critical care nurse, which includes sedation guidelines and strategies to prevent ventilator associated pneumonia. Pulmonary hypertension and neuromuscular disease are also included in the course content.

Neurologic Dysfunction
Date: Winter 2016, TBD
This course addresses neuroanatomy, physiology and pathophysiology, neurologic assessment as well as nursing management of intracranial pressure monitoring, stroke, intracerebral bleeds, neurosurgery and neuro-intensive catheter procedures. Content is integrated using clinical case studies.

Cardiothoracic Surgical Interventions
Date: Winter 2016, TBD
Course content focuses on the surgical interventions used in the treatment of cardiothoracic disease. Participants will get a glimpse of some of the new procedures that are found in the larger medical centers such transcatheter aortic valve replacement, valvular reconstruction and emergency treatment of aortic dissection as well as an overview of the basics. All participants will leave with an excellent understanding of the physiological effects of cardiopulmonary bypass and the risks and complications of some of the common surgical interventions.

Trauma Critical Care Nurse Essentials
Date: Winter 2016, TBD
This course is intended for nurses with critical care experience who want to expand their clinical horizons to include care of trauma patients in the ICU. Content includes primary and secondary trauma assessment skills, mechanism of injury, triage and life-sustaining interventions for traumatic brain injury, orthopedic injuries, abdominal trauma and other trauma related conditions.
Learn at your own pace in a convenient time and place. Certificates are mailed promptly after your home study post-test is returned. To view study course descriptions and to order, view our webpage www.cecenter.stanfordhospital.com and click online registration.

**CQ Style: The Intelligent Art of Working with People from Other Cultures**

**CREDITS:** CA BRN 7 CE HOURS  
BBS 7 CONTACT HOURS*  
**FEE:** $75.00

How many times a day in your personal or professional life do you interact with someone from another culture? Would you like to increase your awareness and ability to communicate in these circumstances with greater ease? Developing your “CQ” can help. CQ or Cultural Intelligence is the capacity to understand and work effectively with people from diverse cultural backgrounds. The good news is cultivating Cultural Intelligence is a skill that can be learned. This program will help you identify your own cultural style and determine that of others in six key areas: management, strategy, planning, personal communication and reasoning. It includes practical tips for optimizing communication with non-native English speaking persons.

Includes the text: *Cultural Intelligence: A Guide to Working with People from Other Cultures* by Dr. Brooks Peterson

**Sleep Debt. . . One of America’s Largest Health Problems**

**CREDITS:** CA BRN 6.5 CONTACT HOURS  
**FEE:** $65.00

The cost of accruing sleep debt is steep, contributing to serious injury and chronic illness. Recent research confirms that when people get enough sleep, they reduce stress and enjoy greater health. This course covers a sleep related topics and provides valuable information to optimize personal and patient sleep hygiene and health.

Includes the text: *Sleep for Success! Everything You Must Know About Sleep But Are Too Tired To Ask* by Dr. James B. Maas, Rebecca Robbins, with forward by William C. Dement.

**Menopause: A Mind-Body Revolution (Newly Revised 3-Part Series)**

**SEE EACH SECTION FOR PRICING AND CONTACT HOUR INFORMATION. SPECIAL PRICING FOR INVESTING IN THE FULL SERIES: $225 FOR 26 CA BRN CE HOURS**

In her newly revised version of the #1 New York Times bestseller, physician and author Christiane Northrup, reiterates the “change” is not simply a collection of physical symptoms to be “fixed.” The choices a woman makes at this time have the power to secure vibrant health and well-being for the rest of her life. This comprehensive series covers the spectrum of health issues relevant to over 42 million American women currently in their middle years.

Includes the text: *The Wisdom of Menopause (Revised Edition): Creating Physical and Emotional Health During the Change* by Christiane Northrup, M.D.

**Leadership: An Inside Job**

**CREDITS:** CA BRN 7 CE HOURS  
**FEE:** $75.00

According to best-selling author and leadership expert John C. Maxwell, leadership is not an exclusive club for those who were “born with it”. Leadership is developed not discovered. This program will help you identify and develop your leadership skills. Students will learn 10 leadership principles that can transform a manager into a leader.

**THESE INCLUDE**

- Creating Positive Influence
- Setting The Right Priorities
- Modeling Integrity
- Creating Positive Change
- Problem Solving
- Having The Right Positive Attitude
- Developing People
- Charting The Vision
- Practicing Self-Discipline
- Developing Staff

Includes the text: *Developing the Leader Within You* by John C. Maxwell
Basic Life Support for Healthcare Providers (BLS-HCP) Initial Certification Course

**PREREQUISITES:** NO PREREQUISITES

**FEES:** $105.00, INCLUDES 2010 STUDENT MANUAL

**CREDITS:** NONE

**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**DATE/TIME:** INITIAL CERTIFICATION 8:00 AM-1:00PM

- MAY 7
- JULY 1
- JUNE 15
- AUGUST 14

**REGISTER:** ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

This American Heart Association (AHA) Course combines lecture, video, and skills practice/testing sessions to teach basic life support techniques to healthcare providers.

**COURSE CONTENT**

- **Circulation:** circulation techniques using chest compressions for one and two rescuers for adult and infant. Defibrillation with the automatic external defibrillator (AED)
- **Airway:** opening airway techniques and techniques to relieve conscious and unconscious choking in adult, child, and infant
- **Breathing:** ventilation with barrier device and use of the bag-mask

An AHA BLS−HCP course completion card will be issued upon successful completion of skills demonstration and written examination.

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Basic Life Support for Healthcare Providers (BLS-HCP) Renewal/Update Course

**PREREQUISITES:** VALID BLS−HCP CARD.

**FEES:** $105.00, INCLUDES 2010 STUDENT MANUAL

**CREDITS:** NONE

**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**DATE/TIME:** RENEWAL/UPDATE 8:00 AM-NOON

- MAY 5, 12, 29
- JULY 7, 14, 21, 28
- JUNE 2, 9, 23, 26
- AUGUST 4, 11, 28

**REGISTER:** ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

This American Heart Association (AHA) Course combines lecture, video, and skills practice/testing sessions to teach basic life support techniques to healthcare providers.

**COURSE CONTENT**

- **Circulation:** circulation techniques using chest compressions for one and two rescuers for adult and infant. Defibrillation with the automatic external defibrillator (AED)
- **Airway:** opening airway techniques and techniques to relieve conscious and unconscious choking in adult, child, and infant
- **Breathing:** ventilation with barrier device and use of the bag-mask

An AHA BLS−HCP course completion card will be issued upon successful completion of skills demonstration and written examination.

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BLS–HCP Online and Skills Check

**PREREQUISITES:** COMPUTER ACCESS AND A CURRENT EMAIL ADDRESS

**FEES:** $100.00 INCLUDES ONLINE ACCESS CODE AND SKILLS CHECK (ALLOW 1-2 HOURS TO COMPLETE ONLINE PORTION).

**CREDITS:** NONE

**TIMES OF SKILLS CHECKS:**

- 9:00 AM, ONCE FILLED UP, 10:00 AM WILL BE ADDED, ONCE FILLED UP, 11:00 AM WILL BE ADDED

**LOCATION & DATES:**

- CEPD
- 1850 EMBARCADERO ROAD
- PALO ALTO, CA 94303
- MAY 8, 19
- JULY 10, 24
- JUNE 4, 19
- AUGUST 7, 21

- SHC ATRIUM
- 300 PASTEUR DRIVE
- STANFORD, CA 94305

**REGISTER:** ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

Register for a skills check date and the online access code will be e-mailed to you from the AHA within 48 hours.

The American Heart Association’s (AHA) BLS–HCP Online Part 1 Course is accessible 24 hours a day as a flexible alternative to classroom training. Through case-based scenarios, interactive activities, and videos, this course teaches the concepts of both single-rescuer and team life support.

The online part 1 must be paired with a skills check, which includes hands-on practice and testing (Parts 2 and 3) with an AHA BLS instructor. Part 1 must be completed before the skills practice and testing. The skills check sessions are approximately 1 hour and will be held at the Life Support Training Center unless otherwise noted.

An AHA BLS–HCP course completion card will be issued upon successful completion of all three parts.

*Note: Latecomers will not be admitted (vital course information will be missed).
Advanced Cardiac Life Support (ACLS) Initial Certification Course

PREREQUISITES: VALID BLS−HCP CARD
EKG RHYTHM INTERPRETATION SKILLS
ACLS PHARMACOLOGY

FEE: $350.00 INCLUDES ACLS MANUAL, CPR/ECC HANDBOOK, AND ECG/PHARMACOLOGY WORKBOOK

CREDITS: 12 CA BRN CE HOURS− MUST ATTEND AND COMPLETE BOTH DAYS

LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

DATE/TIME: DAY 1: 8 AM – 5 PM (LUNCH INCLUDED)
DAY 2: 8 AM – 1 PM (NO LUNCH)
MAY 20 AND 21, 2015
JULY 15 AND 16, 2015

REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

This American Heart Association (AHA) course is an intensive two-day session designed for health-care providers who direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. Through lecture, video, and active participation in simulated cases, participants will enhance their skills in the diagnosis and treatment of cardiopulmonary arrest, acute arrhythmia, stroke, and acute coronary syndromes (ACS).

Day 1: BLS and ACLS survey, Science overview, Stroke, ACS, respiratory/airway management, pharmacology, ECG review, and skills practice stations
Day 2: Putting it All Together learning stations, megacode testing, and written test

COURSE CONTENT

• Basic Life Support (BLS) survey
• High-quality cardiopulmonary resuscitation (CPR)
• ACLS survey and algorithms
• Effective resuscitation team dynamics
• Immediate post-cardiac care

An AHA ACLS course completion card will be issued at the end of Day 2 upon successful completion of skills demonstration and written examination.

Advanced Cardiac Life Support (ACLS) Renewal/Update Course

PREREQUISITES: VALID BLS AND ACLS CARDS
EKG RHYTHM INTERPRETATION SKILLS
ACLS PHARMACOLOGY

FEE: $260.00 INCLUDES ACLS MANUAL AND CPR/ECC HANDBOOK

CREDITS: 6 CA BRN CE HOURS

LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

DATE/TIME: DAY 1: 9:00 AM – 5:00 PM (LUNCH INCLUDED)
MAY 6, 13, 27
JUNE 5, 10, 24
JULY 8, 22, 29
AUGUST 5, 12, 19

REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

This American Heart Association renewal/update course is designed for health-care providers who have already taken ACLS and direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. Through lecture, video, and active participation in simulated cases, participants will enhance their skills in the diagnosis and treatment of cardiopulmonary arrest, acute arrhythmia, stroke, and acute coronary syndromes (ACS).

COURSE CONTENT

• Basic Life Support (BLS) survey
• High quality cardiopulmonary resuscitation (CPR)
• ACLS survey and algorithms
• Effective resuscitation team dynamics
• Immediate post-cardiac care

An AHA ACLS course completion card will be issued at the end of the course upon successful completion of skills demonstration and written examination.

TO RENEW YOUR BLS*

OPTION 1
Renew BLS before the ACLS Renewal/Update course (8AM−9AM) or with the ACLS Skills Check: Go to the Stanford Center for Education website www.cecenter.stanfordhospital.com and register for the BLS skills check on the same date as your ACLS course. This BLS skills check time is reserved only for those taking the ACLS course. An access code will be e-mailed to you from the AHA within 48 hours once you register. Fee $22.00 for access code, skills check is free if taken same day as ACLS.

OPTION 2
Renew BLS on your own time: Go to the Stanford Center for Education website www.cecenter.stanfordhospital.com and register for the BLS skills check date of your choice. An access code will be e-mailed to you from the AHA within 48 hours once you register. Fee of $100.00 includes access code and skills check.

OPTION 3
Renew BLS in the classroom: Sign up for a four-hour BLS course at the Center for Education and Professional Development. Register online at www.cecenter.stanfordhospital.com. Fee $105.00; includes the 2010 student manual.

If you would like more information about these courses, please call 650-725-9938 or visit our website www.cecenter.stanfordhospital.com.

AHA Disclaimer:
“The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has development instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.”

*DUE TO AHA GUIDELINE CHANGES, BASIC LIFE SUPPORT (BLS) IS NO LONGER OFFERED DURING THE ACLS COURSE.
Advanced Cardiac Life Support (ACLS) HeartCode® Online plus Skills Check

**PREREQUISITES:** COMPUTER ACCESS AND A CURRENT EMAIL ADDRESS
**FEES:** $250.00 INCLUDES AHA HEARTCODE ONLINE ACCESS CODE AND SKILLS CHECK (ALLOW 8-10 HOURS TO COMPLETE THE ONLINE PORTION OF THIS COURSE PRIOR TO ATTENDING A SKILLS CHECK)
**CREDITS:** CE/CME/CEH HOURS AVAILABLE THROUGH AHA WEBSITE
**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
**SKILLS CHECK DATE/TIME:**
- 9:00 AM, ONCE FILLED UP, 10:00 AM WILL BE ADDED
- MAY 28
- JUNE 12, 25
- JULY 23
- AUGUST 20
**REGISTER:** ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

Register for a skills check date and the online access code will be e-mailed to you from the AHA within 48 hours.

**NOTE:** BLS NOT INCLUDED IN THIS COURSE—SEE PAGE 14 FOR BLS RENEWAL OPTIONS

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The American Heart Association HeartCode is a web-based, self-paced instructional program that uses eSimulation technology to allow students to assess and treat patients in virtual health-care settings. Students apply their knowledge to real-time decision making and skills development; debriefings and coaching are provided immediately after each simulation to facilitate learning.

The online portion of the course must be paired with a skills check, which includes hands-on practice and testing with an AHA ACLS instructor. The online portion must be completed prior to the skills practice and testing with a manikin. Skills sessions will take approximately 1-2 hours and will be held at the Life Support Training Center.

**ONLINE COURSE CONTENT**
- Key changes reflecting the 2010 AHA Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care
- Ten adult patient cases presented through eSimulation technology:
  - One BLS case
  - Seven cases representing cardiovascular, respiratory, and stroke emergencies
  - Two megacodes
- Recognition and early management of respiratory and cardiac arrest
- Recognition and early management of peri-arrest conditions such as symptomatic bradycardia
- Airway management
- Related pharmacology
- Management of acute coronary syndromes and stroke
- Effective communication as a member and leader of a resuscitation team

An AHA ACLS course completion card will be issued upon successful completion of the online cognitive portion and skills sessions.

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**STANFORD LIFE SUPPORT TRAINING CENTER SUMMER 2015 COURSE DATES**

<table>
<thead>
<tr>
<th></th>
<th>*ACLS Renewal 9AM-5PM (BLS skills check offered before class from 8AM-9AM)</th>
<th>*ACLS Initial 2 Day Class Day 1 8AM - 4PM Day 2 8AM- 1PM</th>
<th>**ACLS ONLINE and Skills Check (BLS Skills Check available after ACLS Skills Check) 1-2 Hour Sessions 9AM-11AM</th>
<th>*CPR- Basic Life Support for Healthcare Providers BLS Renewal 8AM-12PM</th>
<th>*BLS Initial Class 8AM-1PM</th>
<th>**BLS ONLINE and Skills Check 1 Hour Sessions 9AM-Noon</th>
</tr>
</thead>
<tbody>
<tr>
<td>May</td>
<td>6, 13, 27</td>
<td>20, 21</td>
<td>28</td>
<td>5, 12, 29</td>
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<td>8, 19</td>
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<td>June</td>
<td>5, 10, 24</td>
<td>12, 25</td>
<td>2, 9, 23, 26</td>
<td>15</td>
<td>4</td>
<td>19</td>
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<tr>
<td>July</td>
<td>8, 22, 29</td>
<td>15, 16</td>
<td>23</td>
<td>7, 14, 21, 28</td>
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<td>10, 24</td>
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<tr>
<td>August</td>
<td>5, 12, 19</td>
<td>20</td>
<td>4, 11, 28</td>
<td>14</td>
<td>7</td>
<td>21</td>
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</tbody>
</table>

* CLASSROOM BASED COURSE
** ONLINE LESSONS BLENDED WITH HANDS ON SKILLS SESSION

LOCATION FOR ALL CLASSES: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303. ALL COURSE DATES ARE SUBJECT TO CHANGE.

IF YOU WOULD LIKE MORE INFORMATION ABOUT THESE COURSES, PLEASE CALL 650-725-9938 OR VISIT OUR WEBSITE WWW.CECENTER.STANFORDHOSPITAL.COM.
## Life Support Training Center – Frequently Asked Questions

<table>
<thead>
<tr>
<th>QUESTION</th>
<th>ANSWER</th>
</tr>
</thead>
<tbody>
<tr>
<td>What is the cost of a BLS Course?</td>
<td>$105 includes course, includes 2010 BLS manual</td>
</tr>
<tr>
<td>What is the cost of a BLS Skills Check?</td>
<td>$100 includes American Heart Association access code for part 1 online, and a one hour skills check with an AHA instructor.</td>
</tr>
<tr>
<td>What is the cost of the ACLS Course?</td>
<td>Renewal/Update: $260 includes course and 2010 ACLS student manual &amp; ECC handbook Initial: $350 includes course and 2010 ACLS student manual, ECC handbook, and ECG/Pharmacology workbook</td>
</tr>
<tr>
<td>What is the cost of an ACLS Skills Check?</td>
<td>$250 includes American Heart Association online access code for part 1 and a one hour skills check with an AHA instructor.</td>
</tr>
</tbody>
</table>
| Do you offer CE's for ACLS and BLS Courses?                   | ACLS initial (2 days) – 12 CA BRN CE hours (must attend both days)  
ACLS renewal – 6 CA BRN CE hours  
ACLS online/skills check – CE/CME/CEH hours issued through AHA website  
BLS – No CE hours                                                                                                                                 |
| How do I get a CE Certificate upon completion of the class?   | CE Certificates will be available for printing after midnight following the ACLS class and will be active for 3 years after the class date.  
1. Go to www.cecenter.stanfordhospital.com  
2. Login following instructions  
3. Click “my Courses” tab at top of page and select course you want to print CE’s for  
4. Select green box CERTIFICATE to print certificate.                                                   |
| How do I register for a BLS or ACLS course?                   | Go to www.cecenter.stanfordhospital.com to view dates and to register.                                                                                                                                 |
| How do I register for a BLS or ACLS Skills Check?             | Go to www.cecenter.stanfordhospital.com to view dates and register. Once you have registered the online access code will be emailed to you from the AHA within 48 hours. |
| I’ve registered for a Skills Check and haven’t received my online access code – what do I do? | If you haven’t received your American Heart Association access code within 48 hours of registration please contact us at 650-723-6366.                                                                 |
| What time do the BLS initial and renewal courses start?       | 7:45 am Registration; 8:00 am start  
**Note:** Once class has started latecomers will not be permitted (vital course information will be missed)                                           |
| What time do the ACLS renewal courses start?                   | 8:45 am Registration; 9:00 am start  
**Note:** Once course has started latecomers will not be permitted (vital course information will be missed)                                           |
| What time does the ACLS initial course start?                  | Both days: 7:45 am Registration; 8:00 AM Start  
**Note:** Once course has started latecomers will not be permitted (vital course information will be missed)                                           |
| Where are the Life Support Training Center courses held?      | Courses are held at the SHC’s Center for Education: 1850 Embarcadero Rd, Palo Alto, CA 94303  
*(Note: Check your confirmation email or our website, occasionally BLS Skills checks are held in the SHC Atrium)*                                        |
| How can I tell if a course is full?                          | Check the website www.cecenter.stanfordhospital.com, it is updated daily.                                                                                                                                 |
| Do you offer BLS during ACLS renewal/update courses?          | No. For your convenience BLS skills checks are available before every ACLS renewal/update courses. To attend you must register for BLS skills check same date as ACLS course – access key will be mailed to you from AHA within 48 hours of registering. |
| What if I have never taken ACLS?                             | We offer the ACLS initial course. Prerequisites are a knowledge of EKG interpretation skills and cardiac pharmacology. These are not taught during the course.                                                |
| How do I get a basic knowledge of ECG interpretation and cardiac pharmacology? | When you register for the ACLS initial course a student manual, pocket guide, and ACLS ECG and pharmacology workbook will be mailed to you. Use these as your study guides. If you feel you need additional knowledge, visit the American Heart Association website www.onlineaha.org for computer based learning. The Stanford Center for Education and Professional Development offers these courses at various times throughout the year, check website for dates: www.cecenter.stanfordhospital.com |
| Do you offer PALS or NRPS?                                   | No, contact Lucile Packard Children’s Hospital at 650-497-8933 for more information                                                                                                                  |
| Do you offer ATLS?                                           | No, contact Stanford Hospital and Clinics Trauma Department at 650-723-7570 for more information                                                                                                     |
| Who can I call for further information regarding BLS and ACLS Classes and Skills Checks at Stanford? | Center for Education and Professional Development at 650-723-6366                                                                                                                                          |
All are invited

**NURSING GRAND ROUNDS**

**New 2015 dates!**
4th Tuesday of each month  
(excluding November & December)

**Time:** 3:30 – 4:30 pm  
(Registration & refreshments start at 3 pm)

**Fee:** Complimentary admission

**Location:** Lucile Packard Children’s Hospital Auditorium

**Credits:** CA BRN 1 CE hour  
($10.00 CE certificate–optional)

Nursing Grand Rounds provides a forum for nurses to share clinical expertise and experiences, nursing best practices and other topics of interest that help improve patient outcomes and enhance the patient experience.

**PROGRAM OBJECTIVES**
- Communicate new and emerging healthcare initiatives, such as hospital-specific, clinical, and strategic imperatives.
- Explore and disseminate how new healthcare issues, policies, and innovations are utilized through evidence-based delivery systems.
- Showcase nursing excellence through the presentation of clinical case studies.
- Translate the concepts of Stanford’s Professional Practice Model and Magnet ideals to the daily practice of nursing.
- Encourage professional development, energize the nursing workforce and promote clinical excellence.

All nurses and healthcare professionals are cordially invited to participate with your colleagues and help advance the professional practice of nursing through knowledge and experience sharing. If you have an interesting topic and/or a presenter which you feel might be appropriate for Nursing Grand Rounds, please submit your suggestion via email: NursingGrandRounds@stanfordhealthcare.org.
The Stanford Children’s Health and Stanford Health Care community is pleased to invite you to join us for

The 6th Annual
National Nursing Research Symposium

AN INTERPROFESSIONAL EXPLORATION OF TRANSITIONS IN HEALTH CARE

May 4, 2015

Keynote | TRANSITIONS IN HEALTH CARE: CHALLENGES AND OPPORTUNITIES
Afaf I. Meleis, PhD, DrPS (hon), FAAN
Department of Family and Community Health | University of Pennsylvania School of Nursing

For more information and to Register:
https://stanford.eventready.com/events/2015NursingResearchSymposium

The Center for Advanced Practice is pleased to announce:

Controlled Substances and Beyond: The Pain Puzzle, a Comprehensive Overview

June 4, 2015

Program Overview
The Center for Advanced Practice is proud to offer an advanced practice program focusing on the principles of pharmacology in relation to schedule II-V controlled substances. The course explores evaluation, treatment management and standardized procedures and protocols of controlled substances, with an emphasis on schedule 2. Additionally, the course will review the legal and prescribing aspects associated with management, as well as reviewing misuse, abuse, and drug diversion, and conclude with a review of ADHD medications. This is an all-day program with a spectacular advanced practice faculty.

For more information and to Register:
https://stanford.eventready.com/events/2015ControlledSubstance

Register online at www.cecenter.stanfordhospital.com
Employee Referral Program
Best of the Bunch, SHC Employee Referral Program, is still looking for great candidates to fill open positions throughout the health system. If you know someone you think is the ‘Best of the Bunch,’ refer them today. To view rules, search for positions, or to refer a friend, please visit http://www.stanfordreferrals.com.

Educational Assistance
We have a host of resources and programs to boost your professional growth. We offer education funds, tuition assistance, and scholarship programs to pursue personal passions and professional growth. In addition, SHC offers Continuing Education courses for nurses, leadership and computer courses for all employees, and American Heart Association (AHA) life support training courses for health care professionals.

Benefited employees that qualify for education assistance do not need to pay out of pocket if you take courses (and register online as a ‘Returning Customer’) at SHC’s Center for Education & Professional Development. To view courses or register, please visit www.cecetera.stanfordhospital.com.

Plan, Save, Retire
Understand your retirement and savings benefits or schedule time with a retirement planning consultant. For more information, please contact Transamerica at 800-755-5801 or go to: https://www.trsretire.com/webportal/shclpch/index.html
COFFEE AND TEA ARE PROVIDED THROUGHOUT THE DAY.

LUNCH IS INCLUDED IN MOST OF OUR COURSES.

IF YOU REQUIRE A SPECIAL DIET, PLEASE BRING YOUR OWN FOOD.
A REFRIGERATOR & MICROWAVE WILL BE AVAILABLE FOR YOUR CONVENIENCE IN OUR LOBBY AREA.

TO RESERVE THE MOTHER’S ROOM AT OUR LOCATION, PLEASE CALL THE FACILITIES SERVICES RESPONSE CENTER (FSRC) TO RESERVE AND GUARANTEE CONFIRMATION IN ADVANCE. PHONE FSRC @ 650-498-4400 (8-4400 INTERNALLY).

PLEASE NOTE: ONSITE PARKING IS LIMITED AND VALET SERVICES ARE AVAILABLE, HOWEVER, ALTERNATE TRANSPORTATION IS RECOMMENDED. TO VIEW ALTERNATE MODES OF TRANSPORTATION PALO ALTO TECH CENTER (PACT), PLEASE VISIT OUR WEBSITE WWW.CECENTER.STANFORDHOSPITAL.COM AND CLICK THE HYPERLINK ALTERNATE TRANSPORTATION TO PACT.

THANK YOU TO THOSE WHO SUPPORTED STANFORD UNIVERSITY SCHOOL OF NURSING OVER THE YEARS, AND WHO NOW SUPPORT NURSING CONTINUING EDUCATION.