Log in to MyHealth website and click on:

1. MY MEDICAL RECORD
2. Health Tracker
3. BP, Pulse, Weight, Steps, and Blood Glucose

Click on Enter Data Manually
- Enter the relevant readings in each box
- If you would like to enter multiple readings, select "Add Another Reading"
- Otherwise scroll down and click "Continue"
- Review the data and click "Submit"

For issues with setting up your device, please call our Service Desk at 866.367.0758