

برامج الرعاية الداعمة للسرطان وعلوم الأعصاب بجامعة ستانفورد التسجيل للفصول عبر الإنترنت

Stanford Cancer and Neuroscience Supportive Care Programs Registration for Online Classes (Arabic)

الخطوة الاولى:

- انتقل إلى صفحة الويب الخاصة ببرنامج الرعاية الداعمة.
○ برامج الرعاية الداعمة للسرطان:

<https://stanfordhealthcare.org/for-patients-visitors/cancer-supportive-care-program.html>

- برامج الرعاية الداعمة لعلوم الأعصاب:

<https://stanfordhealthcare.org/for-patients-visitors/neuroscience-supportive-care-program.html>

الخطوة الثانية:

- انقر على "Class Calendar" تقويم الفصل.

Cancer Supportive Care Program

ABOUT VIDEOS

Virtual offerings are now available. See categories below, call or email us for more information.

In-person Supportive Care Programs have been temporarily canceled until further notice.

[RESOURCES DURING COVID-19](#)

Support for Cancer Patients and Family

The Cancer Supportive Care Program is an integral part of the

CATALOG OF SERVICES

CLASS CALENDAR

LOCATIONS



Neuroscience Supportive Care Program

Virtual offerings are now available. See categories below, call or email us for more information.

In-person Supportive Care Programs have been temporarily canceled until further notice.
[RESOURCES DURING COVID-19](#)

Support for Neuroscience Patients and Family

The Neuroscience Supportive Care Program provides a variety of FREE support groups, classes, workshops, personal one-on-one consultations and services that are open to all patients and families in the community regardless of where you receive care. All classes are tailored to the unique needs of Neuroscience patients.

CATALOG OF SERVICES

CLASS CALENDAR



الخطوة الثالثة:

- من أجل المشاركة في برامج الرعاية الداعمة عبر الإنترنت، يجب أن توافق على الشروط الواردة في النافذة المنبثقة.

member.

Health Education Program Participation Agreement

I am voluntarily enrolling and participating in a class or activity hosted by Stanford Health Care, including but not limited to, aerobic exercises, balance and functional movement practice, yoga, dance, resistance strength conditioning, and/or tai chi. I am aware of the risks and hazards involved in participating in a class or activity where there is chance for injury. I understand that it is my responsibility to consult with my physician regarding, and prior to my participation in, any type of class or activity at Stanford Health Care. I hereby affirm that I am in good physical condition and do not suffer from any disability or condition that would prevent or limit my participation in classes or activities.

In the event of any unusual pain, discomfort, injury, light headedness or dizziness during the class or activity, I will cease participation. I understand I am responsible for modifying exercises as necessary based on my physical condition and/or state of being.

I understand that Stanford's Health Education Programs, in an effort to provide me with the latest program updates on exercise classes and activities, care, and research, will communicate with me by email or text. At any time, I may change my communication preferences and opt out of email or text communications by contacting Stanford's Health Education Program.

Please confirm that you've read both the confidentiality & health education program participation agreements.

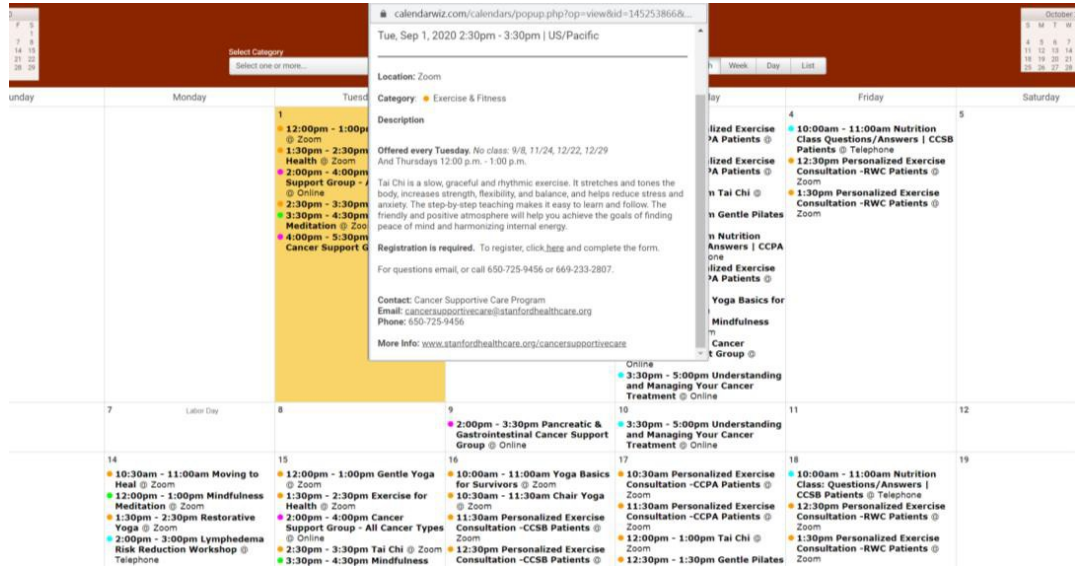
Yes, I agree.
 No, I disagree.

Thank you for your response.

[View the Cancer Supportive Care Program Calendar »](#)

الخطوة الرابعة:

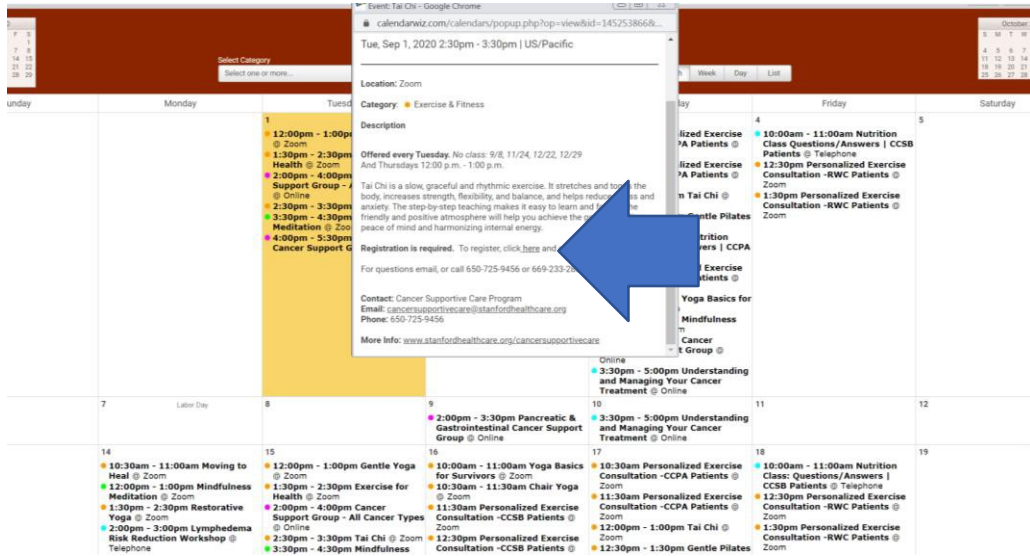
- انتقل إلى تقويم البرنامج وحدد فئة الاهتمام عبر الإنترنت. انظر مثال تاي تشي أدناه:



The screenshot shows a calendar interface with a pop-up window for a specific event. The event is titled "Tai Chi" and is scheduled for Tuesday, September 1st, 2020, from 2:30pm to 3:30pm. The description states: "Tai Chi is a slow, graceful and rhythmic exercise. It stretches and tones the body, increases strength, flexibility, and balance, and helps reduce stress and anxiety. The step-by-step teaching makes it easy to learn and follow. The friendly and positive atmosphere will help you achieve the goals of finding peace of mind and harmonizing internal energy." It also mentions that registration is required and provides contact information for the Cancer Supportive Care Program, including an email address and a phone number. The calendar interface shows a grid of days with various other events listed for each day.

الخطوة الخامسة:

- اضغط على رابط التسجيل "To register, click [here](#)" ("للتسجيل اضغط هنا") في وصف الفصل.



This screenshot is identical to the one above, but it features a large blue arrow pointing to the text "To register, click [here](#)" in the event description. This highlights the specific instruction mentioned in the text above.

الخطوة السادسة:

- املأ حقول التسجيل المطلوبة وانقر على "Register" "تسجيل".

Time shows in Pacific Time (US and Canada)

First Name*	Last Name*
<input type="text"/>	<input type="text"/>
Email Address*	Confirm Email Address*
<input type="text"/>	<input type="text"/>
Address*	City*
<input type="text"/>	<input type="text"/>
Zip/Postal Code*	State/Province*
<input type="text"/>	Choose One...
Phone*	
<input type="text"/>	
Please re-type participant first and last name*	Emergency Contact First and Last Name*
<input type="text"/>	<input type="text"/>
Emergency Contact Phone Number*	
<input type="text"/>	

* Required information

الخطوة السابعة:

- حفظ عنوان URL المدرج أدناه و / أو إضافته إلى التقويم الخاص بك. هذا هو الرابط الذي سيتم استخدامه لفصلك على الإنترنت.

Meeting Registration Approved

Topic	Tai Chi
Time	Sep 1, 2020 02:30 PM Sep 8, 2020 02:30 PM Sep 15, 2020 02:30 PM Sep 22, 2020 02:30 PM Sep 29, 2020 02:30 PM Oct 6, 2020 02:30 PM Time shows in Pacific Time <input type="button" value="Add to calendar"/>
Meeting ID:	938 7990 0274

To Join the Meeting

Join from a PC, Mac, iPad, iPhone or Android device:

Please click this URL to join: <https://stanfordhealthcare.zoom.us/j/93879900274?tk=5F5sgG88GqV70r4NwpaJKJfJkxFLUsePb5WK4G-Y5Xc-DQIAAAAV26YehZ2Z2UeHISVN2LXxxTW1OUEJ0bmxBAAAAAAAAAAAAAAAAAAAAAAAAAAAAA&pwd=WUN6R3hRkZMZMEtFexM5eGpSZUw4dr09>

To Cancel This Registration

You can [cancel](#) your registration at any time.