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ONLINE REGISTRATION

- View our Summer 2014 Catalog at www.cecetera.stanfordhospital.com
- Click the online registration link.
- For first time login:
  - SHC/LPCH should login as Returning Customer
  - All others should choose New Customer to create a profile
- Search for the class you would like to attend
- Add it to your shopping cart
- Confirm your method of payment, which completes your registration
- A confirmation email reply will be generated after registration is complete

CANCELLATION POLICY

If a course is cancelled, the enrollee will be notified 2 weeks prior to the course and a full refund will be given.

Cancellation by the enrollee:
- Two weeks or more prior to the day of the course: Full refund, less the cost of course materials received.
- Less than 2 weeks prior to the day of the course: Refund less a $35 processing fee and the cost of materials received
- Less than 48 hours prior to the start time of the course: NO REFUND

TECHNICAL ASSISTANCE

For technical assistance with online registration, please contact the IT Help Desk at 650-723-3333.

Due to high call volume, voicemail messages will be answered within 2 business days if you leave a message on 650-723-6366. For a faster response, please email your questions, concerns, or requests to cecenter@stanfordmed.org. Emails are frequently checked throughout the business day.

Special Offerings for Professional Colleagues

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Board of Behavioral Sciences Continuing Education Credits

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CQ Style: The Intelligent Art of Working with People from Other Cultures  pg 20
Menopause: A Mind-Body Revolution  pg 20
From the Center for Education and Professional Development Team

Each year during the month of May, we celebrate Nurses Week. Nurses bring heart to patient-centered care, they put compassion in teaching, and they empower while leading. We salute all nurses when we say Thank You for your commitment to nursing excellence and for contributing to outstanding patient outcomes.

Happy National Nurses Week!
May 6–12, 2014

The Center for Education and Professional Development has settled into its new location at 1850 Embarcadero Road, Suite A, Palo Alto 94303. Our new learning environment was designed with you in mind. The classrooms provide more desk space, comfortable chairs, and the facility supports an advanced learning experience through our state of the art audio/visual technology. Our lobby area also serves as a lounge for students to network during breaks. If you have not been to our new location yet, we invite you to drop in to see our new facility or to attend one of our upcoming courses. New courses in our catalog include: Leading in Complex Environments: Building a Culture of Excellence and Shock: Pathophysiology, Assessment and Evidence Based Practice. We are also excited to bring back the popular course, 12-Lead ECG using 3-D Modeling, which provides a great hands-on approach to help you interpret 12-lead ECGs with confidence. Many nurses have felt more confident taking their CCRN certification exam after attending this amazing 2-day course.

We have also launched our new online registration system, which has made the registration process quicker and more convenient to navigate and search for courses. We look forward to providing you with improved service through our new registration system and at our new location. We appreciate your commitment to continuing education over the years.

SAVE THE DATE!

CCRN CERTIFICATION REVIEW DATES
October 15, 22 & 29

ADVANCED PRACTICE PROVIDER CONFERENCE
Fall 2014

NURSE EXECUTIVE/NURSE EXECUTIVE-ADVANCED REVIEW WORKSHOP
November 6 & 7

ONLINE CATALOG
All of the programs found in our printed catalog can be found online at our website: www.cecenter.stanfordhospital.com

QUESTIONS, COMMENTS, OR RECOMMENDATIONS
E-mail us at cecenter@stanfordmed.org

FIND US ON FACEBOOK:
facebook.com/StanfordCenterforEducation

THE CENTER FOR EDUCATION AND PROFESSIONAL DEVELOPMENT IS GOING GREEN!
Look for the symbol in the course description for classes with an online syllabus. Registered participants will receive an email notification with viewing instructions prior to the course. The syllabus will be posted on the website for up to 3 months after the date of the course.
TNCC is a two-day course designed to provide core level trauma knowledge and psychomotor skills associated with the delivery of professional nursing care to the trauma patient. Content is presented through lectures and skills stations. Upon successful completion of the course, including written exams and skills validation, each participant will receive a TNCC verification card valid for four years.

**Program Content**
- Trauma Nursing Core Course and trauma nursing
- Initial assessment
- Airway and ventilation
- Shock
- Brain and cranial trauma
- Ocular, maxillofacial, and neck trauma
- Thoracic trauma
- Abdominal trauma
- Spinal cord and vertebral column trauma
- Musculoskeletal trauma
- Surface and burn trauma
- Special Populations: pregnant, pediatric, older adults
- Disaster management
- Psychosocial aspects of trauma
- Transition of care for the trauma patient

**Skills Stations**
- Airway and ventilation
- Spinal protection, helmet removal and splinting
- Trauma nursing process

**Faculty from Stanford Hospital & Clinics**
- Denise Greici Robinson, MS, RN, Emergency Department Unit Educator
- Joann Schumaker-Watt, RN, Trauma ICU Educator
- Additional experts from Stanford Hospital & Clinics

**Course Coordinator from Stanford Hospital & Clinics**
- Michelle (Shelly) Woodfall, MS, RN, CEN, CCRN

**Adult Critical Care Series: Cardiac Dysfunction**

**Dates:** Thursday, May 8 & Friday, May 9, 2014

**Future Dates:**
- Thursday, September 18 & Friday, September 19, 2014

**Time:** 8:00 AM – 4:30 PM

**Fees:** $350.00 (Lunch Included)

**Location:** 1850 Eucalyptus Road, Palo Alto, CA 94303

**CREDITS:** TNCC ( pháé Nob Ce Contact Hours)

**Course Content** addresses care of the cardiac patient across the continuum. Acute cardiac disease such as myocardial infarction is discussed as are the long term consequences of dysrhythmias, heart failure and cardiogenic shock. Current pharmacologic management, interventional techniques as well as the role for implanted left ventricular assist devices will be detailed.

See page 13 for a description of the complete Adult Critical Care Series.

**Course Coordinators from Stanford Hospital & Clinics**
- Mary E. Lough, PhD, RN, CNS, CCRN, CNRN, CCNS, Critical Care Clinical Nurse Specialist, Medical/Surgical Trauma ICU
- Julie A. Shinn, RN, MA, CNS, CCRN, FAHA, FAAN, Cardiovascular Clinical Nurse Specialist

**Geriatric Care Series Session III—Hospital Care of Older Adults**

**Dates:** Thursday, May 15, 2014

**Time:** 8:00 AM – 3:30 PM

**Fees:** $159.00 (Lunch Included)

**Location:** 1850 Eucalyptus Road, Palo Alto, CA 94303

**CREDITS:** CA BRN 6.25 CE HOURS

**Course Content**

The growing number of older hospitalized patients presents special challenges to the nurses providing their care. This ongoing series is designated to enhance the nurse’s knowledge of evidence-based care of the hospitalized older adult. The curriculum is based on the NICHE (Nurses Improving Care for Healthsystem Elders) model of care, which was developed by the Hartford Institute of Geriatric Nursing and NYU College of Nursing. The program is supported by Aging Adult Services (AAS) and Geriatric Medical Services at Stanford Hospital & Clinics. Each session of the three-part series will cover different topics. Participants may take one, two, or all three classes and in any order. Registered Nurses who complete the three sessions will gain more knowledge and confidence in preparation for the American Nurse Credentialing Center Certification exam as a Gerontological Nurse.

**Program Objectives**
- Identify risk factors and prevention strategies for alcohol and substance abuse
- Describe the etiology and risk factors that contribute to pressure ulcers
- Discuss the impact of urinary incontinence on an older adult’s quality of life
- Identify strategies that promote alternatives to restraints
- Develop a care plan to mitigate fall risk
- Describe strategies for maintaining optimal glucose control and minimizing side effects
- Discuss end of life issues in the elderly

**Faculty**
- Deborah Bolding, MS, OTR/L, Occupational Therapist, Stanford Hospital and Clinics
- Anne Klevay, MSN, RN, PMH, CNS-BC, Clinical Nurse Specialist, Psychiatry, Stanford Hospital and Clinics
- Colleen Vega, RN, CNS, Clinical Nurse Specialist, Palliative Care Services, Stanford Hospital and Clinics
- Robinetta Wheeler, PhD, RN, CWOCN, FCN, NE-BC, Patient Care Manager, Wound and Ostomy, Stanford Hospital and Clinics

**Course Coordinator**
- Diana De La Cruz, MSN, RN, CNS, Clinical Nurse Specialist, Geriatric Specialty, Aging Adult Services, Stanford Hospital and Clinics
Too Fast or Too Slow? Managing the Secondary Diagnosis: Arrhythmia

DATE: FRIDAY, MAY 16, 2014
TIME: 8:00 AM – 3:30 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 6 CE HOURS
ANCC 6 CONTACT HOURS

The non-cardiac patient may develop arrhythmias that can be discovered in the in-patient or out-patient setting. This course will aim to review the diagnosis and management of the most common arrhythmias that may be discovered by generalists and treated as a secondary diagnosis: atrial fibrillation and bradyarrhythmias. This course is designed for nurses and allied health professionals who would like to increase their competency in recognizing and managing common arrhythmias, understanding the rationale for treatment strategies, and understanding when referral to cardiology or electrophysiology may be indicated.

PROGRAM OBJECTIVES

• Describe the pathophysiology of, classification of, and evidence-based management strategies for atrial fibrillation
• Differentiate between atrial fibrillation and other types of atrial arrhythmias
• Differentiate between types of bradyarrhythmias and their treatment strategies
• Define the evidence-based indications for device-based therapy (pacemakers and implanted defibrillators)
• Describe the types of arrhythmia monitoring devices for out-patient diagnosis
• Describe the criteria for cardiology or electrophysiology consultation

FACULTY FROM STANFORD HOSPITAL & CLINICS

TRICIA BRITT, MSN, RN, ACNS-BC, is the Clinical Nurse Specialist for B3 Medicine Intermediate ICU and C3 General Medicine. She has worked in Austin, Texas as a cardiac nurse for 13 years and a Clinical Nurse Specialist in Electrophysiology and Cardiology for 8 years before coming to Stanford Hospital & Clinics. She has extensive experience in both staff and patient education with an emphasis on practical application of cardiovascular concepts.

Adult Critical Care Series: Metabolic Dysfunction

DATE: FRIDAY, MAY 30, 2014
TIME: 8:00 AM – 3:30 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN TBD CE HOURS
ANCC TBD CONTACT HOURS

Course content will cover the interconnected endothelial and hormonal pathways that exist in endocrine disorders, shock states, infectious disease and acute abdominal organ dysfunction. Case studies are used to explore the impact on specific organ systems and discuss related treatment options.

See page 13 for a description of the complete Adult Critical Care Series.

COURSE COORDINATORS FROM STANFORD HOSPITAL & CLINICS

MARY E. LOUGH, PHD, RN, CNS, CCRN, CNRN, CCNS, Critical Care Clinical Nurse Specialist, Medical/Surgical Trauma ICU
JULIE A. SHINN, RN, MA, CNS, CCRN, FAHA, FAAN, Cardiovascular Clinical Nurse Specialist

Having Hard Conversations

DATE: TUESDAY, JUNE 3, 2014
TIME: 8:00 AM – 3:30 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 6.25 CE HOURS
ANCC 6.25 CONTACT HOURS
BBS 6.25 CE HOURS

We often come up against situations where difficult topics must be addressed in our professional work with colleagues, healthcare teams, patients and families. What do we know about the best strategies for those moments? What questions should we be asking ourselves before we speak, and what environments are best for when we do speak? Based on research around conflict and interpersonal communications, this interactive session will provide participants with action plans and scripting tools for having those necessary hard conversations.

The agenda will include individual case studies and interactive experiential activities. By the end of day, participants will leave with plans, scripts, and tips for having more humane, growth-producing hard conversations.

PROGRAM OBJECTIVES

• Identify individual and organization tensions about expressing concerns
• Prepare thought-provoking questions one needs to ask before having a hard conversation
• Formulate goals for conversations and work through an action plan format
• Produce and receive feedback as you prepare scripts for conversations
• Identify the best “what, where & whens” for productive discussions

FACULTY

JENNIFER ABRAMS is a communications consultant who trains, coaches and supports educators, administrators, hospital employees, nurses and managers in schools, hospitals and companies world-wide. She is currently working across sectors, including the healthcare field, in the areas of supervision and evaluation, having hard conversations, being generationally savvy and leadership development.
12 Lead ECG Interpretation Using 3D Modeling

**DATES:** WEDNESDAY, JUNE 11 & THURSDAY, JUNE 12, 2014

**TIME:** 8:00 AM – 3:30 PM

**FEE:** $300.00 (LUNCH INCLUDED)

**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**CREDITS:** CA BRN 12 CE HOURS

YOUR 2-DAY ATTENDANCE IS REQUIRED FOR MAXIMUM CONTENT UNDERSTANDING AND TO RECEIVE BRN CREDIT. PER BRN, PARTIAL CREDIT CANNOT BE AWARDED FOR ONE DAY.

**DATE:** FRIDAY, JUNE 20, 2014

**TIME:** 8:00 AM – 3:30 PM

**FEE:** $159.00 (LUNCH INCLUDED)

**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**CREDITS:** CA BRN 6.25 CE HOURS

**PROGRAM OBJECTIVES**
- Identify components and function of the conduction system
- Calculate heart rate using consecutive R-waves
- Identify electrode placement for three and five lead systems
- Articulate the salient characteristics that distinguish essential arrhythmias
- Discuss appropriate pharmacologic interventions

**FACULTY**

**Joan Mersch, MS, RN,** has over 40 years of experience as a nurse educator in the area of cardiovascular medicine. She was the Patient Care Manager for Stanford Hospital & Clinic’s Coronary Care Unit/Cardiac Surveillance Unit for 35 years. She has authored chapters in textbooks, such as, *Critical Care Nursing and Advances in Cardiovascular Nursing.* One of her publications includes “Review: Improving Your Skills in 12-Lead ECG Interpretation” *Progress in Cardiovascular Nursing.* Joan currently works as adjunct faculty for the University of San Francisco, School of Nursing & Healthcare Professions, mentoring and developing nurses of the future.

Leading in Complex Environments: Building a Culture of Excellence

**DATE:** TUESDAY, JUNE 24, 2014

**TIME:** 8:30AM – 3:30 PM

**FEE:** $159 (LUNCH INCLUDED)

**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**CREDITS:** CA BRN 6.25 CE HOURS

**ANCC 6.25 CONTACT HOURS**

A leader’s work is emotionally and psychologically demanding. One’s ability to be both intra-personally and inter-personally intelligent is essential for meeting the challenges of the day-to-day work in hospitals and other clinical work environments. This workshop will assist leaders at all levels in developing their self-awareness and interpersonal skill set so they are better able to successfully guide others through the complex evolving needs of their unit, department or clinic. Participants will have an opportunity to apply learned strategies and resources to their own work setting and learn from others throughout the workshop.

**PROGRAM OBJECTIVES**
- Identify additional internal resources which work effectively with one’s emotions and learn how to support others in doing the same
- Develop an increased understanding of one’s filters of perception with regards to gender, generation, culture, etc.
- Identify techniques for building a sense of increased optimism and resilience in oneself and others
- Recognize steps on how to increase flexibility and confidence in managing oneself in interpersonal interactions
- Examine how to be more linguistically savvy during moments of conflict

**FACULTY**

**Jennifer Abrams** is a communications consultant who trains, coaches and supports educators, administrators, hospital employees, nurses and managers in schools, hospitals and companies world-wide. She is currently working across sectors, including the health care field, in the areas of supervision and evaluation, having hard conversations, being generationally savvy and leadership development.
Sepsis Updates 2014: It’s Serious, Common and Deadly

DATE: WEDNESDAY, JULY 16, 2014
TIME: 8:00 AM – 3:30 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 6.25 CE HOURS

This program provides evidence-based information and tools for medical/surgical, critical care, and emergency room nurses caring for septic patients. Septic states develop due to an evolving inflammatory, immune response to bacterial, viral, fungal, or parasitic infections. It is common and often leads to lengthy hospitalizations and mortality.

Every year, severe sepsis strikes about 750,000 Americans, and it’s estimated that 30–50 percent of these people die. By 2020 it is projected that there will be 1 million cases per year in the U.S.

A definition of sepsis has emerged that allows clinicians to approach sepsis as a continuum of clinical events. Evidence has shown when diagnosed promptly and adequately treated, the negative outcomes of sepsis can be reduced.

PROGRAM OBJECTIVES
• Describe best practice updates new for 2014
• Recognize sepsis early in at risk patients
• Identify key clinical indicators for more effective management
• Compare assessment findings with patients at increased risk for sepsis
• Differentiate between interventions and care for severe sepsis and septic shock
• Apply management of hospital acquired sepsis
• Formulate open discussion of literature and cutting-edge evidence
• Explain emerging evidence on key sepsis care issues regarding use of fluids and lactates
• Identify key nursing considerations for high-risk populations such as transplant and end stage high risk medicine and oncology

GUEST FACULTY
MARTIE MATTSON, MSN, RN, CNS, CCRN, is a sepsis and critical care consultant, educator, and Integrated Nurse Leadership Program (INLP) consultant for UCSF Center for Health Professions. Widely published, she is also an assistant clinical professor of physiological nursing at UCSF.

FACULTY FROM STANFORD HOSPITAL & CLINICS
TRICIA BRITT, MSN, RN, ACNS-BC, is the Clinical Nurse Specialist for B3 Medicine Intermediate ICU and C3 General Medicine
JANETTE V. MORENO, MSN, RN, CCRN, Patient Care Services Clinical Practice Coordinator

COURSE COORDINATOR
LYNN M. FORSEY, PHD, RN, has been program director—nurse scientist at Stanford Hospital & Clinics since October 2008. Her current research interests include the exploration of methods and systems for identifying clinical deterioration in acute hospital patients.

Understanding Benner’s Domains of Practice & Reviewing Exemplars

DATE: THURSDAY, JULY 17, 2014
TIME: 8:00 AM – 12:00 PM
FEE: COMPLIMENTARY TO STANFORD & LUCILE PACKARD NURSES
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN TBD CE HOURS ($10.00 CE CERTIFICATE – OPTIONAL)

Become well-versed in Benner’s Seven Major Domains of Practice, including Therapeutic Relationships, Patient Teaching, and Therapeutic Intervention. Learn about Stages of Skills Acquisition by reviewing levels of competencies that distinguish a competent, proficient, and expert nurse. Hear more about Benner’s From Novice to Expert, a model that describes the development and acquisition of knowledge and skills as a nurse progresses through various stages of experience. This class will clarify your understanding of exemplars, which are detailed accounts or stories of powerful experiences—ones that may stand out because the situation may have changed a nurse’s practice or their perception. Examples of nursing exemplars will be read, reviewed, and discussed in the context of the Benner model.

PROGRAM OBJECTIVES
• Describe Benner’s various levels of skills acquisition for health care professionals
• Compare the expectations for nursing practice as outlined in the California Nursing Practice Act
• Identify Benner’s Domains of Practice in an exemplar
• Explain the application of Benner’s model to the professional growth and development of nurses
• Select the appropriate forms required for promotion
• Apply Benner’s domains of practice and model in your nursing practice

FACULTY FROM STANFORD HOSPITAL & CLINICS
COURSE COORDINATOR FROM STANFORD HOSPITAL & CLINICS
GINGER SELL MS, RN, CNS, Nursing Professional Development Specialist

Anatomy of an Exemplar

DATE: THURSDAY, JULY 17, 2014
TIME: 1:00 PM – 4:30 PM
FEE: COMPLIMENTARY TO STANFORD & LUCILE PACKARD NURSES
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN TBD CE HOURS ($10.00 CE CERTIFICATE – OPTIONAL)

Nurses have a number of memorable stories about a situation or experience that influenced their perception or transformed their nursing practice. The storyline usually revolves around a compassionate and caring nurse whose therapeutic intervention improved patient outcomes or saved a life. This course will help you understand how to transform your diagnostic and monitoring expertise into a well written exemplar. Please bring an outline to class of your most memorable nursing moments. Along with your peers, we’ll work together to storyboard your ideas.

PROGRAM OBJECTIVES
• Deliberately create a friendly supportive atmosphere to be able to write about your work
• Identify the depth and value of your work
• Construct and revise exemplars
• Identify situations that make for a great exemplar
• Compose an exemplar in class, or at minimum, an outline of one so you can begin the same steps for writing your next story
• Find your creative talent; for some of you, it may be the beginning of a new hobby.
• Describe the Benner principles in your exemplars

FACULTY FROM STANFORD HOSPITAL & CLINICS
COURSE COORDINATORS FROM STANFORD HOSPITAL & CLINICS
GINGER SELL MS, RN, CNS, Nursing Professional Development Specialist
A timely topic for any nurse, this program will guide you through a review of government and the law, the nurse and the judicial system, professional negligence, and professional practice issues. In the busy practice environment, laws that guide and define practice are forgotten but a working knowledge of the law is imperative to professional practice and supports a credible defense of that practice. This program will review the overall civil litigation process, and identify strategies to protect the nurse in today’s practice environment. Although laws and rules are set down by various government bodies and exist to protect the health and safety of society by their very nature they intertwine with nursing practice.

Reviewing the legal system, legal terminology, negligence and practice issues will help expand your awareness of maintaining a working knowledge of the legal system and how this protects and impacts a nurse’s professional practice.

**PROGRAM OBJECTIVES**
- Discuss the nurse and the legal system
- Describe the overall civil litigation process
- Define elements of nursing negligence
- Differentiate general nursing issues and factors that contribute to litigation
- Identify specific nursing negligence issues
- Identify strategies to assist the registered nurse in prevention of professional negligence

**FACULTY**
**VIRGINIA “GINNY” WILSON, MSN, RN, PHDcn**
NEA-Bc, NEBC, has been in practice for 39 years as an RN with experiences at multiple levels of nursing leadership in healthcare organizations and leadership roles including: educator, consultant, and care provider with a focus in emergency nursing. She is an experienced national speaker for nursing leadership programs and a featured speaker for ANCC for the past eight years. She has been published in peer reviewed journals and texts and has developed and been faculty for continuing education modules in nursing leadership in multiple presentation venues. Her research interests include leadership development and succession planning in healthcare organizations.

Ginny has held faculty positions at the Assistant Professor level in various universities and colleges in New Jersey and Pennsylvania. She teaches across multiple curriculum levels specializing in leadership development topics, legal issues in health care, health care policy, and the business of healthcare.

**How Healthy is Your Nursing Practice? Legal Issues in Healthcare©**

**DATE:** FRIDAY, JULY 18, 2014
**TIME:** 8:30 AM – 4:30 PM
**FEE:** $159 (LUNCH INCLUDED)
**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
**CREDITS:** CA BRN 7 CE HOURS ANCC 7 CONTACT HOURS

This two day intense progressive care review course is intended for nurses who are planning to take the AACN-PCCN certification exam or who would like a clinical practice review. The lectures and time allotment are based on the 2013 PCCN exam blueprint and will cover all body systems, physiology, pathophysiology, assessment strategies and treatment options for medical and surgical progressive care patients. This course will benefit those who have progressive care experience and need/want a clinical update and review of the latest and best practice and those who have studied and need/want a final review prior to taking the PCCN certification exam. This seminar is recommended for nurses with at least one year of progressive care experience.

**PROGRAM OBJECTIVES**
- Identify common progressive care needs of patients with single and multi-system organ abnormalities.
- Identify assessment strategies and treatment options for common acute care problems.
- Describe pathophysiology and pharmacological management for single and multi-system dysfunction.
- Explain the AACN synergy model of caring.
- Discuss the blueprint for the PCCN certification exam.

**FACULTY**
**CAROL A. RAUEN, MS, RN, CCNS, CCRN, PCCN, CEN, RN-BC, has over thirty years of experience in critical care and is a nationally recognized speaker. Carol currently is an independent Clinical Nurse Specialist and Education Consultant. Prior to this role she was at Georgetown University Medical Center and School of Nursing for twelve years. She works clinically in the Emergency department at Outer Banks Hospital in North Carolina. Carol serves on the editorial boards of both Critical Care Nurse and Advanced Critical Care. She has presented at the AACN National Teaching Institute for the last twenty years. Carol received her CCRN certification in 1985 and has maintained certification since that time. She received her CCNS certification in 2003, CEN in 2011, PCCN in 2006 and her Gerontological Nursing Certification in 2013.**

**Shock: Pathophysiology, Assessment and Evidence Based Practice**

**DATE:** TUESDAY, JULY 22, 2014
**TIME:** 8:00 AM – 3:30 PM
**FEE:** $159 (LUNCH INCLUDED)
**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
**CREDITS:** CA BRN 6 CE HOURS ANCC 6 CONTACT HOURS

Acute and critical care nurses care for patients at risk for shock every day. Knowledge of the classifications, pathophysiology, assessment and treatment options are essential for all hospital nurses. This session will review these topics and also the stages of shock. The current Evidence-Based practice (EBP) guidelines for each type of shock will be discussed, including the 2013 Surviving Sepsis Campaign Guidelines, 2013 STEMI and Heart Failure AHA recommendations. The recent updates to the guidelines and the nursing care concerns will be discussed. Using case studies, discussion, lecture and critical thinking exercises the physiology and acute care challenges for shock patients and the nursing implications will be reviewed.

**PROGRAM OBJECTIVES**
- Describe three classifications for shock and an etiology for each
- Differentiate compensatory from decompensatory shock
- Discuss how cellular mediators are both good and evil at the same time
- Identify the strongest levels of evidence in an EBP guideline
- List one EBP recommendation for each of the five classifications for shock

**FACULTY**
**CAROL A. RAUEN, MS, RN, CCNS, CCRN, PCCN, CEN, RN-BC**
has over thirty years of experience in critical care and is a nationally recognized speaker. Carol currently is an independent Clinical Nurse Specialist and Education Consultant. Prior to this role she was at Georgetown University Medical Center and School of Nursing for twelve years. She works clinically in the Emergency department at Outer Banks Hospital in North Carolina. Carol serves on the editorial boards of both Critical Care Nurse and Advanced Critical Care. She has presented at the AACN National Teaching Institute for the last twenty years. Carol received her CCRN certification in 1985 and has maintained certification since that time. She received her CCNS certification in 2003, CEN in 2011, PCCN in 2006 and her Gerontological Nursing Certification in 2013.

**Progressive Care Certified Nurse (PCCN) Certification Review**

**DATE:** DAY 1 – WEDNESDAY, JULY 23, 2014
**TIME:** 8:00 AM – 4:30 PM
**FEE:** $159/DAY (LUNCH INCLUDED)
**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
**CREDITS:** CA BRN 7.25 CE HOURS/ DAY ANCC 7.25 CONTACT HOURS/ DAY

**YOU MAY REGISTER FOR ONE OR BOTH DAYS; HOWEVER, ATTENDANCE FOR BOTH DAYS IS ENCOURAGED FOR MAXIMUM CONTENT UNDERSTANDING.**

**PLEASE NOTE: YOU WILL NEED TO REGISTER FOR EACH DAY INDIVIDUALLY.**

This two day intense progressive care review course is intended for nurses who are planning to take the AACN-PCCN certification exam or who would like a clinical practice review. The lectures and time allotment are based on the 2013 PCCN exam blueprint and will cover all body systems, physiology, pathophysiology, assessment strategies and treatment options for medical and surgical progressive care patients. This course will benefit those who have progressive care experience and need/want a clinical update and review of the latest and best practice and those who have studied and need/want a final review prior to taking the PCCN certification exam. This seminar is recommended for nurses with at least one year of progressive care experience.

**PROGRAM OBJECTIVES**
- Identify common progressive care needs of patients with single and multi-system organ abnormalities.
- Identify assessment strategies and treatment options for common acute care problems.
- Describe pathophysiology and pharmacological management for single and multi-system dysfunction.
- Explain the AACN synergy model of caring.
- Discuss the blueprint for the PCCN certification exam.

**FACULTY**
**CAROL A. RAUEN, MS, RN, CCNS, CCRN, PCCN, CEN, RN-BC**
has over thirty years of experience in critical care and is a nationally recognized speaker. Carol currently is an independent Clinical Nurse Specialist and Education Consultant. Prior to this role she was at Georgetown University Medical Center and School of Nursing for twelve years. She works clinically in the Emergency department at Outer Banks Hospital in North Carolina. Carol serves on the editorial boards of both Critical Care Nurse and Advanced Critical Care. She has presented at the AACN National Teaching Institute for the last twenty years. Carol received her CCRN certification in 1985 and has maintained certification since that time. She received her CCNS certification in 2003, CEN in 2011, PCCN in 2006 and her Gerontological Nursing Certification in 2013.
Making the Most of Your Community Service:
Foundations for Community Engagement

DATE: TUESDAY, AUGUST 5, 2014
TIME: 8:00 AM – 3:15 PM
FEE: COMPLIMENTARY
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: BRN 6 CE HOURS ($20.00 CE CERTIFICATE – OPTIONAL)
BBS 6 CE HOURS ($20.00 CE CERTIFICATE – OPTIONAL)
SUPPORTED BY A GRANT FROM STANFORD HOSPITAL & CLINICS COMMUNITY PARTNERSHIP PROGRAM

Research increasingly points to economic, social and environmental influences on poor health. These factors disproportionately affect ethnic minority and other underserved communities, resulting in health disparities in our local communities. In order to address these factors and improve population health, nurses and other providers must have the skills to engage effectively with communities. This training provides the background, knowledge and skills necessary to engage effectively and ethically with communities, and offers participants options and resources for pursuing meaningful community engagement.

PROGRAM OBJECTIVES
- Identify the medically underserved
- Discuss how our health needs are met
- Describe social and economic factors which impact health
- Define how each of us contributes to improving the health of local communities
- Describe the difference between community engagement and volunteerism
- Define personal goals and plans for service

COURSE COORDINATOR
SHARON KEATING-BEAUREGARD, MS, SHC Executive Director, Community Partnerships - Government and Community Relations

FACULTY AND STAFF FROM THE OFFICE OF COMMUNITY HEALTH, STANFORD UNIVERSITY SCHOOL OF MEDICINE
ANN BANCOFF, MSW, MPH, Program Director
JILL EVANS, MPH, Research Program Director
EVELYN HO, MPH, Program Manager
RHONDA MCCLINTON-BROWN, MPH, Executive Director
MARILYN WINKLEBY, PhD, MPH, Faculty Advisor

Essentials in ECG Rhythms

DATE: WEDNESDAY, AUGUST 6, 2014
TIME: 8:00 AM– 3:30 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: BRN 6.25 CE HOURS
ANCC 6.25 CONTACT HOURS

This course is designed for the nurse currently working in a monitored unit. Upon completion, the student will have a working knowledge of the heart and the conduction system. The student will recognize rhythms seen on monitored units, calculate heart rate, place electrodes for monitoring, and identify appropriate drug interventions.

PROGRAM OBJECTIVES
- Identify components and function of the conduction system
- Calculate heart rate using consecutive R-waves
- Identify electrode placement for three and five lead systems
- Articulate the salient characteristics that distinguish essential arrhythmias
- Discuss appropriate pharmacologic interventions

FACULTY
JOAN MERSCH, MS, RN, has over 40 years of experience as a nurse educator in the area of cardiovascular medicine. She was the Patient Care Manager for Stanford Hospital & Clinic’s Coronary Care Unit/Cardiac Surveillance Unit for 35 years. She has authored chapters in textbooks, such as, “Critical Care Nursing and Advances in Cardiovascular Nursing.” One of her publications includes “Review: Improving Your Skills in 12-Lead ECG Interpretation” Progress in Cardiovascular Nursing. Joan currently works as adjunct faculty for the University of San Francisco, School of Nursing & Healthcare Professions, mentoring and developing nurses of the future.

From Ordinary to Innovative: Enhance Your Information Literacy

DATE: WEDNESDAY, AUGUST 13, 2014
TIME: 8:00 AM – 4:00 PM
FEE: $159 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 7 CE HOURS
ANCC 7 CONTACT HOURS

What is the latest and greatest? Am I in the “Know”? How do I get accurate trusted information for patient care? Do I have gaps in knowledge or practice? What is the Gold Standard?

If you want to bring ongoing excellence to the bedside and apply new knowledge, then From Ordinary to Innovative is the course for you. The course will explore resources, tools, and information on the Stanford Intranet, Lane Library and databases. The class will describe and engage the process of Evidence Based Practice. From formulation of PICO question that guides your search, to researching supportive literature and appraisal of relevant articles, this class will prepare you to tackle the challenges of developing and delivering top notch care in a constantly changing environment. The course will be informative, interactive and hands-on as each student will engage with the concepts of EBP and PICO question immediately as well as computer searching the data bases and information sites with guidance from the Research Council teaching team.

PREREQUISITES: HIGHLY RECOMMENDED THAT STUDENTS OBTAIN SUNET ID PRIOR TO CLASS (TIP SHEET FORM OBTAINING SUNET ID WILL BE SENT TO ENROLLEES); READ 1-2 RESEARCH ARTICLES THAT WILL BE PROVIDED (WILL BE SENT TO ENROLLEES); AND HAVE AN AREA THEY ARE INTERESTED IN RESEARCHING. THE COURSE WILL GUIDE STUDENT TO FORMULATE THE QUESTION AND A SEARCH STRATEGY.
PROGRAM OBJECTIVES

- Identify the principles of evidence based practice, the process of applying them to specific bedside problems, and use curiosity in approaching solutions.
- Define PICO question, delineate the steps in creating a PICO question and how this process initiates the problem-solving of actual challenges encountered at the bedside.
- Define and locate databases and how to use this search tool to gather data that refines the question and leads to potential interventions.
- Develop initial steps toward critique of research literature, appraisal tools available, and the process determining the validity and relevance to your area of inquiry.
- Strategize about potential implementation and evaluation, recognition of challenges, benefits and implications of practice change.

FACULTY FROM STANFORD HOSPITAL & CLINICS

LYNN FORSEY, PHD, RN, Nurse Scientist, Research Council Advisor
JOVY BORJA, BSN, RN, Clinical Nurse, Research Council Chair
MARILYN TINSLY, Research Services Librarian, Lane Library
ANNE KLEVAY, RN, MSN, PMHCNS-BC, Clinical Nurse Specialist in Psychiatry
SHARON BUTLER, MSN, RN, Clinical Nurse, Research Council Member

MEMBERS OF THE RESEARCH COUNCIL

Computer Courses

Microsoft Office 2010
LOCATION: 1850 EMBARCADERO ROAD
PALO ALTO, CA 94303

Microsoft Office PowerPoint 2010: Level 1
DATE: WEDNESDAY, JUNE 4, 2014
TIME: 9:00AM – 4:30PM
FEE: $250.00 (INCLUDES LUNCH & TEXTBOOK)

Explore the PowerPoint 2010 interface. Create a presentation. Format text on slides. Add graphical objects on slides. Add charts and tables to a presentation. Prepare to deliver a presentation.

Microsoft Office Outlook 2010: Level 1
DATE: THURSDAY, JULY 10, 2014
TIMES: 9:00AM – 12:15PM OR 1:15PM – 4:30PM
FEE: $150.00 (INCLUDES TEXTBOOK – LUNCH NOT PROVIDED FOR THIS CLASS)

Explore the Outlook 2010 interface. Compose, send, and respond to email messages. Manage contacts and contact information. Schedule appointments. Schedule a meeting.

Microsoft Office PowerPoint 2010: Level 2
DATE: WEDNESDAY, JUNE 11, 2014
TIME: 9:00AM – 4:30PM
FEE: $250.00 (INCLUDES LUNCH & TEXTBOOK)

Customize the PowerPoint environment. Customize a design template. Add SmartArt graphics to a presentation. Add special effects to a presentation. Customize a slide show. Distribute a presentation.

Microsoft Office Word 2010: Level 1
DATE: TUESDAY, AUGUST 5, 2014
TIMES: 9:00AM – 4:30PM
FEE: $250.00 (INCLUDES TEXTBOOK & LUNCH)


Microsoft Office Excel 2010: Level 3
DATE: TUESDAY, JULY 8, 2014
TIMES: 9:00AM – 4:30PM
FEE: $250.00 (INCLUDES LUNCH & TEXTBOOK)

Enhance productivity by streamlining the workflow. Collaborate with other workbook users. Audit worksheets. Analyze data. Work with multiple workbooks. Import and export data. Integrate Excel data with the web.

Microsoft Office Excel 2010: Level 1
DATE: THURSDAY, AUGUST 7, 2014
TIMES: 9:00AM – 4:30PM
FEE: $250.00 (INCLUDES TEXTBOOK & LUNCH)

24th ANNUAL
TRAUMA SYMPOSIUM

A Joint Collaboration Between Stanford Hospital & Clinics and Santa Clara Valley Medical Center

This year, Santa Clara County’s Level 1 Trauma Centers, Stanford Hospital & Clinics and Santa Clara Valley Medical Center, join efforts to provide this exciting 1½ day Trauma Symposium!

Our faculty are in active practice who deliver quality specialized care to the injured patient. Twenty four hours a day, seven days a week, they are challenged by complex surgeries performed and the special care coordination needs of these patients. Don’t miss this exciting program to hear about the latest treatment approach to the trauma patient!

PROGRAM HIGHLIGHTS

- Limits of Resuscitation
- Trauma Triage in California: The good, the bad, the ugly
- Non-Lethal Weapons
- Military Transports: Lessons learned
- Decreasing Reliance on CT Scanning
- Damage Control on Damage Control Laparotomies
- Handling Major Vascular Injuries
- Approaches to Penetrating Chest Trauma
- ED Resuscitation: Should uncooperative patients with suspected TBI be intubated?
- What’s New in Pediatric Trauma
- Case Presentations and Panel Discussions
- Rethinking resuscitation in major hemorrhage
- Burn care: current and future trends

Faculty

JULIE FUCHS, MD, Pediatric Trauma Medical Director, Surgical Director, Pediatric Intensive Care, SCVMC, Clinical Associate Professor of Surgery, Affiliated, Stanford University School of Medicine
ADELLA GARLAND, MD, Trauma Medical Director, Chief, General Surgery, SCVMC, Clinical Associate Professor of Surgery, Affiliated, Stanford School of Medicine
KENJI INABA, MD, Medical Director – SICU, Associate Professor of Surgery and Emergency Medicine, University of Southern California Medical Center and Los Angeles County
RONALD JOU, MD, Trauma/General Surgery and Surgical Critical Care, SCVMC
YVONNE KARANAS, MD, Director, Regional Burn Center, Chief of Plastics and Reconstructive Surgery, SCVMC, Clinical Associate Professor of Surgery, Affiliated, Stanford University School of Medicine
PETER RHEE, MD, Chief of Trauma, Critical Care, Burn and Emergency Surgery, Professor of Surgery, University of Arizona
MARK ROSEKIND, PHD, National Transportation Safety Board

JOHN SHERCK, MD, FACS, Vice Chair, Department of Surgery, Former Trauma Medical Director, SCVMC, Clinical Professor of Surgery, Affiliated, Stanford University School of Medicine
MICHAEL SISE, MD, Trauma Medical Director, Vascular Surgeon, Scripps Mercy Hospital, Clinical Professor of Surgery, UC San Diego
DAVID A. SPAIN, MD, Trauma Medical Director, Surgical Critical Care Fellowship Program Director Associate Division Chief, General Surgery Department of Surgery, SUMC
KRISTAN STAUDENMAYER MD, FACS, Clinical Instructor, Division of Trauma, SUMC
KARL G. SYLVESTER, MD, Pediatric Trauma Medical Director Packard Children’s Hospital Stanford, Associate Professor General Surgery, SUMC
GREGORY VICTORINO, MD, Professor of Clinical Surgery, Director of Trauma Services, UCSF-East Bay Surgery

ADDITIONAL ESTEEMED SPEAKERS

Program Committee

JENNIFER ALEXANDER, Trauma Administrative Assistant, Stanford Hospital & Clinics
ELLEN CORMAN, MRA, Supervisor, Community Outreach and Injury Prevention, Stanford
KARLA EARNEST, RN, Pediatric Trauma Program Manager, Lucile Packard Children’s Hospital @ Stanford
ADELLA GARLAND, MD, Trauma Medical Director, Chief, General Surgery, Santa Clara Valley Medical Center, Clinical Associate Professor of Surgery, Stanford University Medical Center
EILEEN HOOVER RN, Trauma Program Manager, Santa Clara Valley Medical Center
DAVID A. SPAIN MD, Trauma Medical Director, Stanford University Medical Center
MICHICL WOODFALL, RN, Trauma Program Manager/ Clinical Nurse Specialist, Stanford Hospital & Clinics

CANCELLATION POLICY

Cancellations before August 8, 2014 will be fully refunded. Cancellations on or after August 8: NO REFUND.

REGISTER ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

We reserve the right to make program changes.
ADULT CRITICAL CARE SERIES

Put Your Career in Gear with the Stanford Critical Care Certificate Program!

ADULT CRITICAL CARE CERTIFICATE PROGRAM
The Stanford Center for Education and Professional Development is proud to offer a Certificate of Completion in Adult Critical Care Nursing. The certificate shows that the student has undertaken a comprehensive range of classes related to care of the adult critical care patient. It is intended to support the nurses’ professional commitment to professional advancement in this field. A nurse may choose to list completion of this series of classes on his/her curriculum vitae. This certificate offers advanced study in both cardiovascular and critical care nursing.

The requirement for the certificate of completion is attending the six classes in the adult critical care series listed below.

You may take up to two years to complete the certificate program. After completion, submit copies of your CE certificates to the Center for Education, and a Stanford Critical Care Certificate of Completion will be mailed to you promptly.

ADULT CRITICAL CARE SERIES
The Adult Critical Care series presented by renowned physicians and nurses from Stanford University Medical Center provides a unique opportunity for nurses to receive a broad range of advanced critical care theory and the most up-to-date patient care practices.

- Neurologic Dysfunction
- Trauma Critical Care Nurse Essentials
- Cardiothoracic Surgical Interventions
- Cardiac Dysfunction
- Metabolic Dysfunction
- Pulmonary Dysfunction

TIME: 8:00 AM – 3:30 PM
FEE: $159.00/ COURSE (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN TBD CE HOURS/ COURSE
ANCC TBD CONTACT HOURS/ COURSE

COURSE COORDINATORS FROM STANFORD HOSPITAL & CLINICS
MARY E. LOUGH, PhD, RN, CNS, CCRN, CNRN, CCNS,
Critical Care Clinical Nurse Specialist, Medical/Surgical Trauma ICU
JULIE A. SHINN, MA, RN, CCRN, FAHA, FAAN,
Cardiovascular Clinical Nurse Specialist

COURSE DESCRIPTIONS

Cardiac Dysfunction
Date: Tuesday, May 13, 2014
Course content addresses care of the cardiac patient across the continuum. Acute cardiac disease such as myocardial infarction is discussed as are the long-term consequences of dysrhythmias, heart failure and cardiogenic shock. Current pharmacologic management, interventional techniques as well as the role for implanted left ventricular assist devices will be detailed.

Metabolic Dysfunction
Date: Friday, May 30, 2014
Course content will cover the interconnected endothelial and hormonal pathways that exist in endocrine disorders, shock states, infectious disease and acute abdominal organ dysfunction. Case studies are used to explore the impact on specific organ systems and discuss related treatment options.

Pulmonary Dysfunction
Date: Thursday, September 11, 2014
This course addresses the complex pathophysiology behind adult respiratory distress syndrome and its treatment. New modes of ventilator therapy and treatment strategies are outlined for the critical care nurse, which includes sedation guidelines and strategies to prevent ventilator associated pneumonia. Pulmonary hypertension and neuromuscular disease are also included in the course content.

Neurologic Dysfunction
Date: Winter 2015
This course addresses neuroanatomy, physiology and pathophysiology, neurologic assessment as well as nursing management of intracranial pressure monitoring, stroke, intracerebral bleeds, neurosurgery and neuro-interventional catheter procedures. Content is integrated using clinical case studies.

Cardiothoracic Surgical Interventions
Date: Winter 2015
Course content focuses on the surgical interventions used in the treatment of cardiothoracic disease. Participants will get a glimpse of some of the new procedures that are found in the larger medical centers such transcatheter aortic valve replacement, valvular reconstruction and emergency treatment of aortic dissection as well as an overview of the basics. All participants will leave with an excellent understanding of the physiological effects of cardiopulmonary bypass and the risks and complications of some of the common surgical interventions.

Trauma Critical Care Nurse Essentials
Date: Winter 2015
This course is intended for nurses with critical care experience who want to expand their clinical horizons to include care of trauma patients in the ICU. Content includes primary and secondary trauma assessment skills, mechanism of injury, triage and life-sustaining interventions for traumatic brain injury, orthopedic injuries, abdominal trauma and other trauma related conditions.
NURSING GRAND ROUNDS

All are invited

Date: First Wednesday of every month (excluding holidays)
Time: 3:30 – 4:30 pm (Registration & refreshments start at 3 pm)
Fee: Complimentary admission
Location: Lucile Packard Children’s Hospital Auditorium
Credits: CA BRN 1 CE hour ($10.00 CE certificate–optional)

Nursing Grand Rounds provides a forum for nurses to share clinical expertise and experiences, nursing best practices and other topics of interest that help improve patient outcomes and enhance the patient experience.

PROGRAM OBJECTIVES
• Communicate new and emerging healthcare initiatives, such as hospital-specific, clinical, and strategic imperatives.
• Explore and disseminate how new healthcare issues, policies, and innovations are utilized through evidence-based delivery systems.
• Showcase nursing excellence through the presentation of clinical case studies.
• Translate the concepts of Stanford’s Professional Practice Model and Magnet ideals to the daily practice of nursing.
• Encourage professional development, energize the nursing workforce and promote clinical excellence.

All nurses and healthcare professionals are cordially invited to participate with your colleagues and help advance the professional practice of nursing through knowledge and experience sharing. If you have an interesting topic and/or a presenter which you feel might be appropriate for Nursing Grand Rounds, please submit your suggestion via email: NursingGrandRounds@stanfordmed.org.
Basic Life Support for Healthcare Providers (BLS-HCP) Initial Certification Course

PREREQUISITES: NO PREREQUISITES
FEES: $105.00, INCLUDES 2010 STUDENT MANUAL
CREDITS: NONE
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
DATE/TIME: INITIAL CERTIFICATION 8:00 AM-1:00PM
MAY 30, 2014
JUNE 27, 2014
JULY 31, 2014
AUGUST 28, 2014
REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

This American Heart Association (AHA) Course combines lecture, video, and skills practice/testing sessions to teach basic life support techniques to health-care providers.

COURSE CONTENT
• Circulation: circulation techniques using chest compressions for one and two rescuers for adult and infant. Defibrillation with the automatic external defibrillator (AED)
• Airway: opening airway techniques and techniques to relieve conscious and unconscious choking in adult, child, and infant
• Breathing: ventilation with barrier device and use of the bag-mask

An AHA BLS–HCP course completion card will be issued upon successful completion of skills demonstration and written examination.

Basic Life Support for Healthcare Providers (BLS-HCP) Renewal/Update Course

PREREQUISITES: VALID BLS–HCP CARD.
FEES: $105.00, INCLUDES 2010 STUDENT MANUAL
CREDITS: NONE
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
DATE/TIME: RENEWAL/UPDATE 8:00 AM-NOON
MAY 14TH, 21ST, 29TH
JUNE 10TH, 20TH
JULY 9TH, 22ND, 24TH
AUGUST 7TH, 19TH, 27TH
REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

This American Heart Association (AHA) Course combines lecture, video, and skills practice/testing sessions to teach basic life support techniques to health-care providers.

COURSE CONTENT
• Circulation: circulation techniques using chest compressions for one and two rescuers for adult and infant. Defibrillation with the automatic external defibrillator (AED)
• Airway: opening airway techniques and techniques to relieve conscious and unconscious choking in adult, child, and infant
• Breathing: ventilation with barrier device and use of the bag-mask

An AHA BLS–HCP course completion card will be issued upon successful completion of skills demonstration and written examination.

BLS–HCP Online/Skills Check

PREREQUISITES: COMPUTER ACCESS AND A CURRENT EMAIL ADDRESS
FEES: $100.00 INCLUDES ONLINE ACCESS CODE AND SKILLS CHECK (ALLOW 1-2 HOURS TO COMPLETE ONLINE PORTION).
CREDITS: NONE
TIMES OF SKILLS CHECKS:
9:00 AM, ONCE FILLED UP, 10:00 AM WILL BE ADDED,
ONCE FILLED UP, 11:00 AM WILL BE ADDED
LOCATION & DATES:
CENTER FOR EDUCATION \hspace{1cm} SHC ATRIUM
1850 EMBARCADERO ROAD \hspace{1cm} 300 PASTEUR DRIVE
PALO ALTO, CA 94303 \hspace{1cm} STANFORD, CA 94305
MAY 2ND, 13TH \hspace{1cm} MAY 19TH
JUNE 11TH \hspace{1cm} JUNE 23RD
JULY 11TH, 28TH \hspace{1cm} JULY 17TH
AUGUST 5TH, 20TH \hspace{1cm} AUGUST 15TH
REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

Register for a skills check date and the online access code will be e-mailed to you.

The American Heart Association’s (AHA) BLS–HCP Online Part 1 Course is accessible 24 hours a day as a flexible alternative to classroom training. Through case-based scenarios, interactive activities, and videos, this course teaches the concepts of both single-rescuer and team life support.

The online part 1 must be paired with a skills check, which includes hands-on practice and testing (Parts 2 and 3) with an AHA BLS instructor. Part 1 must be completed before the skills practice and testing. The skills check sessions are approximately 1 hour and will be held at the Life Support Training Center unless otherwise noted.

An AHA BLS–HCP course completion card will be issued upon successful completion of all three parts.
Advanced Cardiac Life Support (ACLS) Initial Certification Course

**PREREQUISITES:** VALID BLS–HCP CARD
EGK RHYTHM INTERPRETATION SKILLS
ACLS PHARMACOLOGY

**FEE:** $350.00 INCLUDES ACLS MANUAL, CPR/ECC HANDBOOK, AND ECG/PHARMACOLOGY WORKBOOK

**CREDITS:** 12 CA BRN CE HOURS– MUST ATTEND AND COMPLETE BOTH DAYS

**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**DATE/TIME:**
- **MAY 27, 2014** DAY 1: 8:00 AM–4:15 PM
  (LUNCH INCLUDED)
- **MAY 28, 2014** DAY 2: 8:00 AM–1:00 PM
  (LUNCH NOT INCLUDED)
- **JULY 29, 2014** DAY 1: 8:00 AM–4:15 PM
  (LUNCH INCLUDED)
- **JULY 30, 2014** DAY 2: 8:00 AM–1:00 PM
  (LUNCH NOT INCLUDED)
- **AUGUST 13, 2014** DAY 1: 8:00 AM–4:15 PM
  (LUNCH INCLUDED)
- **AUGUST 14, 2014** DAY 2: 8:00 AM–1:00 PM
  (LUNCH NOT INCLUDED)

**REGISTER:** ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

This American Heart Association (AHA) course is an intensive two-day session designed for health-care providers who direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. Through lecture, video, and active participation in simulated cases, participants will enhance their skills in the diagnosis and treatment of cardiopulmonary arrest, acute arrhythmia, stroke, and acute coronary syndromes (ACS).

**COURSE CONTENT**
- Basic Life Support (BLS) survey
- High-quality cardiopulmonary resuscitation (CPR)
- ACLS survey and algorithms
- Effective resuscitation team dynamics
- Immediate post-cardiac care

An AHA ACLS course completion card will be issued at the end of Day 2 upon successful completion of skills demonstration and written examination.

Advanced Cardiac Life Support (ACLS) Renewal/Update Course

**PREREQUISITES:** VALID BLS AND ACLS CARDS
EGK RHYTHM INTERPRETATION SKILLS
ACLS PHARMACOLOGY

**FEES:** $260.00 INCLUDES ACLS MANUAL AND CPR/ECC HANDBOOK

**CREDITS:** 6 CA BRN CE HOURS

**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**DATE/TIME:**
- **MAY 16TH, 20TH, 22ND**
- **JUNE 18TH, 24TH**
- **JULY 10TH, 15TH, 23RD**
- **AUGUST 12TH, 21ST, 26TH**

**REGISTER:** ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

**NOTE:** BLS NOT INCLUDED IN THIS COURSE—SEE PAGE 18 FOR BLS RENEWAL OPTIONS

This American Heart Association renewal/update course is designed for health-care providers who have already taken ACLS and direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. Through lecture, video, and active participation in simulated cases, participants will enhance their skills in the diagnosis and treatment of cardiopulmonary arrest, acute arrhythmia, stroke, and acute coronary syndromes (ACS).

**COURSE CONTENT**
- Basic Life Support (BLS) survey
- High quality cardiopulmonary resuscitation (CPR)
- ACLS survey and algorithms
- Effective resuscitation team dynamics
- Immediate post-cardiac care

An AHA ACLS course completion card will be issued at the end of the course upon successful completion of skills demonstration and written examination.
Challenge the ACLS or BLS Course

**PREREQUISITE:** VALID AHA COURSE CARD, CURRENT AHA COURSE MANUAL (ACLS AND BLS MANUALS ARE AVAILABLE FOR PURCHASE AT THE STANFORD LSTC)

**FEES:**
- BLS: $50.00
- ACLS: $100.00

**CREDITS:** NONE

**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**DATE/TIME:** BY APPOINTMENT, PLAN ON APPROX. 1 HOUR FOR TESTING

**REGISTER:** CONTACT LISA CURTIS, MSN, RN AT LCURTISS@STANFORDMED.ORG, TO SCHEDULE AN APPOINTMENT.

A challenge occurs when a student requests to complete course testing requirements without participating in an AHA classroom or online course. If the student fails the challenge testing a card will not be issued and the student will be referred to a provider course.

**CHALLENGE REQUIREMENTS**
- Must show instructor a valid AHA course card (an expired card is not acceptable)
- Must show instructor the appropriate and current AHA course manual
- Pass written test - 84% or better
- Pass skills testing, there is no option for practice or coaching
- The testing session will be stopped at the first point the student fails
- No remediation is allowed

An AHA course completion card will be issued at the end of the course upon successful completion of skills demonstration and written examination.

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Advanced Cardiac Life Support (ACLS) HeartCode® Online plus Skills Check

**PREREQUISITES:** COMPUTER ACCESS AND A CURRENT EMAIL ADDRESS

**FEES:**
- $250.00 INCLUDES AHA HEARTCODE ONLINE ACCESS CODE AND SKILLS CHECK (ALLOW 8-10 HOURS TO COMPLETE THE ONLINE PORTION OF THIS COURSE PRIOR TO ATTENDING A SKILLS CHECK)

**CREDITS:** CE/CME/CEH HOURS AVAILABLE THROUGH AHA WEBSITE

**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**SKILLS CHECK DATE/TIME:**
- MAY 1ST, 12TH
- JUNE 12TH, 25TH
- JULY 16TH, 25TH
- AUGUST 6TH

**REGISTER:** ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

Register for a skills check date and the online access code will be e-mailed to you.

**NOTE:** BLS NOT INCLUDED IN THIS COURSE—SEE PAGE 18 FOR BLS RENEWAL OPTIONS

The American Heart Association HeartCode is a web-based, self-paced instructional program that uses eSimulation technology to allow students to assess and treat patients in virtual health-care settings. Students apply their knowledge to real-time decision making and skills development; debriefings and coaching are provided immediately after each simulation to facilitate learning.

The online portion of the course must be paired with a skills check, which includes hands-on practice and testing with an AHA ACLS instructor. The online portion must be completed prior to the skills practice and testing with a manikin. Skills sessions will take approximately 1-2 hours and will be held at the Life Support Training Center.

**ONLINE COURSE CONTENT**
- Key changes reflecting the 2010 AHA Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care
- Ten adult patient cases presented through eSimulation technology:
  - One BLS case
  - Seven cases representing cardiovascular, respiratory, and stroke emergencies
  - Two megacodes
  - Recognition and early management of respiratory and cardiac arrest
  - Recognition and early management of periarrest conditions such as symptomatic bradycardia
  - Airway management
  - Related pharmacology
  - Management of acute coronary syndromes and stroke
  - Effective communication as a member and leader of a resuscitation team

An AHA ACLS course completion card will be issued upon successful completion of the online cognitive portion and skills sessions.

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*BLS Course fee include the 2010 AHA Student Manual. ACLS Renewal/Update Course fee include the 2010 AHA Student Manual and ECC handbook. ACLS Initial Course fee includes the 2010 AHA Student Manual, ECC handbook, and ECG/Pharmacology workbook.

Fee for all ACLS and BLS Online/Skills Checks includes online access code.

Lunch is not included in BLS courses or any skills check.

Continental breakfast and lunch included with ACLS Initial Day 1 and Renewal courses. If you require a special diet please bring your own food.

All AHA cards are valid for 2 years.

**NOTE:** LATECOMERS WILL NOT BE ADMITTED (Vital course information will be missed)
DUE TO AHA GUIDELINE CHANGES, BASIC LIFE SUPPORT (BLS) IS NO LONGER OFFERED DURING THE ACLS COURSE.

TO RENEW YOUR BLS:

OPTION 1
Renew BLS before the ACLS Renewal/Update course (8AM-9AM) or with the ACLS Skills Check: Go to the Stanford Center for Education website www.cecenter.stanfordhospital.com and register for the BLS skills check on the same date as your ACLS course. This BLS skills check time is reserved only for those taking the ACLS course. An access code will be e-mailed to you once your register. Fee $22.00 for access code, skills check is free if taken same day as ACLS.

OPTION 2
Renew BLS on your own time: Go to the Stanford Center for Education website www.cecenter.stanfordhospital.com and register for the BLS skills check date of your choice. An access code will be e-mailed to you once you register. Fee of $100.00 includes access code and skills check.

OPTION 3
Renew BLS in the classroom: Sign up for a four-hour BLS course at the Center for Education and Professional Development. Register online at www.cecenter.stanfordhospital.com. Fee $105.00; includes the 2010 student manual.

If you would like more information about these courses, visit our website www.cecenter.stanfordhospital.com.

AHA Disclaimer:
“The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has development instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.”
## Life Support Training Center – Frequently Asked Questions

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<tr>
<th><strong>QUESTION</strong></th>
<th><strong>ANSWER</strong></th>
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<tr>
<td>What is the cost of a BLS Course?</td>
<td>$105 includes course, includes 2010 BLS manual</td>
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<tr>
<td>What is the cost of a BLS Skills Check?</td>
<td>$100 includes American Heart Association access code for part 1 online, and a one hour long skills check with an AHA instructor</td>
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| What is the cost of the ACLS Course?                                       | Renewal/Update: $260 includes course and 2010 ACLS student manual & ECC handbook  
Initial: $350 includes course and 2010 ACLS student manual, ECC handbook, and ECG/Pharmacology workbook  |
| What is the cost of an ACLS Skills Check?                                  | $250 includes American Heart Association online access code for part 1 and a one hour skills check with an AHA instructor                |
| Do you offer CEUs for ACLS and BLS Courses?                                | ACLS initial (2 days) – 12 CA BRN CE hours (must attend both days)  
ACLS renewal – 6 CA BRN CE hours  
ACLS online/skills check – CE/CME/CEH hours issued through AHA website  
BLS – No CE hours                                                                 |
| How do I register for a BLS or ACLS course?                               | Go to www.cecenter.stanfordhospital.com to view dates and to register.                                                                     |
| How do I register for a BLS or ACLS Skills Check?                          | Go to www.cecenter.stanfordhospital.com to view dates and to register. Once you have registered the online access code will be emailed to you. |
| I’ve registered for a Skills Check and haven’t received my online access code – what do I do? | If you haven’t received your American Heart Association access code within 48 hours of registration please contact us at 650-723-6366. |
| What time do the BLS initial and review courses start?                     | 7:45 am Registration; 8:00 am start  
*Note: Once class has started latecomers will not be permitted (vital course information will be missed)*                             |
| What time do the ACLS initial and review courses start?                     | 8:45 am Registration; 9:00 am start  
*Note: Once class has started latecomers will not be permitted (vital course information will be missed)*                            |
| Where are the Life Support Training Center courses held?                   | Courses are held at the SHC’s Center for Education:  
1850 Embarcadero Rd, Palo Alto, CA 94303  
(Note: Check your confirmation email or our website, occasionally BLS Skills checks are held in the SHC Atrium)                  |
| How can I tell if a course is full?                                       | Check the website www.cecenter.stanfordhospital.com, it is updated daily.                                                                |
| Do you offer BLS during ACLS renewal/update courses?                       | No. For your convenience BLS skills checks are available before every ACLS renewal/update courses, To attend you must register for BLS skills check same date as ACLS course – access key will be mailed to you. |
| What if I have never taken ACLS?                                          | We offer the ACLS initial course. Prerequisites are a knowledge of ECG interpretation skills and cardiac pharmacology. These are not taught during the course. |
| How do I get a basic knowledge of ECG interpretation and cardiac pharmacology? | When you register for the ACLS initial course a student manual, pocket guide, and ACLS ECG and pharmacology workbook will be mailed to you. Use these as your study guides. If you feel you need additional knowledge, visit the American Heart Association website www.onlineaha.org for computer based learning. The Stanford Center for Education and Professional Development offers these courses at various times throughout the year, check website for dates: www.cecenter.stanfordhospital.com |
| Do you offer PALS or NRPS?                                                | No, contact Lucile Packard Children’s Hospital at 650-497-8933 for more information                                                      |
| Do you offer ATLS?                                                        | No, contact Stanford Hospital and Clinics Trauma Department at 650-723-7570 for more information                                         |
| Who can I call for further information regarding BLS and ACLS Classes and Skills Checks at Stanford? | Teresa Garcia at 650-725-9938                                                                                                                |
Learn at your own pace in a convenient time and place. Certificates are mailed promptly after your home study post-test is returned. To view study course descriptions and to order, view our webpage www.cecenter.stanfordhospital.com and click online registration.

**CQ Style: The Intelligent Art of Working with People from Other Cultures**

**CREDITS:** CA BRN 7 CE HOURS  
**BBS 7 CONTACT HOURS**  
**FEE:** $75.00

How many times a day in your personal or professional life do you interact with someone from another culture? Would you like to increase your awareness and ability to communicate in these circumstances with greater ease? Developing your “CQ” can help. CQ or Cultural Intelligence is the capacity to understand and work effectively with people from diverse cultural backgrounds. The good news is cultivating Cultural Intelligence is a skill that can be learned. This program will help you identify your own cultural style and determine that of others in six key areas: management, strategy, planning, personal communication and reasoning. It includes practical tips for optimizing communication with non-native English speaking persons.

Includes the text: *Cultural Intelligence: A Guide to Working with People from Other Cultures* by Dr. Brooks Peterson

**Sleep Debt. . . One of America’s Largest Health Problems**

**CREDITS:** CA BRN 6.5 CONTACT HOURS  
**FEE:** $65.00

The cost of accruing sleep debt is steep, contributing to serious injury and chronic illness. Recent research confirms that when people get enough sleep, they reduce stress and enjoy greater health. This course covers a sleep related topics and provides valuable information to optimize personal and patient sleep hygiene and health.

Includes the text: *Sleep for Success! Everything You Must Know About Sleep But Are Too Tired To Ask* by Dr. James B. Maas, Rebecca Robbins, with forward by William C. Dement.

**Menopause: A Mind-Body Revolution (Newly Revised 3-Part Series)**

**SEE EACH SECTION FOR PRICING AND CONTACT HOUR INFORMATION. SPECIAL PRICING FOR INVESTING IN THE FULL SERIES: $225 FOR 26 CE HOURS**

In her newly revised version of the #1 New York Times bestseller, physician and author Christiane Northrup, reiterates the “change” is not simply a collection of physical symptoms to be “fixed.” The choices a woman makes at this time have the power to secure vibrant health and well-being for the rest of her life. This comprehensive series covers the spectrum of health issues relevant to over 42 million American women currently in their middle years.

Includes the text: *The Wisdom of Menopause (Revised Edition): Creating Physical and Emotional Health During the Change* by Christiane Northrup, M.D.

**Leadership: An Inside Job**

**CREDITS:** CA BRN 7 CE HOURS  
**FEE:** $75.00

According to best-selling author and leadership expert John C. Maxwell, leadership is not an exclusive club for those who were “born with it”. Leadership is developed not discovered. This program will help you identify and develop your leadership skills. Students will learn 10 leadership principles that can transform a manager into a leader.

**THESE INCLUDE**

- Creating Positive Influence  
- Setting The Right Priorities  
- Modeling Integrity  
- Creating Positive Change  
- Problem Solving  
- Having The Right Positive Attitude  
- Developing People  
- Charting The Vision  
- Practicing Self-Discipline  
- Developing Staff

Includes the text: *Developing the Leader Within You* by John C. Maxwell
November 6 & 7, 2014
8:00 am- 4:30 pm

Nurse Executive/
Nurse Executive-Advanced Review Seminar

This workshop is produced by the
American Nurses Credentialing Center’s Credentialing Knowledge Center.

The ANCC Nurse Executive/Nurse Executive-Advanced Certification Review Workshop provides continuing education contact hours, valuable study tips, and information to be utilized in preparing for certification exams.

Domains of practice in the seminar include:

**Nurse Executive**
- Delivery of Care
- Legal, Regulatory and Ethical Issues
- Healthcare Economics
- Healthcare Environment
- Professional Practice

**Nurse Executive-Advanced**
- Quality Management/Care Management
- Professional Practice Environment
- Organizational Leadership
- Organizational Systems Management
- Communication/Collaboration

A maximum of 14 contact hours (60 minute contact hour) may be earned by learners who successfully complete this continuing nursing education activity.

The American Nurses Association Center for Continuing Education and Professional Development is accredited as a provider by the American Nurses Credentialing Center’s Commission on Accreditation.

ANCC Provider Number 0023.

ANA's Center for Continuing Education and Professional Development is approved by the California Board of Registered Nursing, Provider Number CEP6178 for a maximum of 16.8 contact hours (50 minute contact hour).

The ANA Center for Continuing Education and Professional Development includes ANCC’s Credentialing Knowledge Center.

We strongly recommend having the ANCC Nurse Executive Review & Resource Manual as supplemental material for preparing for the certification exam. We are currently offering the manual to you with a 10% discount. You can purchase the manual by visiting [https://www.createspace.com/4327867](https://www.createspace.com/4327867).

**Note:** The discount code will be provided upon completion of registration of the review workshop. There will be an additional shipping and handling fee added to the final order.

ANCC offers Test Taking Techniques, an online course with tips and information on improving test scores for any ANCC certification exam. The enrollment fee for the on-line Test Taking Techniques course is $25.00. The enrollment fee allows you access to the online Test Taking Techniques course for three (3) months after the month in which you enroll. You may enroll for the online Test Taking Techniques course by visiting [http://blue.isoph.com/ancc/catalog.aspx](http://blue.isoph.com/ancc/catalog.aspx).

Location

Center for Education and Professional Development, 1850 Embarcadero Road, Palo Alto, CA 94303
For More Information or to Register: [http://www.cvent.com/d/k4qq29](http://www.cvent.com/d/k4qq29)
The 5th Annual Nursing Research Symposium

MISSION ZERO: ELIMINATING PREVENTABLE HARM

Join us as we share research, evidence-based practice, and quality improvement projects focused on eliminating preventable harm to patients. Participants will better understand the impact research, evidence-based nursing practice, and patient safety has on patient outcomes.

Keynote | IMPACT OF NURSING ON PATIENT OUTCOMES

Linda H. Aiken, PhD, RN, FAAN
Director of Health Outcomes and Policy Research
University of Pennsylvania

Dr. Aiken conducts research on the health care workforce and quality of healthcare in the U.S. and globally. She co-directs RN4CAST, a European Union funded study of nurse workforce and quality of care in 12 European countries.

DATE
Monday, June 2, 2014

SCHEDULE
8:30 am  Registration & Poster Session
9:00 am  Program
5:00 pm  Reception & Poster Session

WHERE
Arrillaga Alumni Center
450 Serra Mall, Stanford, CA

REGISTRATION FEES
$150 Full Day | Lucile Packard Children’s Hospital Stanford/Stanford Staff
$220 Full Day | Outside Participants

REGISTRATION INFORMATION
Please visit www.calendar.lpch.org to find out how to register.

Registration begins February 17, 2014 and the registration deadline is May 28, 2014.

Fees will be refunded if notice is received on, or before, the registration deadline.

No refund will be granted if cancellation is received after registration deadline or in cases of non-attendance.

Six contact hours available for a full day
Provider approved by the CA Board of Registered Nursing, Provider # CEP9713

If you have questions, please email Annette Nasr RN, PhD at anasr@lpch.org
COFFEE AND TEA ARE PROVIDED IN THE MORNING.

LUNCH IS INCLUDED IN MOST OF OUR COURSES.

IF YOU REQUIRE A SPECIAL DIET, PLEASE BRING YOUR OWN FOOD. A REFRIGERATOR & MICROWAVE WILL BE AVAILABLE FOR YOUR CONVENIENCE IN OUR LOBBY AREA.

FOR LACTATION ROOM AVAILABILITY AT OUR LOCATION, PLEASE CALL THE FACILITIES SERVICES RESPONSE CENTER (FSRC) TO RESERVE AND GUARANTEE CONFIRMATION IN ADVANCE. PHONE FSRC @ 650-498-4400 OR 8-4400 INTERNALLY.