Supportive Care Nurses

STANFORD CANCER CENTER
PALO ALTO

Danielle Rogers, BSN, RN
Nurse Coordinator
650-725-9456

STANFORD OUTPATIENT CENTER
REDWOOD CITY

Esther Chyan, BSN, RN, OCN
Nurse Coordinator
650-725-9456

STANFORD CANCER CENTER
SOUTH BAY

Tina Schaff, BSN, RN
Nurse Coordinator
669-233-2807

EMAIL
Supportive Care Nurses are also available via email at cancersupportivecare@stanfordhealthcare.org.

Services

- Caregiver Center
- Health Library
- Palliative Care
- Tobacco Treatment Services
- Wig Resources

Support Groups

Disease-specific virtual support groups available, please contact the Supportive Care Program for more information.

Holiday Closures & Cancellations

Offerings are subject to cancellation. Most offerings are not available during the following dates:

- January 18, 2021
- May 24 - 31, 2021
- June 28 - July 4, 2021

Virtual Cancer Supportive Care Program

Living With, Through, and Beyond Cancer

The Cancer Supportive Care team is here to partner with you and your loved ones. Through one-on-one nurse consultations, our goal is to provide personalized support and evidence-based resources before, during, and after treatment to address the needs of the mind, body, and spirit.

Vea adentro las clases que se ofrecen en español

www.stanfordhealthcare.org/
CancerSupportiveCare

Scan QR code to view details online.
For assistance, see Supportive Care staff.
Virtual Offerings
Your safety is our top priority. In alignment with Stanford Health Care and county guidance, we continue to re-evaluate the location (in-person vs. online) of our program offerings.

For the most up-to-date information, please check our online calendar at: www.stanfordhealthcare.org/CancerSupportiveCare

Classes & Workshops
- Caregivers Workshop
- Having Radiation Therapy at Stanford
- Lymphedema Risk Reduction
- Nutrition and Cancer Series
- Nutrition Class For Newly Diagnosed Patients disponible en Español
- Recursos personales para aliviar el estrés
- Understanding and Managing Your Cancer Treatment disponible en Español

Mind, Body, Spirit
- Healing Touch / Healing Partners
- Mindfulness Meditation
- Scarf Tying Workshop
- Sephora: Brave Beauty in the Face of Cancer

Exercise & Fitness
- Exercise for Health
- Gentle Pilates
- Moving to Heal
- Personalized Exercise Consultations disponible en Español
- Strengthen with Purpose
- Tai Chi (English / 普通話網上太極課)
- Yoga

Podcasts
Conversations in Supportive Care
A series of discussions with Stanford Health Care experts whose disciplines complement a patient’s cancer treatment.
Visit https://soundcloud.com/stanfordmed/sets/conversations-in-supportive-care/

Online Platforms
- Stanford Health Hub
An online database for you to explore and connect with free and reduced-cost health resources and services both within the community and at Stanford.
https://stanford.auntbertha.com

- Smart Patients for Caregivers
An online platform for you to share your story and connect with and learn from others caring for a loved one with a similar diagnosis.
https://www.smartpatients.com/partners/stanford-caregivers