Supportive Care Nurses

STANFORD CANCER CENTER
PALO ALTO

Danielle Rogers, BSN, RN
Nurse Coordinator
650-725-9456

STANFORD OUTPATIENT CENTER
REDWOOD CITY

Esther Chyan, BSN, RN, OCN
Nurse Coordinator
650-725-9456

Tina Schaff, BSN, RN
Nurse Coordinator
669-233-2807

EMAIL
Supportive Care Nurses are also available via email at cancersupportivecare@stanfordhealthcare.org.

Services

- Health Library
- Palliative Care
- Stanford Caregiver Center
- Tobacco Treatment Services
- Wig Support

Holiday Closures & Cancellations

Offerings are subject to cancellation. Most offerings are not available during the following dates:
- November 22 - 28, 2020
- December 20 - January 2, 2021

Virtual Cancer Supportive Care Program

Living With, Through, and Beyond Cancer

The Cancer Supportive Care team is here to partner with you and your loved ones. Through one-on-one nurse consultations, our goal is to provide personalized support and evidence-based resources before, during, and after treatment to address the needs of the mind, body, and spirit.

www.stanfordhealthcare.org/
CancerSupportiveCare

Scan QR code to view details online.
For assistance, see Supportive Care staff.

Current as of 9/2020
Stanford Health Care Patient Experience/
Health Education, Engagement, and Promotion
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Virtual Offerings
Your safety is our top priority. In alignment with Stanford Health Care and county guidance, we continue to re-evaluate the location (in-person vs. online) of our program offerings.

Classes & Workshops
- Caregivers Workshop
- Having Radiation Therapy at Stanford
- Lymphedema Risk Reduction
- Nutrition and Cancer Series
- Nutrition: Question and Answers With A Registered Dietitian
- Understanding and Managing Your Cancer Treatment

Mind, Body, Spirit
- Healing Touch / Healing Partners
- Mindfulness Meditation
- Scarf Tying Workshop
- Sephora: Brave Beauty in the Face of Cancer

Exercise & Fitness
- Exercise for Health
- Gentle Pilates
- Moving to Heal
- Personal Exercise Consultations
- Tai Chi
- Yoga

Support Groups
- Bladder and Kidney
- Breast Cancer For Newly Diagnosed and After Treatment
- Cancer Caregiver Support
- Cancer Group Support - For all types of cancer
- Head and Neck Cancer
- Leukemia and Lymphoma
- Lung Cancer
- Pancreatic and Gastrointestinal Cancer

Online Platforms
- Stanford Health Hub
  An online database for you to explore and connect with free and reduced-cost health resources and services both within the community and at Stanford.
  https://stanford.auntbertha.com
- Smart Patients for Caregivers
  An online platform for you to share your story and connect with and learn from others caring for a loved one with a similar diagnosis.
  https://www.smartpatients.com/partners/stanford-caregivers

For program updates and a complete list of Cancer Supportive Care Program offerings, visit our website www.stanfordhealthcare.org/CancerSupportiveCare