



# Lung Cancer Screening

Lung cancer is the leading cause of cancer death around the world. As with all cancers, the best treatment is early detection.

Our lung cancer screening program provides complete screening services, and we connect you seamlessly to renowned cancer care if you need it.

## Exam Eligibility

Federal guidelines recommend low-dose computed tomography (CT) for anyone who meets all of the following criteria:

- Has a 30 pack-year or more smoking history  
*(A pack-year means smoking an average of one pack of cigarettes per day for one year. For example, a person could have a 20 pack-year history by smoking one pack a day for 20 years or two packs a day for 10 years.)*
- Smokes now or has quit within the past 15 years
- Is between 55 and 80 years old

Ask your doctor about screening if you have been exposed to certain chemicals, like asbestos or arsenic, to radioactive materials, or if you have a history of radiation therapy for cancers in the head and neck or chest.

## What We Offer You

- Low-dose computed tomography (CT) scan to detect lung cancer early, when it is in the most treatable stages
- Counseling before each scan, where we explain what the scan involves and why regular screening is so important
- Experience interpreting scans and evaluating lung nodules in thousands of patients
- Seamless coordination of lung cancer treatment if you need it

## Stanford Health Care – ValleyCare Diagnostic Imaging

5555 W Las Positas Blvd  
Pleasanton, CA 94588

## Schedule an Appointment

tel: 925-734-3376  
fax: 925-373-4104

## Website

[valleycare.com/imaging](http://valleycare.com/imaging)

For more information on lung cancer screening, please call the lung nurse navigator at **925-734-3313**.

