Have you ever thought about going to work with your Mom? Kristin McNulty, Samantha Cotter, Kate Medina and Kristin Benedetti obviously have. All these talented young women followed their mothers into nursing at SHC.

Kristin McNulty even found herself in the same unit and on the same shift as her mom, Anna Quelendrino. An E29 nurse for more than 25 years, Anna worked with Kristin for three weeks before she transferred to Vascular Surgery at the end of last year. For Kristin, it was a chance to see the 'expert nurse' at work. "She's amazing! - she knows SO MUCH", said Kristin, "I wish I could just wire into her brain and transfer all that knowledge".

As a college Sophmore, Kristin Benedetti volunteered on mom Helen's unit (E1) one summer. It was the patient relationships and the ability of the nurses to make a difference that inspired her.

Kate Medina is Kristin Benedetti’s FGR co-worker and Occupation Health Director Mary Spangler's daughter. Kate credits her mom’s capable handling of "almost anything" as one of the things that led her into nursing.

Samantha Cotter (D3) says that it is invaluable to be able to talk to your mom (B2 Manager Theresa Cotter) about the day and be certain that she understands, because she’s been there.

All the moms expressed great pride in their daughters as young women and nurses. Moms and daughters all agreed that the chance of a connection and a photo at work made their day!

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FROM Wendy Foad
Interim VP and CNO

I am so proud to be included in the Mothers and Daughters feature! My Daughter Sarah just graduated from the University of Puget Sound in Washington with a degree in psychology and a minor in politics. She just started her career at Stanford in the Service Excellence department and she is very excited to be a part of the Stanford Community.

"I AM HUMBLED TO BE IN THE ROLE OF INTERIM VP AND CNO"

Sarah wants to further her education with a Master’s degree in health sciences management. I loved seeing all the photos of the mothers and daughters continuing their legacy at Stanford.

As I start in my new role as Interim VP and CNO I look forward to representing and leading nursing across Stanford. We have an exceptional culture of excellence which I see every day throughout the hospital and in all our offsite locations where nursing is represented. My goal is to continue to embrace our Caring Science theory and lead from the heart, it is where nursing begins and ends. I am humbled to be in this role and will put my heart and soul into continuing the path of excellence for nursing at Stanford which will of course shine through when we have our Magnet appraisal in August 2016.

HEALTH CARE LEGISLATIVE DAY TRIP TO SACRAMENTO

Fourteen Stanford Health Care nurses and nurse managers recently spent the day in Sacramento learning about the California legislative process. The day included meetings with State Senator Jerry Hill; Ellen Hou, the Legislative Director for State Assemblyman Rich Gordon; VP of Nursing and Clinical Services for the California Hospital Association BJ Bartleson; the Executive Officer of the Board of Registered Nursing Louise Bailey; and three members of the Governor’s office. “It was a very informative and educational legislative day that we all enjoyed immensely,” said Maggie Madlangbayan, Staff Nurse IV in E3. Participants also saw the legislative process in action by attending a Joint Informational Hearing with the Senate Public Safety Committee and Assembly Public Safety Committee. “It was a wonderful day,” said F3 Patient Care Manager Tina Cartwright. “We should build upon it and do more with it.”
Concern about promoting sleep on E1 is real!! Some BMT patients have medications administered hourly at minimum. Waking patients repetitively to find the one and only medication barcode is distressing to both patients and staff. Sue Oda, an E1 veteran nurse, initiated an Action Request form, suggesting more barcodes on ID bands. This would allow for med scanning from any visible point with minimal interference to the patient. The new ID band has greatly improved patient and staff satisfaction, and has lead to greater medication scanning compliance.

As our E1 colleagues will confirm, the Action Request Form is a powerful and effective tool to cause meaningful change! Any staff member can submit an Action Request Form via their Shared Leadership Unit Council or directly online. INTRANET>Departments > Patient Care Services > Shared Leadership > SLC Action Request. Nurses can also check the status of submitted requests and see if any have been assigned to you.

When the Cancer Center South Bay hosted Dr. Jean Watson It was a monumental visit for the team as we had a variety of departments and healthcare team members in attendance to experience the presentation with Jean. I recall looking around the room at one moment and seeing colleagues moved to tears as Jean spoke about her work and the work that we have ahead of us as healthcare providers and leaders. How beautiful! - Jen Landes

Evidence Based Practice (EBP) at Stanford makes a difference in patient care. Two staff nurses from E2-ICU presented posters at the 23rd Iowa Evidence Based Practice (EBP) conference in April 2016. Elizabeth (Liz) Borgueta presented her work to prevent medical-device related pressure ulcers in the nasal area from feeding tubes. The innovative taping method that Liz developed now has a patent pending by Stanford University. Mary Umstattd presented her work to develop a trifold brochure for families, to explain the reason for a family meeting in the ICU. This printed information aids in reducing anxiety up front as it provides clear information about the meeting the family are about to attend. Knowing more about the process makes it easier for patients and families to understand and retain medical information. It also helps the clinicians to structure and focus discussion on key issues. Both nurses credit their E2 team mates and Dr. Mary Lough for their generous support and professional input on these innovations. The posters generated a lot of interest at this conference.
SMYSP students in the house

Each summer SHC Nursing hosts 24 Northern California high school students in collaboration with Volunteer Resources and the Stanford Medical Youth Sciences Program (SMYSP) led by Dr. Judith Ned. The students are in a 5 week immersion program where they stay on campus and have two ‘day visits’ a week within the hospital and clinics. Students participate in many areas of nursing practice, including: BMT, Nursing Education, Float/Crisis, Life Flight, Neurology, Echo Cardiogram, OR, and the diabetes team. A rotation at Stanford Children’s Hospital with a Psychiatric NP and a visit to the Cancer Clinical Trials office (pictures 2 & 4) offered a unique view into the expansive roles of modern nursing care. Huge thanks to all the units and areas who hosted this year. For more information & details about hosting students, please email Dr. Ned at jned@stanford.edu.

WRITE ON!

What do you want your fellow nurses to know? The Nursing News Quarterly reaches more than 2,000 nurses via print and web publications. Email your ideas!

*Earn PNDP points for an organization wide publication
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DON’T FORGET
Nursing Grand Rounds
Fourth Tuesday of every month!

Refreshments at 3:00pm.
Presentation 3:30pm - 4:30pm.
Complimentary admission.
CA BRN 1 CE hour.
Held in LPCH Auditorium
July 26, August 23, September 27, October 25

AND
We bring the Zen Zone to you!
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CE CENTER

Aug. 2 Making the Most of Your Community Service
Aug. 10 Patient Centered Care Essentials for Nursing Assistants and Medical Assisting Roles
Aug. 12 Nurse Excellence Boot Camp
Aug. 18 Defusing Disruption in the Healthcare Workplace
Sept. 7 The Essentials for Blood & Marrow Transplant (BMT) Recipients
Sept. 8 Essentials in ECG Analysis
Sept. 16 Professional Nursing Practice: Understanding and Applying Benner’s Domains through Exemplar Writing
Sept. 20 Adult Critical Care Series: Pulmonary Dysfunction
Sept 23 Nurse Mentorship Workshop
Sept 26 Innovative Approaches in the Care of the Trauma and ENT Patient
Oct. 11 Critical Care Registered Nurse (CCRN) Certification Review – 2 Day course – Day 1
Oct. 12 Critical Care Registered Nurse (CCRN) Certification Review – 2 Day course – Day 2
Oct. 13 Trauma Nursing Core Course (TNCC) – 2 Day course – Day 1
Oct. 14 Trauma Nursing Core Course (TNCC) – 2 Day course – Day 2
Oct. 19 Patient Centered Care Essentials for Nursing Assistants and Medical Assisting Roles
Nov. 2 12 Lead ECG Interpretation Using 3D Modeling – 2 Day course – Day 1
Nov. 3 12 Lead ECG Interpretation Using 3D Modeling – 2 Day course – Day 2
Nov. 7 Understanding Medicare and the New Health Care Landscape: Implications for Nurses and Health Care Professionals
Nov. 8 Shock & Sepsis: Pathophysiology, Assessment and Evidence Based Practice
Nov. 9 PCCN – 2 Day course – Day 1
Nov. 10 PCCN – 2 Day course – Day 2
Nov. 11 Essentials in ECG Analysis
Nov. 17 Nurse Mentorship Workshop
Dec. 1 The Essentials for Blood & Marrow Transplant (BMT) Recipients
Dec. 7 Patient Centered Care Essentials for Nursing Assistants and Medical Assisting Roles
Dec. 8 Defusing Disruption in the Healthcare Workplace
Dec. 13 Generationally Savvy – Thriving in the multi-generational workforce

At some point in our life each of us will encounter a nurse, whether it be as a patient or as a loved one. And that one encounter can mean the difference between suffering and peace; between chaos and order. Nurses matter. The American Nurse Project

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