

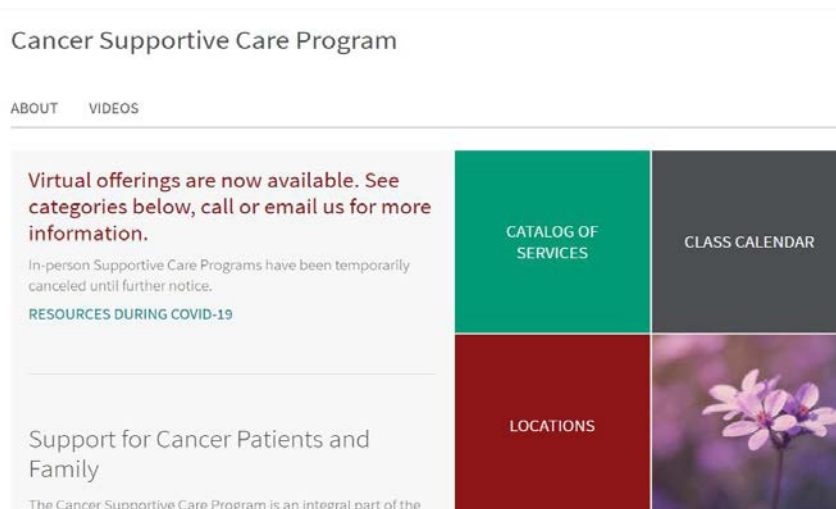
Stanford Cancer and Neuroscience Supportive Care Programs Стэнфордские программы дополнительной поддержки для пациентов с онкологическими и неврологическими заболеваниями и их близких Регистрация на онлайн-занятия

Шаг 1:

- Откройте веб-страницу интересующей вас Программы дополнительной поддержки.
 - Программа дополнительной поддержки при онкологических заболеваниях (Cancer Supportive Care Program)
<https://stanfordhealthcare.org/for-patients-visitors/cancer-supportive-care-program.html>
 - Программа дополнительной поддержки при неврологических заболеваниях (Neuroscience Supportive Care Program):
<https://stanfordhealthcare.org/for-patients-visitors/neuroscience-supportive-care-program.html>

Шаг 2:

- Нажмите на «Календарь занятий» (Class Calendar).



Cancer Supportive Care Program

ABOUT VIDEOS

Virtual offerings are now available. See categories below, call or email us for more information.
In-person Supportive Care Programs have been temporarily canceled until further notice.
[RESOURCES DURING COVID-19](#)

Support for Cancer Patients and Family
The Cancer Supportive Care Program is an integral part of the

CATALOG OF SERVICES

CLASS CALENDAR

LOCATIONS

Neuroscience Supportive Care Program

Virtual offerings are now available. See categories below, call or email us for more information.

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[RESOURCES DURING COVID-19](#)

CATALOG OF SERVICES

Support for Neuroscience Patients and Family

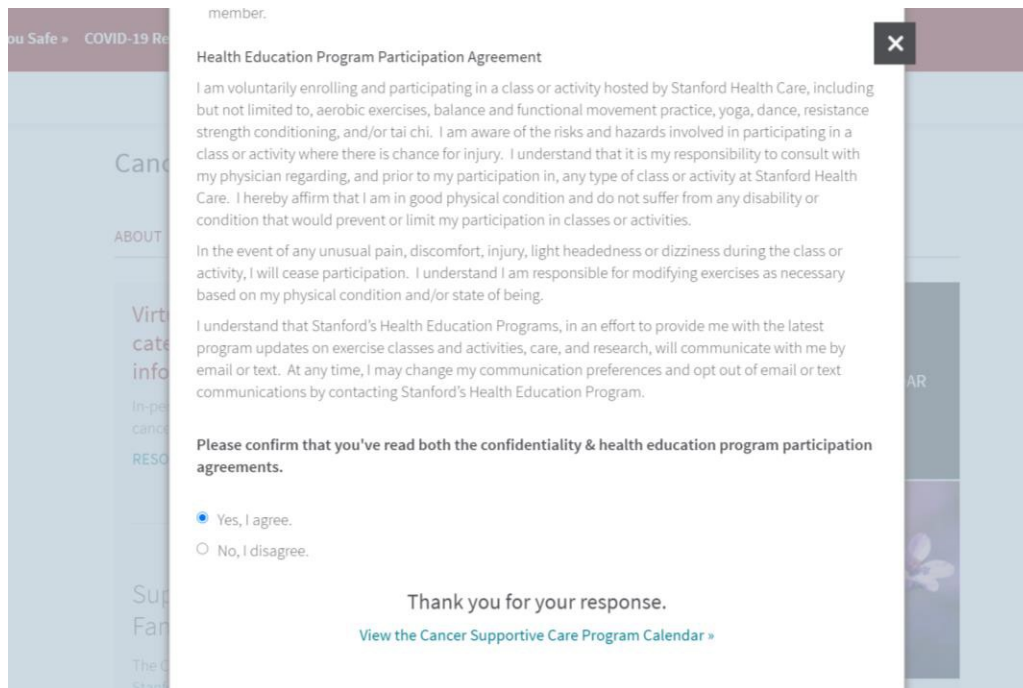
The Neuroscience Supportive Care Program provides a variety of FREE support groups, classes, workshops, personal one-on-one consultations and services that are open to all patients and families in the community regardless of where you receive care. All classes are tailored to the unique needs of Neuroscience patients.

CLASS CALENDAR



Шаг 3:

- Для участия в Онлайн-программах дополнительной поддержки необходимо согласиться с условиями Программы в всплывающем окне.



member.

Health Education Program Participation Agreement

I am voluntarily enrolling and participating in a class or activity hosted by Stanford Health Care, including but not limited to, aerobic exercises, balance and functional movement practice, yoga, dance, resistance strength conditioning, and/or tai chi. I am aware of the risks and hazards involved in participating in a class or activity where there is chance for injury. I understand that it is my responsibility to consult with my physician regarding, and prior to my participation in, any type of class or activity at Stanford Health Care. I hereby affirm that I am in good physical condition and do not suffer from any disability or condition that would prevent or limit my participation in classes or activities.

In the event of any unusual pain, discomfort, injury, light headedness or dizziness during the class or activity, I will cease participation. I understand I am responsible for modifying exercises as necessary based on my physical condition and/or state of being.

I understand that Stanford's Health Education Programs, in an effort to provide me with the latest program updates on exercise classes and activities, care, and research, will communicate with me by email or text. At any time, I may change my communication preferences and opt out of email or text communications by contacting Stanford's Health Education Program.

Please confirm that you've read both the confidentiality & health education program participation agreements.

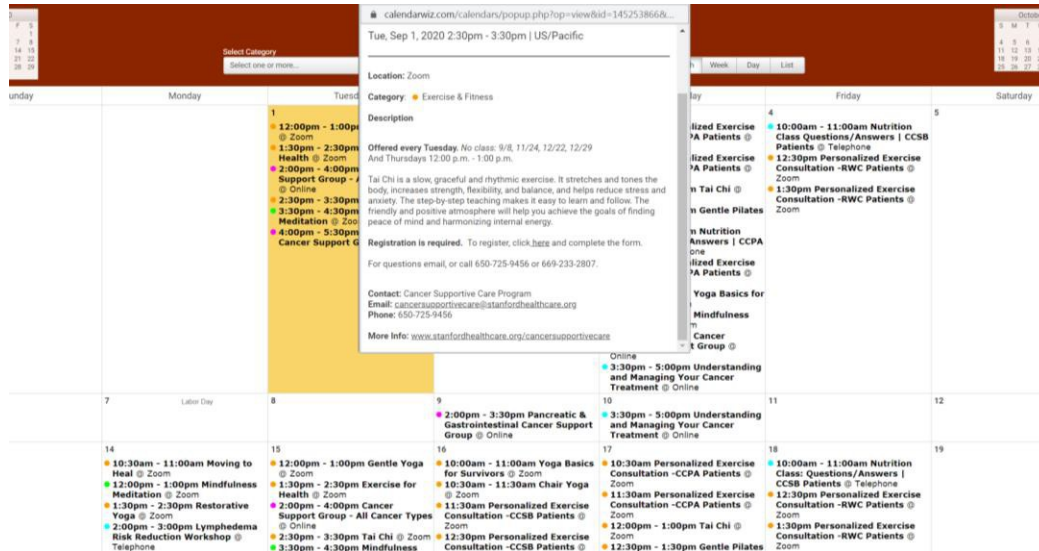
Yes, I agree.
 No, I disagree.

Thank you for your response.

[View the Cancer Supportive Care Program Calendar »](#)

Шаг 4:

- Перейдите в календарь Программы и выберите интересующее вас онлайн-занятие. Ниже приведен пример расписания занятий тайцзи (тайчи).

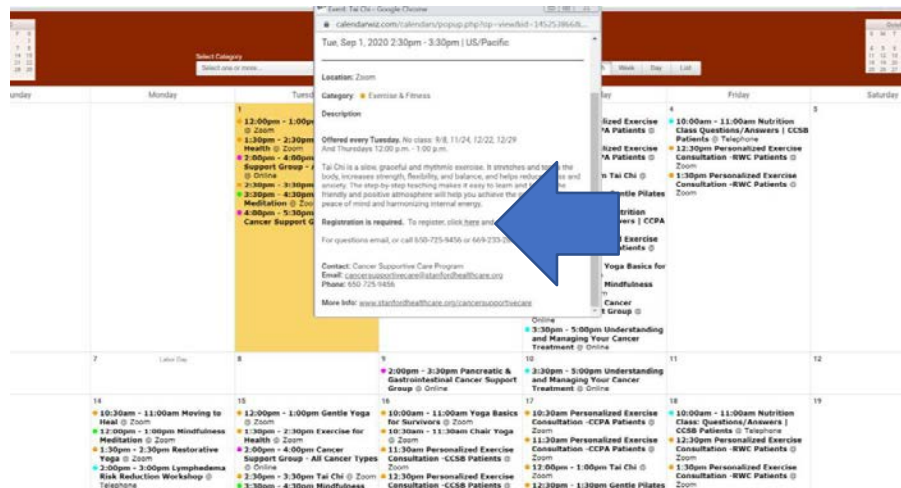


The screenshot shows a calendar interface with a pop-up window for a Tai Chi class. The pop-up window contains the following information:

- Calendar URL:** calendar.wiz.com/calendars/popup.php?top-view&id=145253866&...
- Date and Time:** Tue, Sep 1, 2020 2:30pm - 3:30pm | US/Pacific
- Location:** Zoom
- Category:** Exercise & Fitness
- Description:** Offered every Tuesday. No class: 9/8, 11/24, 12/22, 12/29 And Thursdays 12:00 p.m. - 1:00 p.m. Tai Chi is a slow, graceful and rhythmic exercise. It stretches and tones the body, increases strength, flexibility, and balance, and helps reduce stress and anxiety. The step-by-step teaching makes it easy to learn and follow. The friendly and positive atmosphere will help you achieve the goals of finding peace of mind and harmonizing internal energy.
- Registration:** Registration is required. To register, click [here](#) and complete the form. For questions email, or call 650-725-9456 or 669-233-2807.
- Contact:** Cancer Supportive Care Program
Email: cancersupportivecare@stanfordhealthcare.org
Phone: 650-725-9456
- More Info:** www.stanfordhealthcare.org/cancersupportivecare

Шаг 5:

- Чтобы зарегистрироваться на занятие, нажмите на **ссылку «here»** в фразе «To register, click **here**».



This screenshot is identical to the one above, but it features a blue arrow pointing to the word "here" in the registration instructions: "To register, click **here** and complete the form."


Шаг 6:

- Для регистрации заполните необходимые поля и нажмите кнопку «Register» (Регистрация).

Time shows in Pacific Time (US and Canada)

First Name*	Last Name*
<input type="text"/>	<input type="text"/>
Email Address*	Confirm Email Address*
<input type="text"/>	<input type="text"/>
Address*	City*
<input type="text"/>	<input type="text"/>
Zip/Postal Code*	State/Province*
<input type="text"/>	Choose One...
Phone*	
<input type="text"/>	
Please re-type participant first and last name*	Emergency Contact First and Last Name*
<input type="text"/>	<input type="text"/>
Emergency Contact Phone Number*	
<input type="text"/>	

* Required information



Шаг 7:

- Сохраните ссылку сайта (URL) и добавьте ее в свой календарь. С ее помощью можно подключиться к онлайн-занятиям.

Meeting Registration Approved

Topic	Tai Chi
Time	Sep 1, 2020 02:30 PM Sep 8, 2020 02:30 PM Sep 15, 2020 02:30 PM Sep 22, 2020 02:30 PM Sep 29, 2020 02:30 PM Oct 6, 2020 02:30 PM Time shows in Pacific Time <input type="button" value="Add to calendar"/>
Meeting ID:	938 7990 0274

To Join the Meeting

Join from a PC, Mac, iPad, iPhone or Android device:

Please click this URL to join. <https://stanfordhealthcare.zoom.us/j/93879900274?tk=5F5sgG88GqV70z4NwpaJKfjxkFUoePb5WK4G-Y5Xc-DQIAAAAV262YchZIZ2UeHHSVN2LXkxTW1OUEJ0bmx8AAAAAAAAAAAAAAAAAAAAAAAAAAAA&pwd=WUN6R3hRkZ2MEIeFXM5eGp5ZUw4dr09>

To Cancel This Registration

You can cancel your registration at any time.

