

HAVING SURGICAL PROCEDURES AT STANFORD HEALTH CARE YOUR CHECKLIST

STANFORD HEALTH CARE COVID-19 POLICIES

- Review policies for visitors, patient masking and testing
- Get tested for COVID-19 and discuss your results with your care team
- Review list of what you can and cannot bring to the hospital

MYHEALTH

- Register for MyHealth account
- Download MyHealth on your phone or tablet (recommended)
- Share access to MyHealth with your caregivers

MEDICAL DOCUMENTS

- Complete *Caregiver Contact Form* and bring it with you
- If you have an *Advance Care Directive*, bring it with you or upload to MyHealth

MOBILE DEVICES

- Download video meeting app to your phone or tablet
- Test video calls with friends and family at home
- Pack your phone or tablet chargers and label them with your first and last name.

STANFORD RESOURCES

- Contact Guest Services to learn more about parking, restrooms, local food and places to stay.
- Explore Stanford resources and share with family and caregivers