



Healthcare Research & Education Conference

HEALTHCARE Con
Inspire | Teach | Showcase

HEALTHCARE CON 2021

Resilience in Healthcare

Building Professional Partnerships and Fostering an Agile Workforce

June 25, 2021
8:00 AM – 5:00 PM PDT
Virtual Live Conference
7.25 Contact Hours



Scan the QR Code to visit the website

Quick Access (Click to view)

8:30-10am

[Keynote Presentation: Cultivating Moral Resilience](#)

10-11:00am

[Integration of Technology in Patient Care](#)

11:15-12pm

[Rapid Fire Poster Presentation](#)

12:30-1:30pm

[Transformational Leadership in the Health Care Setting](#)

1:30-2:30pm

[Patient Safety and Quality Across the Continuum of Care](#)

2:45-3:45pm

[Emerging Topics I: Caregiver & Provider Experiences; Pivoting During a Pandemic](#)

3:45-4:45pm

[Emerging Topics II: Healthcare Delivery Systems and Technology Moving Forward](#)

[E-Poster Presentations](#)

[BAMC Collaborators](#)

Register Now

Registration includes Live and On-Demand access to sessions and e-posters for **90-days** and 7.25 contact hours.*



Program Agenda

TIME	PROGRAM AGENDA
<p>8:00 AM – 8:15 AM Zoom</p>	<p>LOGIN TO ZOOM Check-In to Event</p>
<p>8:15 AM – 8:30 AM Zoom</p> <div data-bbox="378 674 557 829"></div> <div data-bbox="378 890 557 1066"></div> <div data-bbox="378 1136 557 1291"></div> <div data-bbox="378 1360 557 1516"></div>	<p>WELCOME & OPENING ADDRESS</p> <p>Annette S. Nasr, PhD, RN Healthcare Con Conference Chair Director of Nursing Research and Evidence-Based Practice Stanford Children’s Health</p> <p>Grissel Hernandez, PhD, MPH, RN, HNB-BC Healthcare Con Conference Co-Chair Executive Director, Center for Education and Professional Development Stanford Health Care</p> <p>Dale E. Beatty, DNP, RN, NEA-BC Chief Nurse Executive / Vice President Patient Care Services Stanford Health Care</p> <p>Jesus Cepero, PhD, RN, NEA-BC Senior Vice President Patient Care Services and Chief Nursing Officer Stanford Children’s Health</p>
<p>8:30 AM – 10:00 AM Zoom</p> <div data-bbox="378 1619 557 1812"></div>	<p>KEYNOTE PRESENTATION</p> <p>Cultivating Moral Resilience: Restoring Integrity to Everyday Practice Cynda H. Rushton, PhD, RN, FAAN Anne and George L. Bunting Professor of Clinical Ethics Berman Institute of Bioethics/School of Nursing Professor of Nursing and Pediatrics, Johns Hopkins University</p>





Program Agenda

10:00 AM – 11:00 AM	INTEGRATION OF TECHNOLOGY IN PATIENT CARE
<p>10:00 AM – 10:15 AM Zoom</p>	<p>Nurse-Developed Tools to Optimize Video Monitoring for Patient Safety in a Medical Center Laura Frahm, BSN, RN-BC Tina Ha, MSN, RN-BC, CNL, PHN University of California San Francisco</p>
<p>10:15 AM – 10:30 AM Zoom</p>	<p>The Use of Telehealth Technology in Children and Families with Hemophilia Nancy Tang, MSN, RN, PNP Kimberly Pyke-Grimm, PhD, RN, CNS Stanford Children's Health</p>
<p>10:30 AM – 10:45 AM Zoom</p>	<p>Implementing Pacifier Activated Lullaby During Eye Exams in Neonatal ICU Patients Robin Liu, RN Melanie Acosta, MA, MT-BC Santa Clara Valley Medical Center</p>
<p>10:45 AM – 11:00 AM Zoom</p>	<p>The Virtual Clinic: An Innovative Model of Care Coordination for Children with Chronic and Complex Medical Diagnoses Karen Wayman, PhD Monica Smith, RN Stanford Children's Health</p>
<p>11:00 AM – 11:15 AM</p>	<p>BREAK</p>
11:15 AM – 12:00 PM	RAPID FIRE POSTER SESSION
<p>11:15 AM – 11:20 AM Zoom</p>	<p>A Novel Risk Assessment Tool for Early Mobilization After Pediatric Tracheostomy Allison Freccero, OTR/L Eilish Byrne, DSc, PT Stanford Children's Health</p>
<p>11:25 AM – 11:30 AM Zoom</p>	<p>A Multidisciplinary Initiative to Expedite Ruling Out Pulmonary Tuberculosis Kristen Merriman, MS, RRT-ACCS, RRT-NPS, RCP Stanford Health Care</p>
<p>11:35 AM – 11:40 AM Zoom</p>	<p>Putting the Family in Family-Centered Care: Expanding Adult ICU Visitation to Children Genalin Soriano, MSN, RN, CCRN-CSC-CMC, CLNC Kathleen Lacar, BSN, RN, CCRN Stanford Health Care</p>
<p>11:45 AM – 11:50 AM Zoom</p>	<p>DICE: A Diversity Inclusion and Cultural Equity Initiative Amal Elanouari, LCSW Stanford Health Care</p>
<p>11:55 AM – 12:00 PM Zoom</p>	<p>Early CGM Initiative Improves HbA1c in T1D Youth Over the First 15 Months Jeannine Leverenz, MS, RN, CDE Stanford Children's Health</p>





Program Agenda

12:00 PM – 12:30 PM	LUNCH
12:30 PM – 1:30 PM	TRANSFORMATIONAL LEADERSHIP IN THE HEALTH CARE SETTING
12:30 PM – 12:45 PM Zoom	Implementing Interdisciplinary Approach to Reduce Inpatient Mortality In Medicine Stacy L. Serber PhD, RN, CNS, SCRN Stanford Health Care
12:45 PM – 1:00 PM Zoom	The Role of the Leadership and Management Academy in Creating a Transformative Leadership Team Carole Wilson, MPH, RN, CNS, FACHE Stanford Health Care
1:00 PM – 1:15 PM Zoom	An Innovative Brain-Friendly Approach to Teaching and Encouraging Peer Feedback Rebecca Rodriguez, BSN, RN, CEN Salinas Valley Memorial Healthcare
1:15 PM – 1:30 PM Zoom	Return to Learn: An Ethnographic Study of Adolescents Returning to School Post-Concussion Anna Wan, MSN, RN, NP-C Stanford Children's Health
1:30 PM – 2:30 PM	PATIENT SAFETY AND QUALITY ACROSS THE CONTINUUM OF CARE
1:30 PM – 1:45 PM Zoom	Impact of Patient Blood Management Program on Blood Transfusion Practice Jeong Chae, MSN, RN, CPHQ El Camino Health
1:45 PM – 2:00 PM Zoom	Improving Quality and Safety Through Patient Room Design: A ROI Case Study Kara Freihoefer, PhD, EDA, LEED ID+C Hammel, Green and Abrahamson (HGA) Sarah Cypher, MSN, RN, CMSRN Froedtert & Medical College of Wisconsin
2:00 PM – 2:15 PM Zoom	The Evolution of Virtual Sitter to Safety Companion: The Compelling Story of Why Karin Reese, MS, RN MarinHealth
2:15 PM – 2:30 PM Zoom	Barrier to Skin-to-Skin Contact After Cesarean Birth Arlene Spilker, DNP, RN, FNP-C, CNE San Jose State University
2:30 PM – 2:45 PM	BREAK



Program Agenda

EMERGING TOPICS SESSIONS I & II

2:45 PM – 3:45 PM

CAREGIVER AND PROVIDER EXPERIENCES; PIVOTING DURING A PANDEMIC

2:45 PM – 3:00 PM

Zoom

How Has Covid-19 Affected Informal Caregivers of Individuals with Dementia?

Results of an Online Survey

Angeline Truong, MS

Stanford University School of Medicine

3:00 PM – 3:15 PM

Zoom

Experiences of Informal Caregivers of Older Adults Living Apart During Covid-19

Marika Humber, PhD

Stanford University, VA Palo Alto Health Care System

3:15 PM – 3:30 PM

Zoom

A Qualitative Research Approach Focused on the Psychiatric Impact Covid-19

Has on Older Adults with Depression

Lauren Remer, BS, PA-S

Stanford MSPA Program, Stanford University

3:30 PM – 3:45 PM

Zoom

Maternity Care During the Covid-19 Pandemic:

An Evaluation of Inpatient Care Practices and Discharge Teaching

Eleanor Lin, BSN, RN, IBCLC

Jacqueline Arroliga, MSN, RN, RNC-MNN

Stanford Children's Health

3:45 PM – 4:45 PM

HEALTHCARE DELIVERY SYSTEMS AND TECHNOLOGY MOVING FORWARD DURING COVID-19

3:45 PM – 4:00 PM

Zoom

Responding to the Public's Needs During Covid-19:

A Virtual Interdisciplinary Palliative Care Education Series

Grant Smith, MD

Stanford University School of Medicine

4:00 PM – 4:15 PM

Zoom

"Watching the Tsunami Come":

Case Study of Female Healthcare Provider Experiences During Covid-19

Alexandria Blacker, MPH

Stanford University

Elizabeth Austin, MPH

University of Washington

4:15 PM – 4:30 PM

Zoom

Covid Pandemic and The Success of Perioperative Telehealth

Lisa Cianfichi, MSN

Amy Semple, MHA

Stanford Health Care

4:30 PM – 4:45 PM

Zoom

Forecasting and Capacity Modeling for Efficient and Equitable Covid-19 Vaccine Distribution

Angela Graf, MS

Yohan Lee, MBOE

Stanford Health Care

4:45 PM – 5:00 PM

Zoom

CLOSING SESSION

Poster Awards & Evaluation for Contact Hours





E-Poster Presentations

Rapid Fire Poster Presentations (5 Topics)

1	A Multidisciplinary Initiative to Expedite Ruling Out Pulmonary Tuberculosis Kristen Merriman, MS, RRT-ACCS, RRT-NPS, RCP Stanford Health Care
2	A Novel Risk Assessment Tool for Early Mobilization After Pediatric Tracheostomy Allison Freccero, OTR/L & Eilish Byrne, DSc, PT Stanford Children's Health
3	DICE: A Diversity Inclusion and Cultural Equity Initiative Amal Elanouari, LCSW Stanford Health Care
4	Early CGM Initiative Improves HbA1c in T1D Youth Over the First 15 Months Jeannine Leverenz, MS, RN, CDE Stanford Children's Health
5	Putting the Family in Family-Centered Care: Expanding Adult ICU Visitation to Children Genalin Soriano, MSN, RN, CCRN-CSC-CMC, CLNC & Kathleen Lacar, BSN, RN, CCRN Stanford Health Care

Emerging Topic Posters (14 Topics)

6	Adaptation of A NICU Family Centered Care Program During the Covid-19 Pandemic Sangeeta Mallik, PhD Santa Clara Valley Medical Center
7	Compassion Fatigue in Critical Care Nurses Christina Hewett, MSN John Muir Health
8	Covid-19 Response: Utilizing One Videoconferencing Solution for Multiple Inpatient Use Cases Shelly Arthofer, MSN, RN & Gretchen Brown, MSN, RN, NEA-BC, EDAC Stanford Health Care
9	Covid-19 Specimen Prioritization for Patients Before Surgery Edward Guzman Jr., BS & Paul Kerr, BA Stanford Health Care
10	Fostering A Unit of Engagement and Resilience; Establishment of Sunshine Committee Debbie Rae Nepomuceno, BSN, RN, ONC & Jayleen Malley, BSN, RN, PHN Stanford Health Care
11	Inpatient Group Psychotherapy: Adapting to A Virtual Format During Covid-19 Eehwa Ung, PhD Stanford Health Care
12	Pandemic Provides Opportunity to Create Capacity with Same Day Discharges Bridget Bergstrom, RN & Priya Prasad-Gabitass, RN Stanford Health Care
13	Promoting Inclusivity with Grace Shelley Van Bibber, MSN, RN, CPN & Karen Belanger, MSN, RN, CEN Stanford Children's Health
14	RNA Single Strand Testing for Previous Positive Patient Prior To Surgery Amy Semple, MHA, BSN, RN & Sam Wald, MD, MBA Stanford Health Care
15	WITHDRAWN - Spiritual and Emotional Resiliency: Prevention, Recognition, and Strategies of Addressing Burn-Out on Healthcare Workers Taqwa Surapati, MA, GC & Anna Nikitina, MDiv, BCC, Stanford Health Care
16	Standing Up A Mobile Application Infrastructure Darren Batara, MS, BSN, RN, CPHIMS & Gretchen Brown, MSN, RN, NEA-BC, EDAC Stanford Health Care
17	The Psychiatric Covid Team: An Innovative Way to Care for Covid-19+ Psychiatric Inpatients Jessica Frihart, MSN, CNS, PMHRN-BC Stanford Health Care
18	Using QR Code Technology to Enhance the Patient Education Experience Maribeth Cambridge, MS, RN & Brian Lee, MSN, RN Stanford Health Care





E-Poster Presentations

19	Vaccinating Frontline Healthcare Workforce: A Public Health Program Within an Academic Medical Center Ann Cullen, MSN, RN & K. Michaela Sullivan, MSN, RN, ACM Stanford Health Care
Leadership (2 Topics)	
20	Governing Practice: Nurse Executive Council Kristine Taylor, DNP, MPH, PCNS-BC, CENP Stanford Children's Health
21	Implementation of a Psychiatric Nurse Liaison to Support a Healthy Work Environment for Nurses Ali Abolfazli, MS, MSN, RN, PMHNP-BC Stanford Health Care
Research (4 Topics)	
22	Case Study Scenarios to Evaluate a Urinary Catheter Insertion Assessment Tool Mary Lough, PhD, RN, CCNS, FAAN Stanford Health Care
23	Growing a Thriving and Sustainable Nursing EBP & Research Program in Northern California Daniel Linnen, PhD, MS, RN, RN-BC Kaiser Permanente
24	Living the Low Salt Lifestyle: A Study Exploring Focused Patient-Specific Education, Barriers, and Readiness to Change Vanessa Tamasso, BS El Camino Health
25	Nurses Experience of Urinary Catheter Insertion in Males Compared to Females in the Hospital Shawna Healy, BSN, RN, CCRN & Mary Lough, PhD, RN, CCNS, FAAN Stanford Health Care
Evidence-Based Practice (5 Topics)	
26	A Workshop Designed to Offer Inspiration and Teaching Skills to Professional Preceptors with Students Vincent Pena, MSN, RN Stanford Children's Health
27	Achieving Fantastic Sleep: Implementation of a Sleep Hygiene Bundle for Adolescent Patients with Eating Disorders Jocelyn Lee, MSN, RN, CNL, CPN Stanford Children's Health
28	Empowered to Succeed: New Nurse Manager Onboarding at a Magnet Designated Academic Medical Center Kiana Scott, BSN, RN, CCRN-CSC, CNML Stanford Health Care
29	Point of Access: Involving Chaplains for Distress Assessment, Interventions, and Its Impact on Patient Care Taqwa Surapati, MA, GC Stanford Health Care
30	WITHDRAWN - The Impact of Telehealth RN Visits for Patients with a New Diagnosis of Rheumatic Disease Jamie Vik, DNP, APRN, FNP, NEA-BC Stanford Children's Health
Education (8 Topics)	
31	Building an Army of Nurses to Combat Delirium: Delirium Boot Camp Binh Le, BSN, RN-BC El Camino Health
32	Creative Mental Health Simulations Available to Everyone Deborah O'Dell, MSN, RN, PHN Biola University
33	Deepening Caring Science as the Ethical Theory-Based Foundation for Professional Practice Linda Ackerman, DNP, RN Kaiser Permanente
34	Developing the Professional Role for Senior Nursing Students in their Capstone Clinical Mary Lou De Natale, EdD, RN, CNL University of San Francisco
35	Exploring Strategies to Develop Difficult Conversation Skills Through Interprofessional Role-Playing Jackie Ferdowsali, DNP, AGACNP-BC University of Nevada Reno





E-Poster Presentations

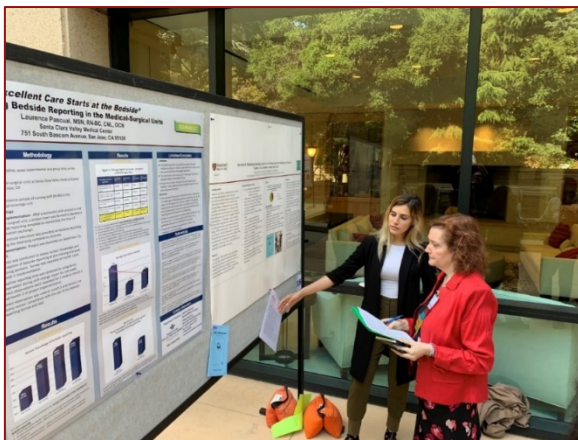
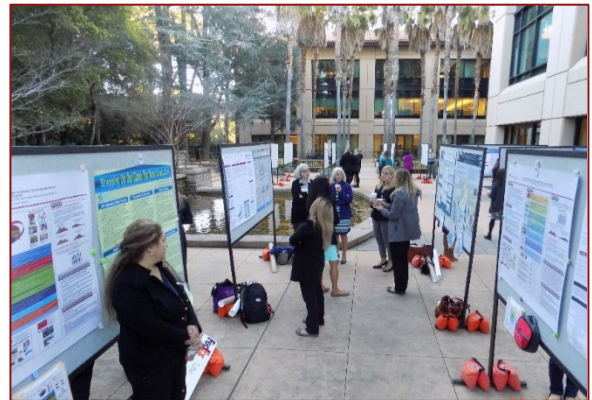
36	Mind Map: Advocacy in Collaborative Partnerships to Increase Mental Health Workforce Nisha Nair, DNP, MA, CNS, CNE, RNC, IBCLC & Janice Sanders, DNP, CPNP, PMHNP-BC, RN-BC, CCM California State University, Fresno / Crestwood Behavioral Health
37	Practice Makes Perfect Carolyn Bogard, MS, RN, ACM Stanford Health Care
38	Reflective Journaling: Deepening Understanding and Stimulating Critical Thinking of New Graduate Nurse Residents Leilanie Apana, MSN, RN, NPD-BC El Camino Health
Quality Improvement (13 Topics)	
39	A Home Management Protocol to Prevent Complications in Patients with a Left Ventricular Assist Device Sherly Philip, BSN, RN, FNP, CCRN Graduate of San Jose State University
40	CAUTI Prevention Through Education, Engagement and Empowerment of Patients, Nurses, and Medical Providers Rey Marvin Avelino, MBA, MSN, FNP-BC, CCRN, PCCN Stanford Health Care
41	Central Line Associated Bloodstream Infection (CLABSI) Busters: Evidence-based Approaches to Reduce Incidence of CLABSI Ogechukwu Nwammuo, BSN & Katherine Swan, BSN Santa Clara Valley Medical Center
42	Decreasing ICU admissions Meaghan Carroll, MSN, RN, CNL, CEN, TCRN MarinHealth
43	Early Identification and Intervention of Depression in High Risk Hospitalized Antepartum Patients Deborah Auletta, BSN, RNC-MNN, C-EFM, IBCLC & Lynn Baggese, MA, RN, PHN, IBCLC Stanford Children's Health
44	Evaluating Nurse Self-Confidence in Providing Self-Management Education to Patients with Diabetes Using the AADE 7 Self-Care Behaviors Loice Ongwela, DNP, RN, ACNS-BC, CDE Stanford Health Care
45	Examining the Need of A Patient Call System to Improve Patient Call Responsiveness in an Eye Clinic Alouisa Agcaoili, MSN, RN Byers Eye Institute at Stanford
46	Identification of Barriers to Timely Chemotherapy Administration Shara Poppe, MSN, RN, RN-BC, OCN El Camino Health
47	Implementing A Novel Procedure to Identify Nutrition Risk in Children with Early Chronic Kidney Disease Jordi Goldstein-Fuchs, DSc, CNN-NP, APN, NP-C, RD Stanford Children's Health
48	Improving Access to Care and Outcomes by Integrating a Tele-Medicine ICU Program Jackie Ferdowsali, DNP, AGACNP-BC University of Nevada Reno
49	Improving Adolescent and Young Adult Engagement in the Transition to Adult Health Care Lisa Lestishock, DNP, RN, CPNP-PC Stanford Children's Health
50	Improving Work Efficiency and Shared Decision Making Among Interprofessionals Angela Graves, BSN, RN, CPN & Renee Billner-Garcia, RN Stanford Children's Health
51	WITHDRAWN - Interprofessional Teambuilding in the Cardiovascular Intensive Care Unit: A TeamSTEPPS Intervention Approach Charlene Kell, DNP, RN, CCRN, NEA-BC, FACHE Stanford Health Care
52	Standardizing Handoff: IPASS implementation for Safe Patient Transfers from PACU to Pediatric Acute Care Unit Mahyar Jahanbakhsh, MSN, RN, CPN Stanford Children's Health
53	Tactical Method to Gauge Competency of Nursing Students in Clinical Environment (Phase I of III) Janice Valadez, MSN, RN, PHN & Lisa Rauch, DNP, RN, APHN-BC San Jose State University / The Valley Foundation School of Nursing





E-Poster Presentations

54	Telehealth Use for Nurse-to-Nurse Handoff from a Pediatric Emergency Department to an Offsite Inpatient Unit Hiyam Bitar, MSN, RN-BC Stanford Children's Health
55	The Five-Meter Walk Test as a Predictor of Discharge Location in the CHF Population Anne Mahoney, DPT, FSOAE Stanford Health Care
56	Using Aromatherapy to Improve Symptom Management in the Outpatient Infusion Setting Cynthia Wootan, BSN, RN, PHN City of Hope Comprehensive Cancer Center
57	Vaginal Preparation Use in the Reduction of Cesarean Section Surgical Site Infections Brenda Lu, MPH, BSN, RN & Tiffany Lentz, MNHP, RNC-OB, C-EFM Stanford Children's Health



Pictured: Poster Sessions Healthcare Con 2018 (top left and above) and Healthcare Con 2019 (bottom left)

On-Demand e-posters are available to registered attendees for 90-days (June-Sept 2021).

Accreditation

Stanford Health Care Center for Education and Professional Development is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

Stanford Health Care is provider approved by the California Board of Registered Nursing (BRN).

Provider Number CEP12165.

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Thank You Collaborators

Healthcare Con Planning Committee

- **Annette Nasr**, PhD, RN, *Stanford Children's Health, Conference Chair*
- **Grissel Hernandez**, PhD, MPH, RN, HNB-BC, *Stanford Health Care, Conference Co-Chair*
- **Sana Younus**, PMP, CSPO, *Stanford Health Care, Program Manager*
- **Liz Borgueta**, MSN, RN, CCRN, SCRN, CWCN, *Stanford Health Care*
- **Monique Bouvier**, PhD, RN, PNP-BC, *Former Stanford Health Care*
- **Sonya Feng**, MSN, RN, NPD-BC, *Stanford Health Care*
- **Aubrey Florom-Smith**, PhD, RN, *Stanford Health Care*
- **Margaret Godin**, MS, BSN, RN-BC, *Stanford Children's Health*
- **Jackie Keane**, MSN, RN, NPD-BC, *El Camino Health*
- **Vivian Low**, MPH, RN-BC, FPCNA, *El Camino Health*
- **Maggie Madlangbayan**, MSN, RN, CMSRN, *Stanford Health Care*
- **Charlene Pons**, *Stanford Children's Health*
- **Cynthia Shum**, DNP, MEd, RN, CHSE-A, *Stanford Children's Health*
- **Heidi Warpack**, MSN, RN, CNS, CMSRN, ONC, *Stanford Health Care*
- **Michelle Williams**, PhD, RN, *Stanford Health Care*
- **Kirsten Wisner**, PhD, RNC-OB, CNS, C-EFM, *Salinas Valley Memorial Healthcare System*



Pictured: Keynote Session Healthcare Con 2019

 Lucile Packard Children's Hospital Stanford	 Stanford HEALTH CARE STANFORD MEDICINE	 El Camino Health	 JOHN MUIR HEALTH
 NORTHBAY™ HEALTHCARE	 UCSF Health	 Salinas Valley Memorial Healthcare System	 WASHINGTON HEALTH SYSTEM Washington Hospital
 UCDAVIS HEALTH	 Stanford HEALTH CARE STANFORD MEDICINE ValleyCare		

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