WINTER 2015
Center for Education and Professional Development
Message from the Director of Practice & Education

At the Center for Education & Professional Development we take pride in contributing to the professional growth of all health care providers. While we strive to advance your knowledge and skill so that you can provide the very best patient care, we also want to ensure you are educationally prepared to contribute to outstanding patient outcomes. When you take a course with us, I guarantee you will learn updated cutting edge treatments, new evidence based best practices, and develop behaviors that sustain a healthy work environment.

Florence Nightingale’s primary goal was to promote health. Many years ago, Florence explained “the very first requirement in a hospital is that it should do the sick no harm.” Through higher learning and continuing education, we can prevent adverse patient outcomes and promote wellness. It’s such an exciting time to be a nurse; empowered to influence change and enhance wellness. Of the many benefits of health care reform, it also promotes the nurses’ role to provide quality of care while reaching new boundaries in the nursing profession and expanding the nurse’s scope of practice.

To all of you, I thank you for your commitment to excellence and for leading the way into new health care horizons. Happy New Year to you and your families and I hope to be the first to wish all nurses a Happy Nurses Week during the week of May 4, 2015.

Carole Kulik, DNP(c) RN ACNP
Director of Practice and Education
Patient Care Services

CEPD CANCELLATION POLICY
Cancellation by CEPD:
• If a course is cancelled by CEPD, the enrollee will be notified 2 weeks prior to the course and a full refund will be given.

Cancellation by the enrollee:
• Must be done online by the enrollee
• Two weeks or more prior to the day of the course - Full Refund, less the cost of course materials received
• Less than 2 weeks prior to the day of the course - Refund, less a $35 processing fee and cost of course materials received
• Less than 48 hours prior to the start time of the course - No Refund

*COURSE MATERIAL FEES:
• TNCC course material $50.00
• ACLS course material $70.00**
• ACLS Initial course material $85.00**
• BLS course materials $20.00**
• BLS online key $22.00
• ACLS online key $120.00

**UNOPENED course material may be returned for a refund

TECHNICAL ASSISTANCE
If you experience any technical or registration issues, please let us know by emailing shcservicedesk@accenture.com or call 650-723-3333 (3-3333 internally).

TO REACH THE MAIN DESK OF CEPD
Due to high call volume, voicemail messages will be answered within 2 business days if you leave a message on 650-723-6366. For a faster response, please email cecenter@stanfordhealthcare.org. Emails are frequently checked throughout the business day.

THE CENTER FOR EDUCATION AND PROFESSIONAL DEVELOPMENT (CEPD) IS GREEN!
Look for the 🌿 symbol in the course description for classes with an online syllabus.

Registered participants will receive an email notification with viewing instructions prior to the course. Course content will be available on the website for 3 months after the date of the course.

QUESTIONS, COMMENTS, OR RECOMMENDATIONS
E-mail us at cecenter@stanfordhealthcare.org

Register online at www.cecenter.stanfordhospital.com
# COURSES

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**VIEW THE CATALOG FROM ANYWHERE...**

**WE’RE ONLINE!**

All of the programs found in our printed catalog can be found online at our website: [www.cecenter.stanfordhospital.com](http://www.cecenter.stanfordhospital.com)

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**FOLLOW THESE SIMPLE STEPS FOR ONLINE REGISTRATION**

- View our current catalog at [www.cecenter.stanfordhospital.com](http://www.cecenter.stanfordhospital.com)
- Click the CEPD online registration link
- For first time Login
- SHC/LPCH employees should login as Returning Customer even if this is your first time
- All others should choose New Customer to create or locate your profile
- Search for the courses you would like to attend
- Add courses to your shopping cart
- Confirm your method of payment, which completes your registration*
- A confirmation email reply will be generated after registration is complete

*SHC and LPCH employees are able to use Educational Assistance via Online Registration
Quality Indicators for the Health Care Practice Environment®

DATE: FRIDAY, JANUARY 9, 2015
TIME: 8:00 AM – 4:00 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: BRN 6.75 CE HOURS
        ANCC 6.75 CONTACT HOURS

High-quality care means that get the best results, medical providers do the right thing, at the right time, in the right way, for the right person. Retrieved from: http://www.calqualifycare.org

In order to translate data into practice, develop health prevention strategies, and implement necessary changes to improve the practice environment, quality indicators are collected and measured. High-quality indicators are based on standards of care and provide opportunities for organizations to effectively monitor, evaluate, and benchmark against other hospitals. This one-day comprehensive course will provide indispensible knowledge and empower health care professionals to ensure high-quality patient-centered care is delivered within your organization. You will gain an enhanced appreciation of quality assessment and management, quality programs, and quality indicators.

PROGRAM OBJECTIVES

• Describe elements of quality assessment in health care
• Discuss quality programs that influence delivery of nursing care
• Compare initiatives such as the National Database for Nursing Quality Indicators (NDNQI) and Collaborative Alliance for Nursing Outcomes (CALNOC)
• Identify core measure initiatives within the Center for Medicare and Medicaid Services (CMS)
• Discuss how quality organizations promote safety and quality in health care
• Explain Hospital Value-Based Purchasing Program
• Discuss Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) Survey

FACULTY

VIRGINIA “GINNY” WILSON, MSN, RN, PHD(C), NEA-BC, NE-BC, has been in practice for 40 years as a RN with experiences at multiple levels of nursing leadership in healthcare organizations and leadership roles including: educator, consultant, and care provider with a focus in emergency nursing. She is an experienced national speaker for nursing leadership programs and a featured speaker for ANCC for the past ten years. She has co-authored several texts and been published in peer reviewed journals. Her research interests include leadership development and continuity of nursing leadership in healthcare organizations.

Adult Critical Care Series: Neurologic Dysfunction

DATE: TUESDAY, JANUARY 13, 2015
TIME: 8:00 AM – 3:30 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN TBD CE HOURS
            ANCC TBD CONTACT HOURS

This course addresses neuroanatomy, physiology and pathophysiology, neurologic assessment as well as nursing management of intracranial pressure monitoring, stroke, intracerebral bleeds, neurosurgery and neuro-interventional catheter procedures. Content is integrated using clinical case studies.

See page 14 for a description of the complete Adult Critical Care Series.

COURSE COORDINATORS FROM STANFORD HEALTH CARE

MARY E. LOUGH, PhD, RN, CNS, CCRN, CNRN, CCNS, Critical Care Clinical Nurse Specialist, Medical/Surgical Trauma ICU
JULIE A. SHINN, MA, RN, CNS, CCN, FAHA, FAAN, Cardiovascular Clinical Nurse Specialist

Geriatric Care Series Session II: Hospital Care of Older Adults

DATE: THURSDAY, JANUARY 15, 2015
TIME: 8:00 AM – 3:15 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 6 CE HOURS
            ANCC 6 CONTACT HOURS

This exciting new course addresses the challenging needs of the growing number of hospitalized older adults. The series is designed to enhance the healthcare provider’s knowledge of evidence-based geriatric care to improve patient outcomes. Learn from experts geriatric tools and tips that can be used in your daily practice.

The curriculum is based on NICHE model of care (Nurses Improving Care for Healthsystem Elders) which was developed by Hartford Institute of Geriatric Nursing and NYU College of Nursing.

Participants may take one, two, or all three classes and in any order. Registered Nurses who complete the three sessions will gain more knowledge and confidence in preparation for the American Nurse Credentialing Center Certification exam as a Gerontological Nurse.

PROGRAM OBJECTIVES

• Identify delirium and discuss management strategies
• Explore common disorders associated with Geropsychiatry
• Discuss psychosocial needs of older adults and challenges navigating the healthcare system
• Describe pain management and special considerations in the elderly
• Explore Geriatric technological devices that promote safety in older adults

FACULTY

DIANA DELA CRUZ, MSN, RN, CNS, Aging Adult Services, Stanford Healthcare
KATY FIKE, PhD, Gerontologist, Founder at Innovate 50, Co-founder at Aging 2.0
ANNE KLEVAY, MSN, RN, PMH, CNS-BC, Clinical Nurse Specialist, Psychiatry, Stanford Healthcare
MARINA MARTIN, MD, MPH, Clinical Instructor, Division of General Medicine Disciplines/Geriatrics, Interim Medical Director, Senior Care Clinic, Stanford Healthcare
KATHLEEN MCCONNELL, LCSW, Social Worker, VAP-AHCS GRECC

COURSE COORDINATOR FROM STANFORD HEALTH CARE

DIANA DELA CRUZ, MSN, RN, CNS, Aging Adult Services, Stanford Healthcare
**Skilled Communication for Nurses**

**DATES:** FRIDAY, JANUARY 16, 2015 OR FRIDAY, FEBRUARY 13, 2015 OR TUESDAY, MARCH 10, 2015  
**TIME:** 8:00 AM – 3:15 PM  
**FEE:** $159.00 (LUNCH INCLUDED)  
**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303  
**CREDITS:** CA BRN 6 CE HOURS

This course teaches powerful new communication tools developed specifically for nurses in the workplace. Participants will learn new communication models to identify breakdowns in communication and apply tools to quickly “CLEAR” misunderstandings, stress, and concerns in the patient care environment. These new models of communication have been designed and implemented in close collaboration with nurses in both inpatient and outpatient settings. The tools and practices are designed to improve self-care, decrease burnout, and encourage powerful interrelationships through effective communication. Communication methods will primarily focus on the peer to peer relationship and the skills transfer into all areas of work and home life. The skills learned in this class have been used to generate healthy relationships between teams, groups, units, and outside health care organizations.

**PROGRAM OBJECTIVES**
- Identify breakdowns in communication with a common language
- Describe ways to ‘CLEAR’ yourself and your peers
- Develop competence with new communication tools
- Appraise communication tools to decrease burnout
- Apply learned tools to quickly create applicable solutions
- Explain effective communication methods during challenging discussions
- Participants will leave the course highly trained to communicate quickly and effectively

**FACULTY**

**NIKA DAVIS, MA,** has over twenty years’ experience as a communications expert, multi-cultural trainer, and organizational change consultant. Her expertise in communication has been developed in health care, education, Hi-Tech, and International Business. She trains, coaches clinical professionals in a variety of settings, and teaches the skill of transforming communication breakdowns into positive nursing/patient outcomes. Her research interests focus on resilience in nursing teams and positive work environments which create a safe space for meaningful change.

**Nurse Mentorship Workshop**

**DATE:** TUESDAY, JANUARY 20, 2015  
**TIME:** 8:00 PM – 12:15 PM OR 1:00 PM - 5:15 PM

**DATE:** FRIDAY, MARCH 13, 2015  
**TIME:** 8:00 PM – 12:15 PM OR 1:00 PM - 5:15 PM

**FEE:** $10.00  
**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303  
**CREDITS:** CA BRN 4 CE HOURS ANCC 4 CONTACT HOURS

**EXCLUSIVE TO STANFORD NURSES**

Thinking of becoming a Nurse Mentor or Mentee? Would you like to grow professionally or support another nurse to grow professionally? The Nurse Mentorship Workshop will help you understand the role and responsibilities of the mentor, mentee, manager/supervisor/director and program coordinator. It will introduce you to an easy to follow step-by-step process to take you through the 2-year SHC Nurse Mentorship Program. The course will provide understanding of the mentoring relationship and offer tools necessary to help prepare you for the program.

**PROGRAM OBJECTIVES**
- To identify the differences between the roles of a preceptor and of a mentor
- To describe the Learner Centered Mentoring Model
- To identify the essentials steps in the mentoring process
- To describe the way to set goals in mentoring
- To identify essentials of professional development
- To identify principles of relationship etiquette

**FACULTY FROM STANFORD HEALTH CARE**

SONYA FENG, MSN, RN, Nursing Professional Development Specialist  
GRISSEL HERNÁNDEZ, MPH, BSN, RN, HNB-BC, Nursing Professional Development Specialist  
GINGER SELL, MS, RN, CNS, PNCP, Nursing Professional Development Specialist

**REGISTER ONLINE**

www.cecenter.stanfordhospital.com
The Emergency Nurses Association is approved by the California Board of Registered Nurses, Provider Number CEP 2322 for 21.18 contact hours.

The Emergency Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

14.74 Clinical Contact Hours
14.99 Trauma Contact Hours
0.50 Pediatric Contact Hours

The Emergency Nurses Association’s Trauma Nursing Core Course, 7th Edition is a two day course that is designed to provide core level trauma knowledge and psychomotor skills associated with the delivery of professional nursing care to the trauma patient.

Content is presented through online modules, lectures and skills stations. Upon successful completion of the course (including written and skills exams) each participant will be provided a verification card. The verification is valid for a period of four years.

MANDATORY ONLINE PRE-SESSION
• Special Populations: Bariatric trauma Patient
• Special Populations: Interpersonal Violence Patient
• Special Populations: Older Adult Trauma Patient
• Special Populations: Pregnant Trauma Patient
• Biomechanics, Kinematics and Mechanisms of Injury

TOPICS
• Trauma Nursing Core Course and Trauma Nursing Initial Assessment
• Airway & Ventilation
• Shock
• Brain & Cranial & Maxillofacial Trauma
• Ocular Trauma
• Thoracic & Neck Trauma
• Abdominal & Pelvic Trauma
• Spinal Cord and Vertebral Column Trauma
• Musculoskeletal Trauma
• Surface & Burn Trauma
• Special Populations: Pediatric
• Pain
• Disaster Management
• Psychosocial Aspects of Trauma
• Transition of Care for the Trauma Patient & Post-Resuscitation Care

SKILLS STATIONS
• Airway & Ventilation
• Trauma Nursing Process

FACULTY FROM STANFORD HEALTH CARE
DENISE GRECI ROBINSON, MS, RN, Trauma Nurse Coordinator
JO ANN SCHUMAKER-WATT, BSN, RN, CCRN, Trauma Nurse Coordinator
ADDITIONAL TNCC CERTIFIED INSTRUCTORS FROM STANFORD HEALTH CARE
MICHELLE (SHELLY) WOODFALL, MS, RN, CEN, CCRN

The NAON Orthopaedic Nursing Review Course
Provided by the National Association of Orthopaedic Nurses (NAON)

DATE: TUESDAY, JANUARY 27, 2015
TIME: 8:00 AM – 5:00 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: 7.5 CATEGORY A NURSING CONTACT HOURS AWARDED BY NAON

PROVIDER APPROVED BY THE CALIFORNIA BOARD OF REGISTERED NURSING, PROVIDER #CEP3432.

THE NATIONAL ASSOCIATION OF ORTHOPAEDIC NURSES IS ACCREDITED AS A PROVIDER OF CONTINUING NURSING EDUCATION BY THE AMERICAN NURSES CREDENTIALING CENTER’S COMMISSION ON ACCREDITATION.

This course provides a comprehensive overview of the entire spectrum of orthopaedic nursing. In one full day, you will glean the most important concepts and pearls of wisdom needed to care for a broad range of orthopaedic patients. This course provides an excellent final review for those planning to take the Orthopaedic Nurses Certification Exam or those wanting to enhance their orthopaedic knowledge base, and it is a terrific way to provide contact hours for orthopaedic nurses.

PROGRAM OBJECTIVES
• Describe the signs and symptoms, surgical and non-surgical interventions, and nursing plans of care for individuals with degenerative joint disease.
• Identify nursing plans of care for the orthopaedic patients during the pre-, intra-, and post-operative periods.
• Discuss signs and symptoms and nursing plans of care for select complications of orthopaedic injuries or surgery.
• Create appropriate nursing plans of care (surgical and non-surgical) for patients with musculoskeletal tumors.
• Differentiate the clinical signs and symptoms and nursing plans of care for patients with selected inflammatory disease processes.
• Compare treatment options and nursing management of metabolic bone disorders.
• Develop therapeutic nursing interventions for children with pediatric, congenital, and neuromuscular disorders.
• Describe common traumatic injuries and nursing plans of care for such patients.
• Determine preventative measures for common sports injuries.
Elizabeth Turcotte, MSN, RN-BC, ONC, joined Central Maine Medical Center as a staff nurse in 2003. In July 2009, she became the Nurse Manager of the Orthopaedic Institute of Central Maine at Central Maine Medical Center and in April 2014 became the Program Director. Ms. Turcotte received her Associates Degree in Nursing at Central Maine Community College in 2003 and Masters of Science in Nursing at Walden University in Minneapolis, MN in 2012. She is presently enrolled at Walden University for her Masters in Business Administration. She is board certified through the ANCC in Medical Surgical Nursing and received her certification in Orthopaedic Nursing through the ONCB. Ms. Turcotte has an extensive background in orthopaedic nursing. She is a member and volunteer of National Association of Orthopaedic Nurses for which she has nationally presented, authored, and served as an ad hoc reviewer for evidence based text material. Over the past year, Ms. Turcotte has taught the orthopaedic review course nationally through NAORN. In addition, she is a recertification committee member for the Orthopaedic Nursing Certification Board and serves as co-chair for the Nursing Advisory Council for Central Maine Community College. Ms. Turcotte lives in Auburn ME with her husband and their two children. She enjoys travelling and has a passion for photography. She is active in the community through local professional associations and volunteers her time on the Nursing Advisory Board for the local community college as well as on the Board for Auburn Suburban Little League.

**Intercultural Communications Foundation**

**DATE:** FRIDAY, JANUARY 30, 2015

**TIME:** 8:00 AM – 4:00 PM

**FEE:** $159.00 (LUNCH INCLUDED)

**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**CREDITS:** CA BRN 6.75 CE HOURS

**BBS 6.75 CE HOURS**

This intercultural communication course provides a solid foundation focusing on exploring cultural distinctions from a global perspective. Broader understanding of personal cultural filters through awareness, impact on assumptions, and communication are the core competencies needed for intercultural appreciation and application. Healthcare professionals will engage in dialogue, interactive role playing, and view videos to build a deeper understanding around cultural humility and communication best practices.

**PROGRAM OBJECTIVES**

- Describe personal cultural filters that impact communication; giving and receiving messages
- Discuss the importance of cultural humility in providing healthcare services for greater impact
- Compare intercultural reference points for a broader perspective on interpretation of behaviors not understood
- Identify culturally based generalizations in visible and nonvisible components of communication that enhance or deter open communication
- Explain the impact of class in filters that create barriers
- Describe the importance values play on perception and conflict
- Explain the impact of nonverbal intercultural behaviors

**FACULTY**

**SANTALYNDA MARRERO,** EDD, is a dynamic executive coach, organizational consultant, facilitator, trainer, and thought leader. Dr. Santalynda Marrero draws on her expertise as a counseling psychologist and 30 years of experience in helping individuals, teams and organizations propel to the next level of success. She has co-authored many books including The Diversity Calling: Building Community One Story at a Time. Dr. Marrero believes in “data with a soul” that both engages mutual regard and leverages talent, which led her to co-author the book, The Diversity Calling: Building Community One Story at a Time and also was the Human Resource Manager of Staff Education and Development at Stanford during 1988-2000.

**PICC/VAD Nursing Management**

**DATE:** THURSDAY, FEBRUARY 5, 2015

**TIME:** 8:00 AM – 4:00 PM

**FEE:** $159.00 (LUNCH INCLUDED)

**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**CREDITS:** CA BRN 6 CE HOURS

Please note: This is not a PICC Insertion Course. This course will provide the necessary background information prior to taking a PICC Insertion Course.

Peripherally inserted central catheters (PICCs) and other vascular access devices (VADs) are being placed for all types of short term, intermediate length and long-term intravenous (IV) therapy. The successful delivery of IV therapy depends on the nurse’s understanding of how to use and care for them, as well as how to prevent or problem solve catheter-related complications.

**PROGRAM OBJECTIVES**

- Identify different types of central venous catheters (CVCs)
- Identify limitations and advantages
- Discuss IV therapy considerations
- Identify damage to peripheral veins
- Discuss the 4 sources of central line blood stream infections.
- Articulate VAD dressing management
- Describe how to safely remove a PICC line and how to safely remove a CVC
- Assess and manage catheter complications
- Understand troubleshooting tips for catheter obstruction
- Identify de-clotting techniques and successful use of t-PA
- Describe the purposes of blood cultures, and the differences between standard blood cultures and Time-to-Positivity Blood Cultures

**FACULTY FROM STANFORD HEALTH CARE**

**NADINE NAKAZAWA,** BS, RN, OCN, VA-BC, Vascular Access Clinician, member of the Vascular Access Service Team at Stanford, is a past President of the Association for Vascular Access (2008-2009), and is active in many areas of vascular access. She lectures at local, regional, national and international conferences on topics related to the care, maintenance, and complication management of vascular access devices & PICC Insertion using ultrasound.
Essentials in ECG Rhythms
DATE: FRIDAY, FEBRUARY 6, 2015
TIME: 8:30 AM – 3:30 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 6.25 CE HOURS
ANCC 6.25 CONTACT HOURS

GREAT COURSE FOR NEW GRAD NURSES OR HEALTHCARE PROFESSIONALS SEEKING INITIAL ACLS CERTIFICATION

This course is designed for the RN currently working in a monitored unit. Upon completion, the student will have a working knowledge of the heart and the conduction system. The nurse will recognize rhythms seen on monitored units, calculate heart rate, place electrodes for monitoring, and identify appropriate drug interventions.

PROGRAM OBJECTIVES
• Identify components and function of the conduction system
• Correlate cardiac functions and structures
• Identify electrode placement for three and five lead systems
• Articulate the salient characteristics that distinguish essential arrhythmias
• Discuss appropriate pharmacologic interventions

FACULTY
JOAN MERSCH, MS, RN, has over 40 years of experience as a nurse educator in the area of cardiovascular medicine. She was the Patient Care Manager for Stanford Hospital & Clinics’ Coronary Care Unit/Cardiac Surveillance Unit for 35 years. She has authored chapters in textbooks, such as, Critical Care Nursing and Advances in Cardiovascular Nursing. One of her publications includes Review: Improving Your Skills in 12-Lead ECG Interpretation. Progress in Cardiovascular Nursing. Joan currently works as adjunct faculty for the University of San Francisco, School of Nursing & Healthcare Professions, mentoring and developing nurses of the future.

Understanding Benner’s Domains of Practice & Reviewing Exemplars
DATE: THURSDAY, FEBRUARY 12, 2015 OR FRIDAY, APRIL 17, 2015
TIME: 8:00 AM – 12:00 PM
FEE: $10.00
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 4 CE HOURS

EXCLUSIVE TO STANFORD & LUCILE PACKARD NURSES

Become well-versed in Benner’s Seven Major Domains of Practice, including Therapeutic Relationships, Patient Teaching, and Therapeutic Intervention. Learn about Stages of Skills Acquisition by reviewing levels of competencies that distinguish a competent, proficient, and expert nurse. Hear more about Benner’s From Novice to Expert, a model that describes the development and acquisition of knowledge and skills as a nurse progresses through various stages of experience. This class will also clarify your understanding of exemplars, which are detailed accounts or stories of powerful experiences—ones that may stand out because the situation may have changed a nurse’s practice or their perception. Examples of nursing exemplars will be read, reviewed, and discussed in the context of the Benner model.

PROGRAM OBJECTIVES
• Describe Benner’s various levels of skills acquisition for health care professionals
• Compare the expectations for nursing practice as outlined in the California Nursing Practice Act
• Identify Benner’s Domains of Practice in an exemplar
• Explain the application of Benner’s model to the professional growth and development of nurses
• Choose the appropriate forms required for promotion
• Apply Benner’s domains of practice and model in your nursing practice

FACULTY FROM STANFORD HEALTH CARE
GINGER SELL MS, RN, CNS, PNDP, Nursing Professional Development Specialist

Anatomy of an Exemplar
DATE: THURSDAY, FEBRUARY 12, 2015 OR FRIDAY, APRIL 17, 2015
TIME: 1:00 PM – 4:30 PM
FEE: $10.00
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 3.5 CE HOURS

EXCLUSIVE TO STANFORD & LUCILE PACKARD NURSES

Nurses have a number of memorable stories about a situation and experiences that influenced their perception or transformed their nursing practice. The storyline may revolve around a compassionate and caring nurse whose therapeutic intervention improved patient outcomes or saved a life. This course will help you understand how to transform your domains of expert practice into a well-written exemplar. Come to class with a few ideas of your most memorable nursing moments. Along with your peers, we’ll work together to storyboard your ideas. Express your creative talent; for some of you, this may be the beginning of a new hobby.

PROGRAM OBJECTIVES
• Deliberately create a friendly supportive atmosphere to be able to write about your work
• Identify the depth and value of your work
• Construct and revise exemplars
• Identify situations that make for a great exemplar
• Compose an exemplar in class, or at minimum, an outline of one so you can begin the same steps for writing your next stories
• Identify the Benner principles in your exemplars

FACULTY FROM STANFORD HEALTH CARE
MARIA O’BREAN-KARK, MFA, MS, BSN, RN, RN-BC, Staff Nurse Psychiatric Inpatient Unit

COURSE COORDINATOR FROM STANFORD HEALTH CARE
GINGER SELL MS, RN, CNS, PNDP, Nursing Professional Development Specialist
12-Lead ECG Interpretation Using 3D Modeling

PROGRAM OBJECTIVES
• Describe cardiac anatomy
• Design your own 3-dimensional model of a heart from basic craft materials (used throughout the course)
• Describe normal 12 lead ECG and lead polarity
• Compare acute coronary syndromes, endocarditis, myocarditis and pericarditis
• Identify Wolff-Parkinson-White (WPW) and Right versus Left Bundle Branch Blocks
• Compare axis determination, normal axis, LAD and RAD
• Construct your own Hexaxial Reference Wheel (used throughout day)
• Identify Wide Complex Tachycardias: VT versus SVT
• Enjoy 12 lead ECG practice with axis determination

FACULTY FROM STANFORD HEALTH CARE
MARY E. LOUGH, PHD, RN, CNS, CCRN, CNRN, CCNS, is a critical care clinical nurse specialist in the Medical/Surgical Trauma ICU at Stanford Health Care, an assistant clinical professor in the Department of Physiological Nursing at UCSF. She is co-editor of the best-selling texts Critical Care Nursing: Diagnosis and Management 7ed (2014) and Priorities in Critical Care Nursing 7 ed (to be published in 2015).

Arrhythmia Symposium

DATE: FRIDAY, MARCH 6, 2015
TIME: 8:00 AM – 4:00 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN TBD CE HOURS

Managing arrhythmia patients can be challenging and often requires action without hesitation!

This symposium is targeted at increasing the audience’s comfort in caring for this exciting, yet complex patient population. The program will provide content that is aimed at increasing competence and confidence in clinicians, from the bedside to the cath lab to the clinic, when they are providing care for arrhythmia patients.

PROGRAM OBJECTIVES
• Describe arrhythmia mechanisms and relate them to changes in the ECG morphology and treatment options
• Identify ECG characteristics of complex tachycardias and discuss best management strategies for atrial fibrillation, ventricular tachycardia, and supraventricular tachycardia using relevant case studies
• Describe the data that can be retrieved from pacemakers, ICDs, and cardiac resynchronization devices and discuss how to utilize that information to improve patient management
• Discuss the indications for anticoagulation in arrhythmia patients, identify pros and cons of new oral anticoagulants, and discuss challenges in utilization.
• Describe innovative catheter ablation interventions, current clinical trials in electrophysiology, and related patient issues

FACULTY FROM STANFORD HEALTH CARE’S CARDIAC ARRHYTHMIA SERVICE

Our mission at the Center for Education and Professional Development is to create an environment that promotes excellence in patient care by providing state-of-the-art professional development programs for the healthcare community.
From Ordinary to Innovative: Enhance Your Information Literacy

DATE: WEDNESDAY, MARCH 11, 2015
TIME: 8:00 AM – 4:00 PM
FEE: $159 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 7 CE HOURS ANCC 7 CONTACT HOURS

EXCLUSIVE TO STANFORD & PACKARD
EMPLOYEES OF ALL DISCIPLINES

SPONSORED BY SHC RESEARCH AND
INNOVATION SHARED LEADERSHIP COUNCIL

What is the latest and greatest? Am I in the “Know?” How do I get accurate trusted information for patient care? Do I have gaps in knowledge or practice? What is the Gold Standard?

If you want to bring ongoing excellence to the bedside and apply new knowledge, then From Ordinary to Innovative is the course for you. The course will explore resources, tools, and information on the Stanford Intranet, Lane Library and databases. The class will describe and engage the process of Evidence Based Practice. From formulation of PICO question that guides your search, to researching supportive literature and appraisal of relevant articles, this class will prepare you to tackle the challenges of developing and delivering top notch care in a constantly changing environment. The course will be informative, interactive and hands-on as each student will engage with the concepts of EBP and PICO question immediately as well as computer searching the data bases and information sites with guidance from the Research Council teaching team.

It is highly recommended that students obtain Sunet ID prior to class (tip sheet form obtaining Sunet ID will be sent to enrollees); read 1-2 research articles that will be provided (will be sent to enrollees); and have an area they are interested in researching. The course will guide student to formulate the question and a search strategy.

PROGRAM OBJECTIVES
• Identify the principles of evidence based practice, the process of applying them to specific bedside problems, and use curiosity in approaching solutions.
• Define a PICOC question; delineate the steps in creating a PICOC question and how this process initiates the problem-solving of actual challenges encountered at the bedside.
• Define and locate databases and how to use this search tool to gather data that refines the question and leads to potential interventions.
• Develop initial steps toward critique of research literature, appraisal tools available, and the process determining the validity and relevance to your area of inquiry.
• Strategize about potential implementation and evaluation, recognition of challenges, benefits and implications of practice change.

FACULTY FROM STANFORD HEALTH CARE
DAVID PICKHAM, PHD, RN, Director of Transdisciplinary Research, Research and Innovation Council Advisor
JOY BORJA, BSN, RN, Clinical Nurse, Research and Innovation Council Chair
MARILYN TINSELEY, Research Services Librarian, Lane Library
ANNE KLEVAY, RN, MSN, PMHCNS-BC, Clinical Nurse Specialist in Psychiatry
INNA KAPLAN, MSN, RN, OCN, Clinical Nurse, Research and Innovation Council Member

MEMBERS OF THE RESEARCH COUNCIL

Pump It Up! Heart Failure in the 21st Century

DATE: THURSDAY, MARCH 12, 2015
TIME: 8:00 AM - 3:30 PM
FEE: $159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 6.25 CE HOURS ANCC 6.25 CONTACT HOURS

According to the Centers for Disease Control and Prevention as of 2009, around 5.7 million people in the United States had heart failure (HF) and the numbers have steadily increased over the years. This program is designed for front-line healthcare providers to strengthen and build their knowledge base when caring for patients with primary or secondary HF. Current best practices, treatment challenges and symptom management will be provided using a multidisciplinary overview of HF as a disease state impacting patients’ daily lives. Novel therapies and future directions will also be discussed. For nurses interested, class content will be fully applicable toward your required HF educational hours when applying to sit for the Certified Heart Failure Nurse (CHFN) exam.

PROGRAM OBJECTIVES
• Classify causes, epidemiology and disease presentation of HF
• Describe several evidence-based therapies of medication and nutrition
• Compare device management of dysrhythmias and mechanical support of cardiac function
• Differentiate HF symptoms and the impact it has on patient quality of life
• Describe how clinicians can educate and support patient self-monitoring and adherence to therapies
• Identify advanced treatment strategies and new directions for cardiomyopathy treatment

FACULTY FROM STANFORD HEALTH CARE
JAMI BALTZ, RD, CNSC, Dietitian, Coronary Care Unit
DIPANJAL BANERJEE, MD, MS, Advanced Heart Failure and Cardiac Transplantation Medical Director of Mechanical Circulatory Support Program
LISA GUERTIN, MSN, RN, ACNP-BC, Mechanical Circulatory Support Program
KELLY MATSUDA, PHARMD, Coronary Care Unit
SARA RACE, MS, RN, CNS, Center for Inherited Cardiovascular Disease
HEIDI SALSBURY, MSN, RN, CNS, Center for Inherited Cardiovascular Disease
ANGELA TISPERFAL, MS, RN, NP, Electrophysiology

COURSE COORDINATOR FROM STANFORD HEALTH CARE
CHRISTINE THOMPSON, MS, RN, CNS, CCRN, CHFN, Clinical Nurse Specialist in the Heart Failure Program. Christine has more than 25 years of experience in cardiovascular care as a clinician, educator, researcher and administrator. She has authored book chapters and journal articles on cardiology-based topics. Working largely within inpatient areas at Stanford, Christine has a special interest in improving self-care and symptom management for patients with heart failure.
**Adult Critical Care Series: Cardiothoracic Surgical Intervention**

**DATE:** TUESDAY, MARCH 17, 2015  
**TIME:** 8:00 AM – 3:30 PM  
**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303  
**FEE:** $159.00 (LUNCH INCLUDED)  
**CREDITS:** CA BRN TBD CE HOURS ANCC TBD CONTACT HOURS

Course content focuses on the surgical interventions used in the treatment of cardiothoracic disease. Participants will get a glimpse of some of the new procedures that are found in the larger medical centers such as transcatheter aortic valve replacement, valvular reconstruction and emergency treatment of aortic dissection as well as an overview of the basics. All participants will leave with an excellent understanding of the physiological effects of cardiopulmonary bypass and the risks and complications of some of the common surgical interventions.

See page 14 for a description of the complete Adult Critical Care Series.

**COURSE COORDINATORS FROM STANFORD HEALTH CARE**  
MARY E. LOUGH, PHD, RN, CNS, CCRN, CNRN, CCNS, Critical Care Clinical Nurse Specialist, Medical/Surgical Trauma ICU  
JULIE A. SHINN, MA, RN, CNS, CCRN, FAHA, FAAN, Cardiovascular Clinical Nurse Specialist

**Geriatric Care Series Session III: Hospital Care of Older Adults**

**DATE:** THURSDAY, MARCH 19, 2015  
**TIME:** 8:00 AM – 3:30 PM  
**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303  
**FEE:** $159.00 (LUNCH INCLUDED)  
**CREDITS:** BRN 6.25 CE HOURS ANCC 6.25 CONTACT HOURS

This exciting new course addresses the challenging needs of the growing number of hospitalized older adults. The series is designed to enhance the healthcare provider’s knowledge of evidence-based geriatric care to improve patient outcomes. Learn from experts geriatric tools and tips that can be used in your daily practice.

The curriculum is based on NICHE model of care (Nurses Improving Care for Healthsystem Elders) which was developed by Hartford Institute of Geriatric Nursing and NYU College of Nursing.

Participants may take one, two, or all three classes and in any order. Registered Nurses who complete the three sessions will gain more knowledge and confidence in preparation for the American Nurse Credentialing Center Certification exam as a Gerontological Nurse.

**PROGRAM OBJECTIVES**
- Identify Geriatric issues in critical care  
- Discuss Geriatric Syndromes: falls, sleep, urinary incontinence, and skin integrity  
- Describe ethical issues in geriatrics and strategies to optimize quality of life  
- Examine Alzheimer’s Disease and related Dementias

**FACULTY FROM STANFORD HEALTH CARE**  
DEBORAH BOLDING, PHD, OTR/L, FAOTA, Occupational Therapist  
YUSRA HUSSAIN, MD, Adjunct Clinical Assistant Professor, Geriatrics,  
MARY JAMES, MD, Clinical Instructor, Division of General Medicine/Geriatrics, Senior Care Clinic  
MARY LOUGH, PHD, RN, CNS, CCRN, Clinical Nurse Specialist, Critical Care  
ROBINETTA WHEELER, PHD, RN, CWOCN, CFNC, NE-BC, Patient Care Manager, Wound and Ostomy

**COURSE COORDINATOR FROM STANFORD HEALTH CARE**  
DIANA DELA CRUZ, MSN, RN, CNS, Clinical Nurse Specialist, Geriatric Specialty, Aging Adult Services

**Top Drugs to Know at the Bedside: Pharmacology Update**

**DATE:** TUESDAY, MARCH 24, 2015  
**TIME:** 8:00 AM – 3:30 PM  
**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303  
**FEE:** $159.00 (LUNCH INCLUDED)  
**CREDITS:** CA BRN 6.25 CE HOURS ANCC 6.25 CONTACT HOURS

The administration and monitoring of medications is one of the skills that separate the licensed from the unlicensed care provider. It is difficult, if not impossible, to stay up to date on new drugs as they enter the market. This session will review the commonly used agents in acute and critical care with a focus on cardiac and hematology medications. Vitamins, minerals and herbs will also be addressed and the clinical implications for these preparations.

The principles of pharmacodynamics, pharmacokinetics and pharmacotherapeutics will be reviewed and applied to bedside nursing practice. The current evidence-based guidelines will be outlined where indicated. The medications that will be discussed have incredible lifesaving properties and need to be administered with knowledge and confidence because the potential complications can be deadly. Although bedside nurses do not have prescriptive authority they are responsible for the safe administration and skilled monitoring of the drugs their patients are taking. This is essential knowledge for professional practice.

**PROGRAM OBJECTIVES**
- Identify administering common and dangerous drugs with confidence  
- Identify pharmacodynamics, pharmacokinetics and pharmacotherapeutics  
- Classify common cardiac medications for heart failure, hypertension, dysrhythmias and ACLS  
- Classify agents used to treat clotting and bleeding disorders and those used to prevent and/or treat the DVT

**FACULTY**  
CAROL A. RAUEN, MSN, RN, CCNS, CCRN, PCCN, CEN, RN-BC, is an award winning, nationally recognized speaker, has over thirty years of experience in acute and critical care, and serves on the editorial board of AACN Advance Critical Care and is the editor of the Certification Prep Column for Critical Care Nurse. Carol currently is an independent critical care clinical nurse specialist, education consultant, and enjoys providing direct patient care in a North Carolina Emergency Department. Carol received her BSN and MS in Trauma & Critical Care Nursing from the University of Maryland. She is widely published, including eight book chapters in major critical care nursing texts and multiple journal articles. Carol has spoken at the AACN NTI Conference since 1992. In 2013 was inducted into the Circle of Excellence by AACN.
Acute and critical care nurses care for patients at risk for shock every day. Knowledge of the classifications, pathophysiology, assessment and treatment options are essential for all hospital nurses. This session will review these topics and also the stages of shock. The current Evidence-Based practice guidelines for each type of shock will be discussed, including the Surviving Sepsis Campaign Guidelines, STEMI and Heart Failure AHA recommendations. The recent updates to the guidelines and the nursing care concerns will be discussed. Using case studies, discussion, lecture and critical thinking exercises the physiology and acute care challenges for shock patients and the nursing implications will be reviewed.

**PROGRAM OBJECTIVES**
- Describe three classifications for shock
- Explain the etiology of shock
- Differentiate compensatory from decompen- satory shock
- Discuss how cellular mediators are both good and evil at the same time
- Identify the strongest levels of evidence in an EBP guideline
- List one EBP recommendation for each of the five classifications for shock

**FACULTY**
CAROL A. RAUEN, MS, RN, CCNS, CCRN, PCCN, CEN, RN-BC, has over thirty years of experience in critical care and is a nationally recognized speaker. Carol currently is an independent Clinical Nurse Specialist and education consultant. Prior to this role she was at Georgetown University Medical Center and School of Nursing for twelve years. She works clinically in the Emergency department at Outer Banks Hospital in North Carolina. Carol serves on the editorial boards of both Critical Care Nurse and Advanced Critical Care. She has presented at the AACN National Teaching Institute for the last twenty years. Carol received her CCRN certification in 1985 and has maintained certification since that time. She received her CCNS certification in 2003, CEN in 2011, PCCN in 2006 and her Gerontological Nursing Certification in 2013.

**Death by Clot: Hematology Assessment, Pathophysiology & Pharmacology**

**DATE:** THURSDAY, MARCH 26, 2015  
**TIME:** 8:00 AM – 3:30 PM  
**FEE:** $159.00 (LUNCH INCLUDED)  
**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303  
**CREDITS:** CA BRN 6.5 CE HOURS  
ANCC 6.5 CONTACT HOURS

Hematologic disorders are a leading cause of admission, mortality and morbidity in the acute patient population. Most hospitalized patients are at risk for either bleeding or clotting. This course will offer a comprehensive review of the physiology and assessment of the hematopoietic system. The function and pathologies related to red cells, white cells and platelets and clinical application of the interpretation of the complete blood count, and coagulation profiles will be outlined. Specific disorders discussed include: disseminated intravascular coagulation (DIC), sickle cell disease, hemophilia, heparin induced thrombocytopenia (HIT), idiopathic thrombocytopenic purpura (ITP), hemolysis elevated liver enzymes and low platelets (HELLP), and vonWillebrand’s disease. Hypercoagulable states and clotting disorders such as deep vein thrombosis (DVT), pulmonary embolism (PE), stroke and acute coronary syndrome (ACS) will be evaluated. Pathology, assessment, treatment options, clinical guidelines and evidence based practice will be discussed.

**PROGRAM OBJECTIVES**
- List the purpose, components, and common assessment strategies for the hematopoietic system
- State the four common human blood products and complications
- Explain hematology assessment including the CBC and coagulation profiles.
- Discuss human and synthetic blood transfusions: Friend or Foe?
- Recognize clinical indications and assessment of common hematologic drugs- anticoagulants and antiplatelets
- Describe the clinical implications and treatment options for common clotting and bleeding disorders seen in acute care practice

**FACULTY**
CAROL A. RAUEN, MS, RN, CCNS, CEN, CCRN, PCCN, has over 30 years of experience in critical care and is a nationally recognized speaker. Her knowledge and expertise in hematology developed at the bedside in cardiac surgery and trauma ICUs. She is the author of the hematology section of the American Association of Critical Care Nurses’ (AACN) ECCO program as well as the guest editor for the hematology symposium published in AACN Advanced Critical Care Journal and is the hematology contributing editor for Critical Care Nurse. She is currently an independent CNS and Education Consultant. Prior to this, she was at Georgetown University Medical Center and School of Nursing for 12 years. She has spoken on hematology topics at the AACN National Teaching Institute.

**Making the Most of Your Community Service: Foundations for Community Engagement**

**DATE:** TUESDAY, APRIL 7, 2015  
**TIME:** 8:00 AM – 3:15 PM  
**FEE:** COMPLIMENTARY  
**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303  
**CREDITS:** BRN 6 CE HOURS ($20.00 CE CERTIFICATE – OPTIONAL)  
BBS 6 CE HOURS ($20.00 CE CERTIFICATE – OPTIONAL)

SUPPORTED BY A GRANT FROM HSC COMMUNITY PARTNERSHIP PROGRAM

Research increasingly points to economic, social and environmental influences on poor health. These factors disproportionately affect ethnic minority and other underserved communities, resulting in health disparities in our local communities. In order to address these factors and improve population health, nurses and other providers must have the skills to engage effectively with communities. This training provides the background, knowledge and skills necessary to engage effectively and ethically with communities, and offers participants options and resources for pursuing meaningful community engagement.

**PROGRAM OBJECTIVES**
- Identify the medically underserved
- Discuss how our health needs are met
- Describe social and economic factors which impact health
- Define how each of us contributes to improving the health of local communities
- Describe the difference between community engagement and volunteerism
- Define personal goals and plans for service

**FACULTY AND STAFF FROM THE OFFICE OF COMMUNITY HEALTH, STANFORD UNIVERSITY SCHOOL OF MEDICINE**

ANN BANCOFF, MSW, MPH, Program Director  
JILL EVANS, MPH, Research Program Director  
EVELYN HO, MPH, Program Manager  
RHONDA MCCLINTON-BROWN, MPH, Executive Director  
MARIlyn WINKLEBY, PhD, MPH, Faculty Advisor

**COURSE COORDINATOR FROM STANFORD HEALTH CARE**  
SHARON KEATING-BEAUREGARD, MS, Executive Director, Community Partnerships - Government and Community Relations

Register online at www.cecenter.stanfordhospital.com
**Critical Care Registered Nurse (CCRN) Review**

**DATES:**
- DAY 1: TUESDAY, APRIL 14, 2015
- DAY 2: TUESDAY, APRIL 21, 2015
- DAY 3: TUESDAY, APRIL 28, 2015

**TIME:**
8:00 AM – 4:00 PM

**FEE:** $159.00/DAY (LUNCH INCLUDED)

**LOCATION:**
1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**CREDITS:**
CA BRN 6.25 CE HOURS/DAY
ANCC 6.25 CONTACT HOURS/DAY

IF YOU ARE LOOKING FOR A DYNAMIC UPDATE OF ALL BODY SYSTEMS, THIS COURSE IS FOR YOU!

PLEASE NOTE: MUST REGISTER FOR EACH DAY INDIVIDUALLY. IT IS HIGHLY RECOMMENDED TO REGISTER AND ATTEND ALL THREE CLASSES.

Attending all 3 courses will provide you with a strong foundation to prepare for and pass the CCRN exam. The content reflects the latest CCRN Blueprint. The classes are held on three separate days to make it easier to master the volume of information presented. You may attend one, two, or three sessions; attending all three classes is recommended.

Day One covers the cardiovascular system and emphasizes hemodynamics and cardiac knowledge needed for the CCRN exam.

Day Two focuses on the pulmonary system; acute endocrine disorders and immune-mediated coagulopathies.

Day Three covers acute neuroscience (expanded in the 2010 CCRN Blueprint), GI, kidney, sepsis and multisystem integration.

The content reflects the latest CCRN Blueprint. GI, kidney, sepsis and multisystem integration.

The course focus is on disease recognition, assessment pointers, interpretation of critical diagnostic values, and priority interventions. The AACN clinical synergy model, test questions, and test-taking strategies are integrated throughout the three sessions. Coursework is current, evidence-based, and highly interactive, with high-quality computer graphics and a detailed outline to minimize the need for note taking.

**FACULTY FROM STANDFORD HEALTH CARE**

MARY E. LOUGH, PHD, RN, CNS, CCRN, CCNS, CCNS, is a critical care clinical nurse specialist in the Medical/Surgical Trauma ICU at Stanford Health Care, an assistant clinical professor at Stanford University, and a clinical professor in the Department of Physiological Nursing, UCSF. She is co-editor of the best-selling texts *Critical Care Nursing: Diagnosis and Management 7 ed* (2014) and *Priorities in Critical Care Nursing 7 ed* (to be published in 2015).

**Adult Critical Care Series: Trauma Critical Care Nurse Essentials**

**DATE:** WEDNESDAY, APRIL 22, 2015
**TIME:** 8:00 AM – 3:30 PM
**FEE:** $159.00 (LUNCH INCLUDED)
**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
**CREDITS:** CA BRN TBD CE HOURS
ANCC TBD CONTACT HOURS

This course is intended for nurses with critical care experience who want to expand their clinical horizons to include care of trauma patients in the ICU. Content includes primary and secondary trauma assessment skills, mechanism of injury, triage and life-sustaining interventions for traumatic brain injury, orthopedic injuries, abdominal trauma and other trauma related conditions.

See page 14 for a description of the complete Adult Critical Care Series.

**COURSE COORDINATORS FROM STANDFORD HEALTH CARE**

MARY E. LOUGH, PHD, RN, CNS, CCRN, CCNS, CCNS, Critical Care Clinical Nurse Specialist, Medical/Surgical Trauma ICU

JULIE A. SHINN, MA, RN, CNS, CCRN, FAHA, FAAN, Cardiovascular Clinical Nurse Specialist

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**Computer Courses**

**Microsoft Office 2010**

**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**Excel: Level 1**

**DATE:** TUESDAY, MARCH 3, 2015
**TIME:** 9:00AM – 4:30PM
**FEE:** $250.00 (INCLUDES LUNCH AND TEXTBOOK)


**Excel: Level 2**

**DATE:** TUESDAY, MARCH 24, 2015
**TIME:** 9:00AM – 4:30PM
**FEE:** $250.00 (INCLUDES LUNCH AND TEXTBOOK)


**Excel: Level 3**

**DATE:** TUESDAY, APRIL 21, 2015
**TIME:** 9:00AM – 4:30PM
**FEE:** $250.00 (INCLUDES LUNCH AND TEXTBOOK)

Enhance productivity by streamlining the workflow. Collaborate with other workbook users. Audit worksheets. Analyze data. Work with multiple workbooks. Import and export data. Integrate Excel data with the web.

**Power Point: Level 1**

**DATE:** THURSDAY, APRIL 23, 2015
**TIME:** 9:00 AM-4:30 PM
**FEE:** $250.00 (INCLUDES LUNCH AND TEXTBOOK)

Explore the PowerPoint 2010 interface. Create a presentation. Format text on slides. Add graphical objects on slides. Add charts and tables to a presentation. Prepare to deliver a presentation.
ADULT CRITICAL CARE SERIES

Put Your Career in Gear with the Stanford Critical Care Certificate Program!

ADULT CRITICAL CARE CERTIFICATE PROGRAM
The Stanford Center for Education and Professional Development is proud to offer a Certificate of Completion in Adult Critical Care Nursing. The certificate shows that the student has undertaken a comprehensive range of classes related to care of the adult critical care patient. It is intended to support the nurses’ professional commitment to professional advancement in this field. A nurse may choose to list completion of this series of classes on his/her curriculum vitae. This certificate offers advanced study in both cardiovascular and critical care nursing.

The requirement for the certificate of completion is attending the six classes in the adult critical care series listed below.

You may take up to two years to complete the certificate program. Submit copies of your CE certificates to the Center for Education and Professional Development and a Stanford Critical Care Certificate of Completion will be mailed to you.

ADULT CRITICAL CARE SERIES
The Adult Critical Care series presented by renowned physicians and nurses from Stanford Health Care provides a unique opportunity for healthcare providers to receive a broad range of advanced critical care theory and the most up-to-date patient care practices.

- Neurologic Dysfunction
- Trauma Critical Care Nurse Essentials
- Cardiothoracic Surgical Interventions
- Cardiac Dysfunction
- Metabolic Dysfunction
- Pulmonary Dysfunction

TIME: 8:00 AM – 3:30 PM
FEE: $159.00/ COURSE (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADEO ROAD, PALO ALTO, CA 94303
CREDITS: CA RN TBD CE HOURS/ COURSE
ANCC TBD CONTACT HOURS/ COURSE

COURSE COORDINATORS FROM STANFORD HEALTH CARE
MARY E. LOUGH, PhD, RN, CNS, CCRN, CNRN, CCNS,
Critical Care Clinical Nurse Specialist, Medical/Surgical Trauma ICU
JULIE A. SHINN, MA, RN, CCRN, FAHA, FAAN,
Cardiovascular Clinical Nurse Specialist

COURSE DESCRIPTIONS

Neurologic Dysfunction
Date: Tuesday, January 13, 2015
This course addresses neuroanatomy, physiology and pathophysiology, neurologic assessment as well as nursing management of intracranial pressure monitoring, stroke, intracerebral bleeds, neurosurgery and neuro-interventional catheter procedures. Content is integrated using clinical case studies.

Cardiothoracic Surgical Interventions
Date: Tuesday, March 17, 2015
Course content focuses on the surgical interventions used in the treatment of cardiothoracic disease. Participants will get a glimpse of some of the new procedures that are found in the larger medical centers such transcatheter aortic valve replacement, valvular reconstruction and emergency treatment of aortic dissection as well as an overview of the basics. All participants will leave with an excellent understanding of the physiological effects of cardiopulmonary bypass and the risks and complications of some of the common surgical interventions.

Trauma Critical Care Nurse Essentials
Date: Wednesday, April 22, 2015
This course is intended for nurses with critical care experience who want to expand their clinical horizons to include care of trauma patients in the ICU. Content includes primary and secondary trauma assessment skills, mechanism of injury, triage and life-sustaining interventions for traumatic brain injury, orthopedic injuries, abdominal trauma and other trauma-related conditions.

Cardiac Dysfunction
Date: Tuesday, May 12, 2015
Course content addresses care of the cardiac patient across the continuum. Acute cardiac disease such as myocardial infarction is discussed as are the long term consequences of dysrhythmias, heart failure and cardiogenic shock. Current pharmacologic management, interventional techniques as well as the role for implanted left ventricular assist devices will be detailed.

Metabolic Dysfunction
Date: Thursday, June 4, 2015
Course content will cover the interconnected endothelial and hormonal pathways that exist in endocrine disorders, shock states, infectious disease and acute abdominal organ dysfunction. Case studies are used to explore the impact on specific organ systems and discuss related treatment options.

Pulmonary Dysfunction
Date: Tuesday, September 22, 2015
This course addresses the complex pathophysiology behind adult respiratory distress syndrome and its treatment. New modes of ventilator therapy and treatment strategies are outlined for the critical care nurse, which includes sedation guidelines and strategies to prevent ventilator associated pneumonia. Pulmonary hypertension and neuromuscular disease are also included in the course content.
Learn at your own pace in a convenient time and place. Certificates are mailed promptly after your home study post-test is returned. To view study course descriptions and to order, view our webpage www.cecenter.stanfordhospital.com and click online registration.

**CQ Style: The Intelligent Art of Working with People from Other Cultures**

**CREDITS:** CA BRN 7 CE HOURS  
**BBS 7 CONTACT HOURS**  
**FEE:** $75.00

How many times a day in your personal or professional life do you interact with someone from another culture? Would you like to increase your awareness and ability to communicate in these circumstances with greater ease? Developing your “CQ” can help. CQ or Cultural Intelligence is the capacity to understand and work effectively with people from diverse cultural backgrounds. The good news is cultivating Cultural Intelligence is a skill that can be learned. This program will help you identify your own cultural style and determine that of others in six key areas: management, strategy, planning, personal communication and reasoning. It includes practical tips for optimizing communication with non-native English speaking persons.

Includes the text: *Cultural Intelligence: A Guide to Working with People from Other Cultures* by Dr. Brooks Peterson

**Sleep Debt ... One of America’s Largest Health Problems**

**CREDITS:** CA BRN 6 CONTACT HOURS  
**FEE:** $65.00

The cost of accruing sleep debt is steep, contributing to serious injury and chronic illness. Recent research confirms that when people get enough sleep, they reduce stress and enjoy greater health. This course covers a sleep related topics and provides valuable information to optimize personal and patient sleep hygiene and health.

Includes the text: *Sleep for Success! Everything You Must Know About Sleep But Are Too Tired To Ask* by Dr. James B. Maas, Rebecca Robbins, with forward by William C. Dement.

**Menopause: A Mind-Body Revolution**  
( Newly Revised 3-Part Series)

**SEE EACH SECTION FOR PRICING AND CONTACT HOUR INFORMATION. SPECIAL PRICING FOR INVESTING IN THE FULL SERIES:**  
$225 FOR 26 CA BRN CE HOURS

In her newly revised version of the #1 New York Times bestseller, physician and author Christiane Northrup, reiterates the “change” is not simply a collection of physical symptoms to be “fixed.” The choices a woman makes at this time have the power to secure vibrant health and well-being for the rest of her life. This comprehensive series covers the spectrum of health issues relevant to over 42 million American women currently in their middle years.

Includes the text: *The Wisdom of Menopause (Revised Edition): Creating Physical and Emotional Health During the Change* by Christiane Northrup, M.D.

**Part One**  
**CREDITS:** CA BRN 9 CE HOURS  
**FEE:** $95.00

**CONTENT COVERED INCLUDES**  
- Interaction between emotions, hormones and health  
- Physical and emotional ‘wake-up calls’ women experience  
- Common symptoms experienced in perimenopause  
- Decision-making process for hormone therapy and health factors to consider  
- Healthful menopausal foods

**Part Two**  
**CREDITS:** CA BRN 8 CE HOURS  
**FEE:** $85.00

**CONTENT COVERED INCLUDES**  
- Midlife weight control  
- Symptoms of hormonal imbalance in midlife and treatment options  
- Myths and realities of sex and sexuality at midlife  
- Strategies for better sleep  
- Depression at midlife and how to combat its debilitating effects

**Part Three**  
**CREDITS:** CA BRN 9 CE HOURS  
**FEE:** $95.00

**CONTENT COVERED INCLUDES**  
- Ways to prevent and treat skin damage  
- Risk factors and common approaches for treating osteoporosis  
- Breast health  
- Reducing cardiovascular disease

**Leadership: An Inside Job**

**CREDITS:** CA BRN 7 CE HOURS  
**FEE:** $75.00

According to best-selling author and leadership expert John C. Maxwell, leadership is not an exclusive club for those who were “born with it”. Leadership is developed not discovered. This program will help you identify and develop your leadership skills. Students will learn 10 leadership principles that can transform a manager into a leader.

**THese INCLUDE**  
- Creating Positive Influence  
- Setting The Right Priorities  
- Modeling Integrity  
- Creating Positive Change  
- Problem Solving  
- Having The Right Positive Attitude  
- Developing People  
- Charting The Vision  
- Practicing Self-Discipline  
- Developing Staff

Includes the text: *Developing the Leader Within You* by John C. Maxwell
Basic Life Support for Healthcare Providers (BLS-HCP) Initial Certification Course

**PREREQUISITES:** NO PREREQUISITES

**FEES:** $105.00, INCLUDES 2010 STUDENT MANUAL

**CREDITS:** NONE

**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**DATE/TIME:** INITIAL CERTIFICATION 8:00 AM-1:00PM
JANUARY 30
FEBRUARY 27
MARCH 27
APRIL 28

**REGISTER:** ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

This American Heart Association (AHA) Course combines lecture, video, and skills practice/testing sessions to teach basic life support techniques to health-care providers.

**COURSE CONTENT**
- Circulation: circulation techniques using chest compressions for one and two rescuers for adult and infant. Defibrillation with the automatic external defibrillator (AED)
- Airway: opening airway techniques and techniques to relieve conscious and unconscious choking in adult, child, and infant
- Breathing: ventilation with barrier device and use of the bag-mask

An AHA BLS-HCP course completion card will be issued upon successful completion of skills demonstration and written examination.

Basic Life Support for Healthcare Providers (BLS-HCP) Renewal/Update Course

**PREREQUISITES:** VALID BLS–HCP CARD.

**FEES:** $105.00, INCLUDES 2010 STUDENT MANUAL

**CREDITS:** NONE

**LOCATION:** 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

**DATE/TIME:** RENEWAL/UPDATE 8:00 AM-NOON
JANUARY 6, 13, 27
FEBRUARY 3, 10, 17
MARCH 3, 10, 17
APRIL 7, 14

**REGISTER:** ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

This American Heart Association (AHA) Course combines lecture, video, and skills practice/testing sessions to teach basic life support techniques to health-care providers.

**COURSE CONTENT**
- Circulation: circulation techniques using chest compressions for one and two rescuers for adult and infant. Defibrillation with the automatic external defibrillator (AED)
- Airway: opening airway techniques and techniques to relieve conscious and unconscious choking in adult, child, and infant
- Breathing: ventilation with barrier device and use of the bag-mask

An AHA BLS–HCP course completion card will be issued upon successful completion of skills demonstration and written examination.
BLS–HCP Online/Skills Check

PREREQUISITES: COMPUTER ACCESS AND A CURRENT EMAIL ADDRESS
FEES: $100.00 INCLUDES ONLINE ACCESS CODE AND SKILLS CHECK (ALLOW 1-2 HOURS TO COMPLETE ONLINE PORTION).
CREDITS: NONE
TIMES OF SKILLS CHECKS: 9:00 AM, ONCE FILLED UP, 10:00 AM WILL BE ADDED, ONCE FILLED UP, 11:00 AM WILL BE ADDED
LOCATION & DATES:
CENTER FOR EDUCATION SHC ATRIUM
1850 EMBARCADERO ROAD 300 PASTEUR DRIVE
PALO ALTO, CA 94303 STANFORD, CA 94305
JANUARY 16 FEBRUARY 6, 20
MARCH 6, 20 APRIL 10, 24

REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

Register for a skills check date and the online access code will be e-mailed to you from the AHA within 48 hours.

The American Heart Association’s (AHA) BLS–HCP Online Part 1 Course is accessible 24 hours a day as a flexible alternative to classroom training. Through case-based scenarios, interactive activities, and videos, this course teaches the concepts of both single-rescuer and team life support.

The online part 1 must be paired with a skills check, which includes hands-on practice and testing (Parts 2 and 3) with an AHA BLS instructor. Part 1 must be completed before the skills practice and testing. The skills check is approximately 1 hour and will be held at the Life Support Training Center unless otherwise noted.

An AHA BLS–HCP course completion card will be issued upon successful completion of all three parts.

Advanced Cardiac Life Support (ACLS) Initial Certification Course

PREREQUISITES: VALID BLS–HCP CARD
EKG RHYTHM INTERPRETATION SKILLS
ACLS PHARMACOLOGY
FEES: $350.00 INCLUDES ACLS MANUAL, CPR/ECC HANDBOOK, AND ECG/PHARMACOLOGY WORKBOOK
CREDITS: 12 CA BRN CE HOURS– MUST ATTEND AND COMPLETE BOTH DAYS
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
DATE/TIME: MARCH 18, 2015 DAY 1: 8 AM – 5 PM (LUNCH INCLUDED)
MARCH 19, 2015 DAY 2: 8 AM – 1 PM (LUNCH NOT INCLUDED)

REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

This American Heart Association (AHA) course is an intensive two-day session designed for health-care providers who direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. Through lecture, video, and active participation in simulated cases, participants will enhance their skills in the diagnosis and treatment of cardiopulmonary arrest, acute arrhythmia, stroke, and acute coronary syndromes (ACS).

Day 1: BLS and ACLS survey, Science overview, Stroke, ACS, respiratory/ airway management, pharmacology, ECG review, and skills practice stations
Day 2: Putting it All Together learning stations, megacode testing, and written test

COURSE CONTENT
• Basic Life Support (BLS) survey
• High-quality cardiopulmonary resuscitation (CPR)
• ACLS survey and algorithms
• Effective resuscitation team dynamics
• Immediate post-cardiac care

An AHA ACLS course completion card will be issued at the end of Day 2 upon successful completion of skills demonstration and written examination.
Advanced Cardiac Life Support (ACLS) Renewal/Update Course

PREREQUISITES: VALID BLS AND ACLS CARDS
EKG RHYTHM INTERPRETATION SKILLS
ACLS PHARMACOLOGY

FEES: $260.00 INCLUDES ACLS MANUAL AND CPR/ECC
HANDBOOK
CREDITS: 6 CA BRN CE HOURS
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
DATE/TIME: 9:00 AM – 5:00 PM (LUNCH INCLUDED)
JANUARY 7, 14, 28
FEBRUARY 11, 18, 25
MARCH 4, 11
APRIL 8, 22, 29

REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

NOTE: BLS NOT INCLUDED IN THIS COURSE—SEE PAGE 20 FOR BLS RENEWAL OPTIONS

This American Heart Association renewal/update course is designed for health-care providers who have already taken ACLS and direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. Through lecture, video, and active participation in simulated cases, participants will enhance their skills in the diagnosis and treatment of cardiopulmonary arrest, acute arrhythmia, stroke, and acute coronary syndromes (ACS).

COURSE CONTENT
• Basic Life Support (BLS) survey
• High quality cardiopulmonary resuscitation (CPR)
• ACLS survey and algorithms
• Effective resuscitation team dynamics
• Immediate post-cardiac care

An AHA ACLS course completion card will be issued at the end of the course upon successful completion of skills demonstration and written examination.

Advanced Cardiac Life Support (ACLS) HeartCode® Online plus Skills Check

PREREQUISITES: COMPUTER ACCESS AND A CURRENT EMAIL ADDRESS

FEES: $250.00 INCLUDES AHA HEARTCODE ONLINE ACCESS CODE AND SKILLS CHECK (ALLOW 8-10 HOURS TO COMPLETE THE ONLINE PORTION OF THIS COURSE PRIOR TO ATTENDING A SKILLS CHECK)
CREDITS: CE/CME/CEH HOURS AVAILABLE THROUGH AHA WEBSITE
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

SKILLS CHECK DATE/TIME:
9:00 AM, ONCE FILLED UP, 10:00 AM WILL BE ADDED
JANUARY 29
FEBRUARY 26
MARCH 26
APRIL 16

REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

Register for a skills check date and the online access code will be e-mailed to you from the AHA within 48 hours.

NOTE: BLS NOT INCLUDED IN THIS COURSE—SEE PAGE 20 FOR BLS RENEWAL OPTIONS

The American Heart Association HeartCode is a web-based, self-paced instructional program that uses eSimulation technology to allow students to assess and treat patients in virtual health-care settings. Students apply their knowledge to real-time decision making and skills development; debriefings and coaching are provided immediately after each simulation to facilitate learning.

The online portion of the course must be paired with a skills check, which includes hands-on practice and testing with an AHA ACLS instructor. The online portion must be completed prior to the skills practice and testing with a manikin. Skills sessions will take approximately 1-2 hours and will be held at the Life Support Training Center.

ONLINE COURSE CONTENT
• Key changes reflecting the 2010 AHA Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care
• Ten adult patient cases presented through eSimulation technology:
  • One BLS case
  • Seven cases representing cardiovascular, respiratory, and stroke emergencies
  • Two megacodes
• Recognition and early management of respiratory and cardiac arrest
• Recognition and early management of peri-arrest conditions such as symptomatic bradycardia
• Airway management
• Related pharmacology
• Management of acute coronary syndromes and stroke
• Effective communication as a member and leader of a resuscitation team

An AHA ACLS course completion card will be issued upon successful completion of the online cognitive portion and skills sessions.
DUE TO AHA GUIDELINE CHANGES, BASIC LIFE SUPPORT (BLS) IS NO LONGER OFFERED DURING THE ACLS COURSE.

TO RENEW YOUR BLS:

OPTION 1
Renew BLS before the ACLS Renewal/Update course (8AM-9AM) or with the ACLS Skills Check: Go to the Stanford Center for Education website www.ceccenter.stanfordhospital.com and register for the BLS skills check on the same date as your ACLS course. This BLS skills check time is reserved only for those taking the ACLS course. An access code will be e-mailed to you from the AHA within 48 hours once you register. Fee $22.00 for access code, skills check is free if taken same day as ACLS.

OPTION 2
Renew BLS on your own time: Go to the Stanford Center for Education website www.ceccenter.stanfordhospital.com and register for the BLS skills check date of your choice. An access code will be e-mailed to you from the AHA within 48 hours once you register. Fee of $100.00 includes access code and skills check.

OPTION 3
Renew BLS in the classroom: Sign up for a four-hour BLS course at the Center for Education and Professional Development. Register online at www.ceccenter.stanfordhospital.com. Fee $105.00; includes the 2010 student manual.

If you would like more information about these courses, please call 650-725-9938 or visit our website www.ceccenter.stanfordhospital.com.

AHA Disclaimer: “The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has development instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.”

STANFORD LIFE SUPPORT TRAINING CENTER WINTER 2015 COURSE DATES

<table>
<thead>
<tr>
<th></th>
<th>ACLS Renewal 9AM-5PM (BLS Skills check offered before class from 8AM-9AM)</th>
<th>ACLS Initial 2 Day Class Day 1 8AM - 5PM Day 2 8AM-1PM</th>
<th>ACLS Skills Check (BLS Skills Check available after ACLS Skills Check) 1-2 Hour Sessions 9AM-11AM</th>
<th>BLS Renewal 8AM-12PM</th>
<th>BLS Initial Class 8AM-1PM</th>
<th>BLS Skills Check 1 Hour Sessions 9AM-Noon</th>
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<td>April</td>
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<td>10, 24</td>
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LOCATION FOR ALL CLASSES: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303. ALL COURSE DATES ARE SUBJECT TO CHANGE.

IF YOU WOULD LIKE MORE INFORMATION ABOUT THESE COURSES, PLEASE CALL 650-725-9938 OR VISIT OUR WEBSITE WWW.CECENTER.STANFORDHOSPITAL.COM.
<table>
<thead>
<tr>
<th>QUESTION</th>
<th>ANSWER</th>
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<tr>
<td>What is the cost of a BLS Course?</td>
<td>$105 includes course, includes 2010 BLS manual</td>
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<tr>
<td>What is the cost of a BLS Skills Check?</td>
<td>$100 includes American Heart Association access code for part 1 online, and a one hour long skills check with an AHA instructor.</td>
</tr>
</tbody>
</table>
| What is the cost of the ACLS Course?                                    | Renewal/Update: $260 includes course and 2010 ACLS student manual & ECC handbook  
Initial: $350 includes course and 2010 ACLS student manual, ECC handbook, and ECG/Pharmacology workbook                                                                                           |
| What is the cost of an ACLS Skills Check?                               | $250 includes American Heart Association online access code for part 1 and a one hour skills check with an AHA instructor                                                                                                                                                                                                                   |
| Do you offer CEs for ACLS and BLS Courses?                              | ACLS initial (2 days) – 12 CA BRN CE hours (must attend both days)  
ACLS renewal – 6 CA BRN CE hours  
ACLS online/skills check – CE/CME/CEH hours issued through AHA website  
BLS – No CE hours                                                                                                                                                                                                 |
| How do I get a CE Certificate upon completion of the class?             | CE Certificates will be available for printing after midnight following the ACLS class and will be active for 3 years after the class date.  
1. Go to www.cecenter.stanfordhospital.com  
2. Login following instructions  
3. Click “my Courses” tab at top of page and select course you want to print CEs for  
4. Select green box CERTIFICATE to print certificate.                                                                                                                                                                                                                   |
| How do I register for a BLS or ACLS course?                            | Go to www.cecenter.stanfordhospital.com to view dates and to register.                                                                                                                                                                                                                                                                   |
| How do I register for a BLS or ACLS Skills Check?                       | Go to www.cecenter.stanfordhospital.com to view dates and register. Once you have registered the online access code will be emailed to you from the AHA within 48 hours.                                                                                                                                 |
| I’ve registered for a Skills Check and haven’t received my online access code – what do I do? | If you haven’t received your American Heart Association access code within 48 hours of registration please contact us at 650-723-6366.                                                                                                                                                                                                 |
| What time do the BLS initial and renewal courses start?                 | 7:45 am Registration; 8:00 am start  
**Note:** Once class has started latecomers will not be permitted (vital course information will be missed)                                                                                                                                                                                                                   |
| What time do the ACLS renewal courses start?                            | 8:45 am Registration; 9:00 am start  
**Note:** Once class has started latecomers will not be permitted (vital course information will be missed)                                                                                                                                                                                                                   |
| What time does the ACLS initial course start?                           | Both days: 7:45am Registration; 8:00AM Start  
**Note:** Once course has started latecomers will not be permitted (vital course information will be missed)                                                                                                                                                                                                                   |
| Where are the Life Support Training Center courses held?               | Courses are held at the SHC’s Center for Education: 1850 Embarcadero Rd, Palo Alto, CA 94303  
(Note: Check your confirmation email or our website, occasionally BLS Skills checks are held in the SHC Atrium)                                                                                                                                                                      |
| How can I tell if a course is full?                                    | Check the website www.cecenter.stanfordhospital.com, it is updated daily.                                                                                                                                                                                                                                                                |
| Do you offer BLS during ACLS renewal/update courses?                    | No. For your convenience BLS skills checks are available before every ACLS renewal/update courses, To attend you must register for BLS skills check same date as ACLS course – access key will be mailed to you.                                                                                                                                 |
| What if I have never taken ACLS?                                       | We offer the ACLS initial course. Prerequisites are a knowledge of EKG interpretation skills and cardiac pharmacology. These are not taught during the course.                                                                                                                                                                                                 |
| How do I get a basic knowledge of ECG interpretation and cardiac pharmacology? | When you register for the ACLS initial course a student manual, pocket guide, and ACLS ECG and pharmacology workbook will be mailed to you. Use these as your study guides. If you feel you need additional knowledge, visit the American Heart Association website www.onlineaha.org for computer based learning. The Stanford Center for Education and Professional Development offers these courses at various times throughout the year, check website for dates: www.cecenter.stanfordhospital.com |
| Do you offer PALS or NRPS?                                              | No, contact Lucile Packard Children’s Hospital at 650-497-8933 for more information                                                                                                                                                                                                                                                  |
| Do you offer ATLS?                                                     | No, contact Stanford Hospital and Clinics Trauma Department at 650-723-7570 for more information                                                                                                                                                                                                                                         |
| Who can I call for further information regarding BLS and ACLS Classes and Skills Checks at Stanford? | Center for Education and Professional Development at 650-723-6366                                                                                                                                                                                                                                                                     |
All are invited

NURSING GRAND ROUNDS

Date:  First Wednesday of every month (excluding holidays)

Time:  3:30 – 4:30 pm  
       (Registration & refreshments start at 3 pm)

Fee:  Complimentary admission

Location:  Lucile Packard Children’s Hospital Auditorium

Credits:  CA BRN 1 CE hour  
          ($10.00 CE certificate–optional)

Nursing Grand Rounds provides a forum for nurses to share clinical expertise and experiences, nursing best practices and other topics of interest that help improve patient outcomes and enhance the patient experience.

PROGRAM OBJECTIVES

• Communicate new and emerging healthcare initiatives, such as hospital-specific, clinical, and strategic imperatives.
• Explore and disseminate how new healthcare issues, policies, and innovations are utilized through evidence-based delivery systems.
• Showcase nursing excellence through the presentation of clinical case studies.
• Translate the concepts of Stanford’s Professional Practice Model and Magnet ideals to the daily practice of nursing.
• Encourage professional development, energize the nursing workforce and promote clinical excellence.

All nurses and healthcare professionals are cordially invited to participate with your colleagues and help advance the professional practice of nursing through knowledge and experience sharing. If you have an interesting topic and/or a presenter which you feel might be appropriate for Nursing Grand Rounds, please submit your suggestion via email: NursingGrandRounds@stanfordmed.org.
The Stanford Children’s Health and Stanford Health Care community is pleased to invite you to join us for

The 6th Annual National Nursing Research Symposium
AN INTERPROFESSIONAL EXPLORATION OF TRANSITIONS IN HEALTH CARE

Save the Date: May 4, 2015

Keynote | TRANSITIONS IN HEALTH CARE: CHALLENGES AND OPPORTUNITIES

Afaa I. Meleis, PhD, DrPS (hon), FAAN
Department of Family and Community Health |
University of Pennsylvania School of Nursing

Podium and poster presenters will cover such topic areas as:

- Patient factors influencing care transitions
  (physical, behavioral, developmental, psychosocial)
- Innovative patient care models optimizing transitions in health care
- Best practices and case studies related to care transitions
- Improving safety, quality, and value with transitions in health care

For more information: stanford.eventready.com/
events/2015NursingResearchSymposium

Register online at www.cecenter.stanfordhospital.com
Coffee and tea are provided throughout the day.

Lunch is included in most of our courses.

If you require a special diet, please bring your own food. A refrigerator & microwave will be available for your convenience in our lobby area.

To reserve the mother’s room at our location, please call the facilities services response center (FSRC) to reserve and guarantee confirmation in advance. Phone FSRC @ 650-498-4400 (8-4400 internally).

Please note: onsite parking is limited and valet services are available, however, alternate transportation is recommended.